

Moravian College
Nursing Department
Nursing 314: Embracing the Dynamic Community
Spring 2016

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Clinical Instructors: Vickie Mackie RN, MS Adjunct Clinical Instructor cell# 610 905 9445 email: mackiev@moravian.edu	Dr. Robbi Alexander RN, PhD, PMH, CNS-BC, Assistant Professor of Nursing cell# 609 462 0431 email: alexanderr@moravian.edu
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Catalog/Course Description: A clinical practicum course, which provides a foundation to facilitate community partnerships and collaboration in promoting health and accessing care. Students experience nursing role behaviors in a multiplicity of health care situations within the community.

Course Objectives:

1. Identify professional nurse roles, including practitioner, educator, coordinator, advocate, and counselor, within the community.
2. Examine phenomena within local and regional community populations, which directly influence health practices, health services, and health care policies.
3. Integrate concepts from biological, psychological, socioeconomic, and nursing disciplines in planning and delivering safe, quality care to diverse populations across the lifespan within the community.
4. Apply Gordon's Functional Health Patterns in assessment of the community.
5. Evaluate the utilization of the professional nurse in community services.
6. Integrate current evidence-based community/public health strategies when providing community nursing care.

Course credits/Unit Hours: 1 Course Unit (3 theory hours and 8 clinical hours)

Prerequisites: All required sciences, NURS 115, 212, 310, 311, 312, Pharm 1

Co-requisites: NURS 339, 332.2

Required texts:

- Aritian, V.P. (2014). *The basics*. Kaplan, Inc.
- Boyd, M.A. (2014) *Psychiatric nursing: Contemporary practice*. 5th ed. New York: Lippincott, Williams, & Wilkins.
- Doenges, M. E., Moorehouse, M. F. & Murr, A. C. (2013). *Nursing diagnosis manual: planning, individualizing, and documenting client care*. (4th ed.). Philadelphia: FA Davis Company.
- Jarvis, C. (2012). *Physical examination and health assessment* (6th ed.). St. Louis: Elsevier Saunders.
- Karch, A.M. (2013) *Focus on nursing pharmacology* (6th ed.) Philadelphia: Wolters Kluwer/Lippincott Williams & Wilkins.
- London, M., Ladewig, P. A. W., Davidson, M. R., Ball, J.W., Bindler, R.C. M., & Cowen, K. J. (2014). *Maternal & child nursing care*. (4th ed). Boston: Pearson.
- Potter, P.A., & Perry, A.G. (2013). *Fundamentals of nursing* (8th ed.). St. Louis: Mosby.
- Hinkle, J. L., & Cheever, K. H. (2014). *Brunner and suddarth's textbook of medical-surgical nursing* (13th ed.). Philadelphia: Lippincott, Williams, & Wilkins.
- Stanhope, M. & Lancaster, J. (2014). *Foundations of nursing in the community*. (4th ed.). St. Louis: Elsevier Mosby.

Recommended texts:

- American Psychological Association. (2010). *Publication manual of the American psychological association* (6th ed.). Washington, D.C.: American Psychological association. (ISBN 978-1-4338-0561-5)
- Deglin, J. H. & Vallerand, A. H. (2014). *Davis's drug guide for nurses* (14th ed.). Philadelphia: F. A. Davis Company. (or access to any pharmacology guide...Micromedix or epocrates applications on mobile devices)

Other technology

- BlackBoard® (BB)**-Each student must enroll in the course on our course-specific virtual classroom.
- Cmaps® software**-Creates digital concept maps (free download available from <http://cmap.ihmc.us/download>)

Course Requirements:

1. Nursing Department Attendance Policy: Classroom attendance is necessary to promote the learning of the theoretical component of the curriculum and to enrich and expand the application of the clinical learning process. Students are expected to attend all classroom activities. An instructor may lower a student's grade because of a class absence. If absences occur, it is the student's responsibility to make up whatever work has been missed. Permission to make up assignments, quizzes, and periodic tests may be granted at the discretion of the instructor. Authorization to make up a final examination is given only by the Office of Academic Affairs.

