Moravian College

NURS/IDIS/HLTH 322 Spring 2016 Populations at High Risk for Health Problems/Honduras

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Thursdays: 2:00-4:00 and by

appointment

Class meets: Wed & Fri

2:30-3:30

Immersion experience dates: (1 week) (Spring break week) (March 5-12)

Classroom: Comenius 101

Course Description:

This course seeks to facilitate student understanding of a specific population of people at high risk for health problems. The population may be found in any location. International placement for this course experience is required.

Moravian College Mission: Moravian College's liberal arts education prepares each individual for a reflective life, fulfilling careers, and transformative leadership in a world of change.

Link to the Moravian College Strategic Plan: http://www.moravian.edu/strategicplan

Nursing Department Ethos Statement:

Grounded in local and global partnerships, nursing at Moravian blends compassionate art with scientific inquiry to achieve a transformative education deeply rooted in a rich liberal arts tradition. At its core the program seeks to develop students who are acutely aware of the world in which they live and their responsibilities of living in a global, interdependent community. The program cultivates a professional nurse graduate who values lifelong learning and service to others within a framework of social justice.

The Commission on Collegiate Nursing Education accredits the Moravian College's nursing program. As part of the accreditation process the program must provide evidence of assignments completed by students. Any of the methods of evaluation used in this course, may be used as evidence of student assignments during the accreditation process.

Course Objectives:

- 1. Describe the burden of disease, health needs and disparities of disadvantaged people in developing countries.
- 2. Identify global health issues specific to a high-risk population.
- 3. Contribute to this learning community through identification of an area of focus of global health for individual investigation and dissemination.

- 4. Apply culture specific values in providing global healthcare appropriate to the mission sites.
- 5. Perform role of global healthcare worker in practice as defined by the course setting.

Course Credits/Unit/Hours

Course Units: 1

Project/immersion Hours: 1 week in Honduras

Prerequisites: None; No co-requisites.

Site: Honduras/MAMA Project

Mujeres Amigas (Women Friends) Miles Apart http://www.mamaproject.org/honduras.html

Required textbook:

Skolnik, R. (2016). Global Health 101 (3rd ed). Burlington, MA: Jones and Bartlett Publishers. (ISBN 978-0-7637-9751-5)

Required readings:

Archibald, R. C. (2014). Hope dwindles for Hondurans living in peril. *The New York Times*. http://mobile.nytimes.com/2014/08/03/world/americas/hope-dwindles-for-hondurans-living-in-peril.html? r=0&referrer=

Grim, R. (2014). Here's how the U.S. sparked a refugee crisis on the Border, in 8 simple steps. *The Huffington Post*. http://www.huffingtonpost.com/2014/07/18/refugee-crisis-border_n_5596125.html

Additional websites/resources are found at end of syllabus.

Course Requirements:

1. Class and immersion experience is mandatory. Students are expected to be prepared and attend all class/immersion experience meetings. This includes completing assignments prior to attending class/clinical. Being late for or absent from class may result in a reduction of your grade.

<u>College policy will be followed relative to inclement weather.</u> Please check Blackboard course site and AMOS for any announcements relative to weather and the cancellation of class.

2. **If unable to attend a class**, please contact the course faculty via email or phone. Students are responsible for providing a doctor/NP/health center excuse for an excused absence. Students are responsible for obtaining any notes, handouts, or other class items from classmates. Alternative assignments may be required at the discretion of the course faculty.

- 3. Plagiarism is the intentional use of another's words or ideas as your own. This can range from using another individual's direct words or changing the words slightly (paraphrasing) without the appropriate citation to purchasing a paper from the Internet or a professional writing service. Refer to the Moravian College Academic Honesty Policy in the Student Handbook. APA format is required for all written assignments.
- 4. Accommodations for Learning and other Disability:

Students who wish to request accommodations in this class for a disability should contact the Academic Support Center, located in the lower level of Monocacy Hall, or by calling <u>610-861-1401</u>. Accommodations cannot be provided until authorization is received from the Academic Support Center.

- 5. The Writing Center is located in Zinzendorf, second floor. The building is not accessible to persons with mobility impairments. If you need the services of the Writing Center, please call 610-861-1392.
- 6. Learning activities stated on the topical outline section of this syllabus are to be completed prior to class time. The student can expect to work approximately 10-12 hours per week in preparing for this class.
- 7. Demonstrate expected professional behavior and appearance when in the classroom and immersion experience.

Methods of Evaluation

Participation in the daily life of the course	5%
Journals completed during Immersion Experience	5%
Online chapter quizzes (1 % each) (10 quizzes)	10%
Reaction paper	10%
Group presentation on Immersion Experience	15%
Midterm	15%
Global health topic class presentation	15%
Final Scholarly paper	25%

Grading Policy:

Assignments are expected on or before their due date. If class assignments are submitted late, five points per day will be deducted from the grade.

The grading scale is as follows:

A = 93-100	B = 80-82.99	D+ = 67-69.99
A = 90-92.99	C + = 77 - 79.99	D = 63-66.99
B+ = 87-89.99	C = 73-76.99	D = 60-62.99
B = 83-86.99	C - = 70 - 72.99	F = 59.99 and below

Please note that it is within the instructor's purview to apply qualitative judgment in determining grades for any assignments and for the course final grade.

Estimated costs for immersion experience:

Tuition plus travel/lodging/meals for in country placement (costs above tuition are estimated at \$1500-2000 - see Itinerary and Payment Schedule)

Enrollment Limits:

12-15 students; additional non-student team members may include: RN staff, faculty, College staff, Upsilon Alpha members of Sigma Theta Tau International Nursing Honor Society and others.

