



**NURS 331 RN
Holistic Assessment
Spring 2016**

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Class meets: Monday and Thursday 5:00p – 9:00p
Moravian College PPHAC Room 232 or
Clinical/Lab: St Luke's Hospital Bethlehem PPHed Center Nursing lab (see
calendar)

Catalog/Course Description:

A course designed for the RN student for developing knowledge and techniques for physical, psychosocial, functional, spiritual, and cultural assessments. Assessment techniques will be applied in a laboratory practice environment and will include techniques to be used with individuals and families across the life span during various states of health.

Program Philosophy:

Grounded in local and global partnerships, nursing at Moravian blends compassionate art with scientific inquiry to achieve a transformative education deeply rooted in a rich liberal arts tradition. At its core the program seeks to develop students who are acutely aware of the world in which they live and their responsibilities of living in a global, inter-dependent community. The program cultivates a professional nurse graduate who values lifelong learning and service to others within a framework of social justice. These core components provide the foundation for the program and learning outcomes and are detailed in the Student Handbook.

<http://home.moravian.edu/public/nursing/studentHandbooks.html>

Objectives:

1. Gather holistic information about the health status of individuals and families.
2. Analyze and synthesize the holistic data to determine the health status of individuals and families.
3. Integrate relevant theories and concepts into the delivery of patient-centered care for diverse populations across the life span.

Course Credits/Units/Hours:

Course Units: 1
Theory Hours: 3 hours weekly
Lab: 15 hours total

Prerequisites: None

Required Textbooks:

Jarvis, C. (2012). *Physical Examination & Health Assessment*. 6th ed. St. Louis: Elsevier Saunders.

Recommended Textbooks:

Jarvis, C. (2012). *Student Laboratory Manual: Physical Examination & Health Assessment*. 6th ed. St. Louis: Elsevier Saunders.

Recommended articles:

Zambas, S. (2010). Purpose of the systematic physical assessment in everyday practice: Critique of a “Sacred Cow.” *Journal of Nursing Education*, 49(6), 305-310.

On reserve in Reeves library at Moravian College:

Giger, J. (2013). *Transcultural Nursing: Assessment & Intervention*. 6th ed. St. Louis: Elsevier, Mosby, Inc.

Purnell, L. (2005). *Guide to Culturally Competent Health Care*. 2nd ed. Philadelphia: F. A. Davis Company.

Spector, R. E. (2004). *Cultural diversity in health and illness* (6th ed.). Upper Saddle River, NJ: Pearson Education.

Course Requirements:

1. Each student must enroll in the course on Blackboard (BB) to complete discussion board assignments and exams.
2. **Class and laboratory attendance is an expectation.** Students are expected to be prepared for all class/laboratory meetings.
3. **If unable to attend a class/laboratory**, please contact the course faculty prior to the session to be missed. Students are responsible for obtaining any notes, handouts, or other class items from classmates. If class is missed, an alternative assignment may be required to be completed.
4. Plagiarism is the intentional use of another’s words or ideas as your own. This use can range from using another individual’s direct words or changing the words slightly (paraphrasing) without the appropriate citation to purchasing a paper from the Internet or a professional writing service. Evidence of plagiarism or academic dishonesty will be handled according to the Moravian College policy on academic honesty. Copies of this policy are available in the nursing department.
5. **Statement for Disability Support:** Students who wish to request accommodations in this class for a disability should contact the Academic Support Center, located on the first floor of Monocacy Hall (extension 1401). Accommodations cannot be provided until authorization is received from the Academic Support Center. Students are also encouraged, yet not required, to inform course faculty of those situations that can affect academic performance. The Academic Support Center houses Disability Support and Greyhound Tutoring on the first floor of Monocacy Hall and can be reached at [610-861-1401](tel:610-861-1401).

6. The Writing Center is located in a building that is not accessible to persons with mobility impairments. If you need the services of the Writing Center, please call 610-861-1392.
7. Attendance is a requirement for class/laboratory. The faculty members will use their discretion to deduct points from the final course grade for any unexcused absence(s).
8. Lateness: Faculty members will use their discretion to deduct points from the final course grade for any lateness.
9. Assignments are expected on or before their due date. Five points per day will be deducted from the grade if assignments are submitted late. Papers must be written according to APA style, 6th edition. Use of a computer with Internet access and the ability to perform electronic database searches are required.