Clinical attendance is mandatory for the student to consistently demonstrate the ability to meet course objectives. It is the student's responsibility to notify the appropriate person(s) as identified by course faculty in the event that he/she is unable to attend

clinical experiences. Such notification is to occur up to two hours prior to the scheduled clinical experience. If a student is absent from class/clinical activity due to illness, a health care provider's statement verifying the illness and certifying that the student is able to resume class or clinical activity may be required.

All clinical absences will be tracked in a database for review by future course instructors and the Chairperson of the Department of Nursing. Students who request time off from clinical, due to events in which they have no control (death of a family member), will contact the course faculty and the clinical instructor, and the determination for clinical makeup will be decided. Students who arrive to clinical practice late or leave early may be required to make up those cumulative minutes at the end of the semester on a clinical makeup day. It is up to the discretion of the course faculty to require clinical makeup for students who routinely leave clinical early due to co-curricular activities. For student involved in co-curricular activities such as sports or music, etc. schedules must be submitted to clinical faculty at the beginning of the semester so that clinical experiences can be appropriately determined.

Students will be required to makeup clinical absences. **The designated clinical makeup day is Saturday, 4/30/16. It is mandatory that students requiring clinical makeup attend this day.** Students will be charged \$250.00 per day of clinical make-up to reimburse the department for clinical supervision and administrative fees. All clinical requirements, including make-up, must be completed by the end of the final examination period for that semester. Any associated fees must be paid in full by the end of the final examination period for that semester. Students are exempt from clinical make-up if they are attending a faculty approved conference (i.e.-NSNA or SNAP convention). In the event that a student receives an excused absence for a required educational trip and later in the semester incurs more clinical absences, the student may be in a position to consider withdrawal from the course, if the clinical experiences absences are too numerous to be made up within the available faculty contract time.

In the event of a protracted illness requiring multiple missed clinical days, the student, course instructor(s), and Chairperson will meet to discuss alternatives and develop an individual education plan.

2. NU 314 Class Attendance: Students are expected to be prepared and attend and participate in all class meetings. This includes completing assignments prior to attending class. Tardiness is a distraction to the class and will not be tolerated. Attendance and participation will be assessed randomly and reflected in the percentage of the grade assigned to participation. **If unable to attend a class**, please contact the course faculty via email or phone prior to the start of class. Students are responsible for providing a doctor/nurse practitioner/health center excuse for an excused absence. Students are responsible for obtaining any notes, handouts, or other class items from classmates.

3. Plagiarism: Defined as the intentional use of another's words or ideas as your own. This can range from using another individual's direct words or changing the words slightly (paraphrasing) without the appropriate citation to purchasing a paper from the Internet or a professional writing service. Refer to the Moravian College Academic

Honesty Policy in the Student Handbook. Where applicable, class assignments are to be typed and submitted according to APA style (6th edition).

4. Accommodations for learning and other disabilities: Students who wish to request accommodations in this class for a disability should contact the Academic Support Center, located in the lower level of Monocacy Hall, or by calling 610 861 1401.

Accommodations cannot be provided until authorization is received from the Academic Support Center.

5. All examinations are to be taken at the scheduled time, unless the instructor is notified of a competing previously scheduled scholastic or athletic activity. Any individual who is not at the scheduled examination based on a claim of illness is required to provide appropriate medical documentation of a valid medical reason for absence. The instructor retains the right to use an alternate examination format for exam makeup.

6. Completion and satisfactory achievement of all course objectives includes satisfactory laboratory and clinical performance.

7. Learning activities stated on the topical outline section of this syllabus are to be completed prior to class time. The student can expect to work approximately 10-12 hours per week in preparing for this class.

8. Demonstrate expected professional behavior and appearance when in the classroom and clinical laboratory (both uniform and street clothing).