***This syllabus is subject to change and all changes will be communicated to students.

Resources for educated citizens, public health, and global health:

American Public Health Association (APHA) website:

APHA: American Public Health Association

Centers for Disease Control (CDC) website: Centers for Disease Control and Prevention

Environmental Protection Agency (EPA) website: US Environmental Protection Agency

Healthy People 2020: http://www.healthypeople.gov/

Historical aspects of public health:

What's New About the "New Public Health"? -- Awofeso 94 (5): 705 -- American Journal of Public Health

Institute of Medicine (IOM): www.iom.edu

IOM: The Future of Public Health: http://www.iom.edu/CMS/3793/4720/4304/4165.aspx

Information on public health and careers in public health: www.whatispublichealth.org

Milestones in Public Health- Supplemental Materials for Public Health 101: Healthy People- Healthy Populations link: http://www.asph.org/document.cfm?page=1012

National Institutes of Health (NIH) website: National Institutes of Health (NIH)

This is Public Health slideshow: THIS IS PUBLIC HEALTH.

US Department of Health and Human Services (USHHS) website: United States Department of Health and Human Services

World Health Organization (WHO) website: WHO | World Health Organization

WHO's Global Health Observatory (GHO) link: WHO | World Health Organization
Course Outline

Week	Topic	Readings	Assignments/Preparation
Week 1: Jan. 20	Introduction to course, syllabus, learning community	Chapter 1	Review trip payment schedule Review the following websites: World Health Organization (WHO) website: WHO World Health
Jan. 22	WHO Sustainable Development Goals		Organization http://www.undp.org/content/undp/en/home/mdgoverview.html WHO's Global Health Observatory (GHO) link: WHO World Health Organization
Week 2: Jan. 27	Determinants of Health	Chapter 2	Quiz due: Chapter 1 For discussion in pairs: What are the main factors that determine your health? The health of a poor person in a poor country? If you could pick only one indicator to describe the health status of a poor country, which indicator would you use and why? In the US, what populations groups have the best health indicators and why? What groups have the worst and why?
Jan. 29	The Role of Poverty & Economy in Health	Chapter 3	Quiz due: Chapter 3 Discussion questions TBA
Week 3: Feb. 3	Ethical & Human Rights Concerns Case studies on Ethics and allocation of scarce health resources	Chapter 4	Discussion questions TBA Prepare assignment as noted on BB announcements
Feb. 5	Workshop time		2016 trip members discuss roles for team members
Week 4: Feb. 10	Health Systems	Chapter 5	Quiz due: Chapter 5 Discussion questions and cases
Feb. 12	No class (attendance at MAMA project orientation replaces this class day)		
Week 5: Feb. 17	Culture & Health	Chapter 6	Quizzes due: Chapters 6 and 7 Reaction paper due today (2/17) Case study and discussion TBA Student Presenter: Parasites
Feb. 19	Environment & Health	Chapter 7	Case study and discussion TBA

			Student Presenter: Malaria
Week	Topic	Readings	Assignments/Preparation
Week 6: Feb. 24	Nutrition and global health	Chapter 8	Quiz Due: Chapter 8 Student Presenter: Malnutrition & Vit. A deficiency
Feb. 26	Trip preparations		Organize supplies/prepare suitcases for trip
Week 7: March 2	Women's Health	Chapter 9	Take home MID TERM exam due Student Presenter: Issues of Maternal Morbidity and Mortality
March 4	Child Health	Chapter 10	Student Presenter: Diarrheal disease
Week 8: March 5-12	NO CLASS –Spring Break		Immersion Experience in Honduras, Central America
Week 9: March 16	Communicable Diseases Discussion common conditions- infectious	Chapter 11	Quiz Due: Chapter 11 Student Presenter: TB and other respiratory diseases
March 18			Student Presenter: HIV/AIDS
Week 10: March 23	Non-communicable Diseases Oral Health Exemplar	Chapter 12	Quiz due: Chapter 12 Immersion Journal Due
March 25	NO CLASS - Easter Break		
Week 11:			
March 30 April 1	Non-communicable Diseases (continued) The role of spirituality and	Chapter 12	Student Presenter: Mental Health Issues in global populations Case study and discussion questions TBD
-	other CAM in health in Honduras		
Week 12: April 6	Guest speaker: Helen Kohler, PhD, RN		Quiz due: Chapter 13 Priorities of health care in Africa
April 8	Non-communicable Diseases (continued) Common conditions- non-infectious Unintentional Injury	Chapter 13	Student Presenter: Skin conditions
Week 13:			
April 13	Guest Speakers: Dawn Weidemoyer, OTR		HAITI: International Therapy Outreach Teams
April 15	Workshop day		2016 Trip: Prepare for college presentation.
Week 14: April 20	Disasters and Humanitarian	Chapter 14	Quiz due: Chapter 14 Student Presenter: Gang violence in

April 22	Emergencies	Articles: Archibald (2014) Grim (2014) (links on syllabus)	Honduras and protection of children Student Presenter: Violence against women
Week15: Last week	Global health guest speaker:		Global health outreach- one nurses' story:
April 27	Mary Tornetta, RN		Honduras, Haiti, Nepal, and the Dominican Republic
April 29	Review of global health concerns: compare and contrast issues of various		2015 Trip: Group presentation to MC community: April 27 (5:00-6:00 PM) Location TBA
	regions		Scholarly paper due April 29
			Discussion Questions TBD