Learning Assessment/Graded Requirements:**

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|---|-------------|
| 1. Health Promotion/Cultural Presentation | 15% |
| 2. Discussion Board (4 DBs) | 20% |
| 3. Live physical exam | 15% |
| 4. Theoretical exams (4 exams 12.5% each) | 50% |
| Total | 100% |

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| Laboratory Evaluation | Satisfactory/Unsatisfactory |
|-----------------------|-----------------------------|

Failure to obtain a *Satisfactory* laboratory evaluation will result in a grade of F for the course.

** The Moravian College nursing program is accredited by the Commission on Collegiate Nursing Education. As part of the accreditation process the program must provide evidence of assignments completed by students. Any of the methods of evaluation used in this course, may be used as evidence of student assignments during the accreditation process.

Grading Criteria:

A = 93-100 A- = 90-92.99 B+ = 87-89.99 B = 83-86.99 B- = 80-82.99 C+ = 77-79.99
 C = 73-76.99 C- = 70-72.99 D+ = 67-69.99 D = 63-66.99 D- = 60-62.99 F = 59.99 and below

It is within the instructor's purview to apply qualitative judgment in determining the grades for an assignment or for a course.

Please note while the instructor will try to hold to the flow of the course outline, it may change over the course of the semester. Students will receive notification of syllabus changes in class or through electronic communication.

*Please note that Moravian College encourages persons with disabilities to participate in its programs and activities. If you anticipate needing any type of accommodation or have questions about the physical access provided, please contact the event sponsor, or call 610-861-1408 at last one week prior to the event.

*** This syllabus s subject to change**

Course Outline
Mondays: Meet in clinical lab at SLH Bethlehem
Thursdays: Discussion board and exam on Blackboard

| Week | Date | Topics to review in class | Assignment |
|-------------|-----------------------------------|--|---|
| 1 | Monday March 14th | Course Overview Evidence Based Assessment Cultural Care The Interview Health History | Readings: Chapters 1, 2, 3, 4 |
| | Thursday March 17th | | *Discussion board #1 on BB on Assessment Techniques (8) and Mental health Assessment (5) Chapters 5, 8 |
| 2 | Monday March 21 st | Assessment Techniques General Survey Mental Health Assessment Pain Assessment Nutritional Assessment | Select Health Promotion/Cultural Topic Readings: Chapters 5, 8, 9, 10, 11 |
| | Thursday March 24th | | Exam 1 on BB Discussion board #2 on BB Chapters skin, hair, nails (12) and Thorax & lungs (18) Chapters 12, 18 |
| 3 | Monday March 28th | Skin, Hair & Nails Thorax & Lungs Head, Face, and Neck Nose, mouth, and throat Eyes and Ears | Readings: Chapters 12, 13, 14, 15, 16, 18 |
| | Thursday March 31st | | Exam 2 on BB Discussion board #3 on BB Chapters PVD & lymph (20), and Anus, rectum, prostate (25) Chapters 20, 25 |
| 4 | Monday April 4th | Heart and Neck Vessels Peripheral – Vascular System & Lymphatic System Breast & Lymph | Readings: Chapters 17, 19, 20 * HTN client profile |
| | Thursday April 7 th | | *No Discussion board assignment or exam * Students work on Presentations |
| 5 | Monday April 11 th | ABD Musculoskeletal Anus, rectum, prostate | Readings: Chapters 21, 22, 25 * MS Client profile * Digestive Client profile |

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| | Thursday April 14th | | Exam 3 on BB Discussion board #4 on BB on female GU (26) and neuro (23) Chapter 23, 26 |
| 6 | Monday April 18th | Neurological System Female and Male GU System Putting it all together- The Complete Health Assessment The Older Adult | Readings: Chapter 23, 24, 26, 27, 30 *Neurological Client Profile Health Promotion/Cultural Presentation: submit ppt presentation and reference list |
| | Thursday April 21st | | Exam 4 on BB Prepare for HP/Cultural presentations Submit ppt & references in drop box |
| 7 | Monday April 25th | Health Promotion/Cultural Group Presentations | |
| | Thursday April 28 th | Prepare for Live physical exam | *No Discussion board assignment or exam |
| 8 | Monday May 2 nd | Live Physical Exams SLUHN clinical lab | |
| | Thursday May 5 th | Live Physical Exams SLUHN clinical lab | |
| | Friday May 6th | | Final Physical Exam papers due to instructor |

Chapter Exam content

Exam 1: 1, 2, 3, 4, 5, 8, 9, 10, 11

Exam 2: 12, 13, 14, 15, 16, 18

Exam 3: 17, 19, 20, 21, 22, 25

Exam 4: 23, 24, 26, 27, 30