9. Maintenance of confidentiality for all assigned patients or clients as required by law (HIPAA). Students will be required to read and know agency policies on confidentiality and may be required to sign agency forms on confidentiality.

10. Students are reminded of the importance of respect and courtesy toward others. As a courtesy to your colleagues, phones must be in the silent mode during class. Texting or use of cell phones for internet access during class is unacceptable. Students are expected to be respectful of the time of both faculty and their peer group. Thus, if you are unable to keep an appointment with a faculty member or student peer related to course work/group projects, please be courteous and notify others of your need to cancel or reschedule the appointment.

Methods of Evaluation:

1. Quizzes (individual/group; class/take home)	11%
2. Community assessment group project	11%
3. Community assessment & the role of the nurse paper	4%
4. Class investment: Attendance & Participation	4%
5. Exam # 1	15%
6. Exam # 2	20%
7. Exam # 3	20%
8. Exam #4/Final Exam – cumulative	15%

Grading Policy:

Assignments are expected on or before their due date both for class and clinical. If class assignments are submitted late, five points per day will be deducted from the grade. If clinical assignments are submitted late, N/O (unable to assess) is earned for the related clinical day. The grading scale is as follows:

A = 93-100	B- = 80-82.99	D+ = 67-69.99
A- = 90-92.99	C+ = 77-79.99	D = 60-66.99
B+ = 87-89.99	C = 73-76.99	D- = 60-62.99
B = 83-86.99	C- = 70-72.99	F <59.99

It is within the instructors' purview to apply qualitative judgment in determining the grades for an assignment or for a course.

Kaplan Focused Review Incentive Points

There is one Kaplan Focused Review (FR) for the community health curriculum. Completion and remediation of each FR is required and will give added points to either exam 3. **FR must be completed by 4/6/16 or no credit will be given.** Credit/Incentive points for the FR will be computed as follows:

After completing the FR the first time, the student must remediate for a minimum of TWO minutes per question. After 48 hours, the student may retake the FR. The scores from the two attempts for a FR will be added and converted to a % (maximum = 2%).

EXAMPLE: FR #1: first score: 80 second score: 90

Total = 170, which is converted to 1.7%; this percent is added to the exam.

Students must work independently on their FR; collaboration with other students during testing is not allowed. Failure to remediate for the specified amount of time will result in a zero for the assignment.

NU 314: COURSE TOPICAL OUTLINE

The course instructor reserves the right to assign additional readings, alter course content and/or course sequence as needed. It is the student's responsibility to check email and Blackboard on a daily basis during the semester.

Please bring your textbook and laptop/tablet to class each day. Presentations may be printed out at student's discretion.

Topical Outline

DATE	TOPIC	ASSIGNMENT
1/18	Introduction to NU 314 Foundational Concepts of Nursing in the Community: Community Oriented and Community Based Nursing	Syllabus Stanhope & Lancaster (S &L) Ch. 1
1/20	The Community as Client: Community Assessment and Evaluation Gordon's Functional Health Pattern and Community Assessment Historical Aspects	S&L Ch. 12 Community Assessment Directive S&L Ch. 2
1/21	Clinical Orientation for ALL NU 314 students Place: Dana Lecture Hall	9:00AM-4:30PM

DATE	TOPIC	ASSIGNMENT
1/22	Problem Solving: Program Management BSD Hygiene Project Exemplar Guest: Ms. <i>Kathy Halkins</i> , School Nurse Department Chair, Bethlehem School District	S&L Ch. 16 Review all Hygiene Project Materials
1/25	The U.S. Health and public health care systems Answers to Ch. 2 Historical Aspects Critical Analysis?s due today – an individual take home quiz	S&L Ch. 3
1/27	Practice Settings for Nursing in the Community The Nurse in Schools The Faith Community Nurse	S&L Ch. 31 S&L Ch. 29
1/29	Problem Solving: Big Board Review	
2/1	*EXAM # 1	
2/3	Using Health Education and Groups in the Community; Health Literacy	S&L Ch. 11
2/4	Nursing Career Social 4-7 PM HUB – required attendance for NU314 students	
2/5	Problem Solving: Practice Settings for Nursing in the Community: The Nurse in Home Health, Chronic Disease Care Management and continuity of care Quiz today	S&L Ch. 30
2/8	Epidemiology	S&L Ch. 9
2/10	Working with epidemiology, global health measurements Quiz Today	
2/12	Problem solving: Guest Lecturer: <i>Chelsea Shepherd</i> , MSN, NP, HIV/AIDS specialist Management of Patients with HIV Infection and AIDS	MS Ch. 37 Kaplan pp. 185- 189
2/15	Practice Settings for Nursing in the Community: The Nurse in Hospice, Nursing and end-of-life care Nursing care of terminally ill and patients facing impending death, Managing physiologic responses to terminal illness Quiz Today	S&L Ch. 30 Med-Surg Text (MS) Ch. 16
2/17	Case Studies: concept of grief, Mourning, and bereavement Guest Lecturer: <i>Dr. Pam Adamshick</i>	Boyd (pp. 303- 308) Kaplan pp. 527- 529 MS Ch. 16
2/19	Adolescent sexual behavior: <ul style="list-style-type: none"> • Pregnancy • Abortion • Infertility Guest Lecturer – <i>Prof. Taylor Grube</i> Note: this content is part of Exam 3	S&L Ch. 23 (pp. 415-421) Maternal-child text: Ch. 7 pp. 132-146; Ch. 13 Kaplan pp. 415- 417, 450, 476
2/22	Management of Patients with Infectious Diseases: The infectious process – chain of infection	MS: Ch. 71 (pp. 2084-2103)

	<p>The epidemiologic triangle of disease Hospital acquired infection exemplars: MRSA, VRSA, VRE C-difficile Community acquired infection exemplars: Influenza, Pneumococcal and fungal pneumonia, Meningitis</p>	<p>S&L Ch. 26 (pp. 476-481, 486-487) MS: Ch. 23 (pp. 573-584) MS: Ch. 69 (pp. 2026-2029) Kaplan pp. 167, 355-356</p>
2/24	<p>Prevention exemplars for fighting infection: Handwashing Immunization Infection control in the home/community</p> <p>Quiz today</p>	<p>S&L Appendix D Karch Ch. 18 MS: Ch. 71 (pp. 2093-2098) Kaplan pp. 484-487</p>
2/26	Problem Solving: Big Board Review	
2/29	*EXAM # 2	
3/2	<p>Unit on Special Populations/topics in the community: Health Risks Across the Lifespan Introduction</p>	S&L Ch. 19
3/4	<p>Problem Solving: The Role of the Case Manager Vickie Mackie RN MS</p>	S&L Ch. 13
	<i>3/7, 9, 11 SPRING BREAK – NO CLASSES or clinical</i>	
3/14	<p>Community approaches to the epidemic of obesity, overweight, & weight management Class assignment: Fad Diets Seminar: Locate an article explaining a “fad diet” from a source used by the general public (e.g., magazine or newspaper). Use search engines available to you as a Moravian College nursing student to examine the available research related to this diet or fad diets in general. Be prepared to discuss the main points of the diet, the related research, and how you would use this evidence in educating a client about fad diets, and connect the points and discussion to the textbook readings for this class.</p> <p>Dietary Guidelines due today - an individual take home quiz</p>	<p>MS Ch. 5 Kaplan pp. 205-208</p>
3/16	<p>Women’s Health Issues: Management of female physiologic process: Menstruation, perimenopause, menopause, premenstrual syndrome (PMS), dysmenorrheal, amenorrhea, Osteopenia, and Osteoporosis</p>	<p>S&L Ch. 20 pp. 357-363 MS Ch. 56 pp. 1627-1630, 1642-1644; Ch. 42 pp. 1141-1146 Kaplan pp. 404-405, 607</p>
3/18	<p>Problem solving: Public Health Nursing Guest Speakers from Bethlehem Health Bureau</p>	S & L Ch. 28

3/21 & 3/23	<p>Injuries in the Community dweller at Work and Home</p> <p>Management of patients with musculoskeletal trauma: Contusions, strains, sprains; joint dislocation, injuries to tendons, ligaments, and menisci</p> <p>The Nurse in Occupational Health</p> <p>Ergonomics in the work environment</p> <p>Occupational Safety exemplars: Management of patients with degenerative disorders: Degenerative disc disease, herniation Degenerative joint disease (osteoarthritis)</p>	<p>S&L Ch. 20 & 32 MS Ch. 43 pp. 1156-1160 MS Ch. 42 pp. 1132-1135 MS Ch. 70 pp. 2073-2079 MS Ch. 39 pp. 1075-1077 Kaplan pp. 309, 311</p>
3/25	Easter Break --- no class	
3/28 & 3/30	<p>Older Adults in the community</p> <p>Theories on Aging</p> <p>Communicating with the elderly</p> <p>The environment of the elderly community dweller</p> <p>Challenges to effective drug therapy in the elderly</p> <p>Quiz today</p>	<p>MS: Ch. 11 3 Articles on Blackboard S&L 20 Karch Ch. 6</p>
4/1	Problem solving: Cultural Influences	S&L Ch. 5
4/4	<p>Big Board Review</p> <p>Kaplan Community Health Focused Review due today</p>	
4/6	*EXAM # 3	S&L Ch. 5
4/8	<p>Problem Solving: Men's Health issues and exemplars: Erectile dysfunction (ED); Priapism</p> <p>Management of patients with dermatologic problems: <u>Noninfectious</u> inflammatory dermatoses exemplars: Psoriasis; Contact dermatitis/Eczema; Acne vulgaris <u>Infectious</u> exemplars: Fungal skin infections; Herpes zoster ("shingles"); Herpes Simplex</p> <p>Community assessment & the role of the nurse paper due at start of class today – hard copy with article</p>	<p>S&L Ch. 20; MS Ch. 59 pp. 1717-1721</p> <p>MS Ch. 61 pp. 1775-1777; 1783-1787, 1779-1781 Kaplan pp. 57</p>
4/11	<p>Child Safety Issues-- Exemplars: Drowning; Poisoning; Burn safety; Car safety; Home environment safety</p> <p>Quiz today</p>	<p>S&L Ch. 20 Maternal-child text: Ch. 35 pp. 943-945; Ch. 36 pp. 957-961, 971-974; Ch. 37 pp. 988-990 Kaplan pp. 24</p>
4/13	Evidence-Based Practice	S&L Ch.10
4/15	<p>Problem Solving: Economic Influences</p> <p>Guest lecturer: Dr. Sabrina Terizzi</p>	S&L Ch. 8
4/18	<p>Public Health Problem #1:</p> <ul style="list-style-type: none"> • Alcohol • Tobacco 	S&L Ch. 24

	<ul style="list-style-type: none"> • Other Drug Problems Quiz today	
4/20	Alterations in Self-Perception Concepts and Theory of Substance Abuse (SA) Treatment for SA and Alcoholism Guest Lecturer: Dr. Pam Adamshick	Boyd: Ch. 31 & 39 Kaplan pp. 550-554
4/22	Problem solving: Ethical Issues in the Community Guest lecturer: Dr. Robbi Alexander Three E's quiz due today- an individual take home quiz	S&L Ch. 4
4/25	Impaired professionals Substance withdrawal Substance abuse in child and elder populations	Boyd Ch. 31
4/27	No Class today- mandatory attendance at NU322 report to Moravian College: MAMA project trip 2016 5-6PM	
4/29	Synthesis & Review – looking forward to NU 315	
	<u>The Final Exam TBA: per Moravian College policy, must be taken at the appointed time.</u>	
	<i>All Course Evaluations on BB are due prior to taking the final, final exam grades will not be posted until they are completed</i>	