



MORAVIAN COLLEGE

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NURS311: QUEST TOWARD INDIVIDUAL WELL-BEING

Spring 2016 Syllabus

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CLASS TIME AND LOCATION:

Class: M-W 1020-1130

Problem Solving Session: F 1020-1130

Location: Priscilla Payne Hurd Academic Complex, Room 101

Clinical: Tuesday & Thursday

6:45-3:15

Location: Assigned units at St. Luke's Bethlehem/Anderson & observation site visits

CATALOG/COURSE DESCRIPTION: Application of fundamental concepts of nursing, health and well-being in theory and practice. Students develop a foundation for holistic nursing practice utilizing physical and psychosocial skills to plan and deliver nursing care.

COURSE CREDITS/UNITS/HOURS:

Course Unit:	1
Theory Hours:	3/week
Clinical Hours:	8/week

PREREQUISITES: BIOL 103, 104, 205; CHEM 108; NURS 115, 212

CO-REQUISITES: BIOL 206

COURSE OBJECTIVES:

1. Examine alterations in health throughout the life span.
2. Analyze specific issues related to health maintenance of the individual.
3. Demonstrate specific psychomotor skills to maintain or improve the individual's health in a safe manner.
4. Utilize pharmacologic, nutritional, complimentary therapies and nursing interventions in meeting the needs of the individual.
5. Demonstrate accountability to nursing practice by providing safe, patient-centered and high-quality care based on evidence with a diverse healthcare team.

REQUIRED TEXT:

Doenges, M.E., Moorehouse, M.F. & Murr, A.C. (2010). Nursing diagnosis manual: planning, individualizing, and documenting client care. (4th ed.). Philadelphia: FA Davis Company. (ISBN: 978-0-8036-2804-5)

Kaplan Products-2nd semester for sophomore level

Potter, P., and Perry, G. (2013). Fundamentals of Nursing (8th ed.). Mosby, Elsevier (ISBN:978-0-3230-7933-4).

Hinkle, J. L. & Cheever, K. H. (2014). *Brunner & Suddarth's textbook of medical-surgical nursing* (13th ed.). Philadelphia: Lippincott Williams & Wilkins. (**Smeltzer 2 Volume Set w/PrepU** ISBN: 978-1-4698-5433-5)

RECOMMENDED TEXT:

American Psychological Association. (2010). *Publication Manual of the American Psychological Association* (6th ed.). Washington, D.C.: American Psychological Association. (ISBN: 978-1-4338-0561-5)

Deglin, J. H. & Vallerand, A. H. (2014). *Davis's drug guide for nurses* (14th ed.). Philadelphia: F. A. Davis Company. (ISBN:978-0-8036-3976-8 or access to any pharmacology guide...Micromedix or epocrates applications on mobile devices)

Jarvis, C. (2012). Physical Examination and Health Assessment (6th edition). Elsevier, Saunders. (already purchased in previous course [Nurs212] ISBN:978-1-4377-0151-7)

Martinez de Castillo, S.L. & Werner-McCullough, M. (2012). Calculating drug dosages: An interactive approach to learning nursing math. (3rd ed.). Philadelphia: FA Davis Company.
(ISBN for paper copy of text and Multimedia CD/workbook is 978-0-8036-2497-9; ISBN for online access card that contains paper workbook and contents from CD digitally is 978-0-8036-3969-0) Visit www.DosageCalc.com for more information

Nugent, P.M. & Vitale, B.A. (2012). Fundamentals success: A Q&A review applying critical thinking test taking. (3rd ed.). Philadelphia: FA Davis Company. (ISBN: 978-0-8036-2779-6)

REQUIRED TECHNOLOGY/SOFTWARE

BlackBoard® (BB)-Each student must enroll in the course on our course-specific virtual classroom.

ShadowHealth: (already purchased)

AUDIO-VISUAL:

Videos, CD-ROMs, and selected readings as announced available through Kaplan, on Blackboard, and on reserve in Estes Library at St. Luke's Hospital and/or on reserve in Reeves Library at Moravian College.

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STUDENT EXPECTATIONS & COURSE POLICIES:

Students are responsible to respect and hopefully embrace the nursing department philosophy.

Ethos Statement

Grounded in local and global partnerships, nursing at Moravian blends compassionate art with scientific inquiry to achieve a transformative education deeply rooted in a rich liberal arts tradition. At its core the program seeks to develop students who are acutely aware of the world in which they live and their responsibilities of living in a global, inter-dependent community. The program cultivates a professional nurse graduate who values lifelong learning and service to others within a framework of social justice.

Students are responsible for the following:

1. **Attendance-** Class and clinical attendance is an expectation! Make every attempt to come to all the class sessions, to come to class on time, and to stay until the end of the meeting unless you have informed me that you must leave early. Students are expected to be prepared. This includes completing necessary assignments prior to attending class/clinical. Students who are not prepared for class/clinical may not be able to meet course standards and therefore are at risk for course failure. Tardiness is a distraction to the class—be respectful. The instructor reserves the right to deduct points off the student's final course grade if a trend of tardiness is evident.
 - **If unable to attend a class**, please contact the instructor via email or phone prior to the start of the class session. **Failure to notify the instructor may result in a half point for each occurrence off the final course grade based on 100 points.** For example, if you earned a final course grade of 93% (A) but had two class absences your earned grade may be recorded as a 92% (A-). **Absence due to illness requires written verification.** Students are responsible for obtaining any notes, handouts, or other class items from classmates. Class absence during a quiz or examination is not guaranteed an opportunity for make-up (<http://www.moravian.edu/studentLife/handbook/academic/academic.html>). Students are encouraged to review the **Attendance Policy** in the Nursing Student Handbook.
 - **If unable to attend clinical**, the student must contact the clinical instructor the morning of the clinical experience by **phone** two hours prior to the clinical start (by 0500). **Clinical absence**

requires makeup⁺⁺. Alternative assignments may be required at the discretion of the course faculty in addition to clinical makeup.

⁺⁺Be sure to view the Clinical Attendance in the Moravian College Nursing Student Handbook. Refer to discussion on page 6 of the syllabus for more information regarding this policy and general details regarding clinical expectations.⁺⁺

2. **Active learning-** Each student is to own his or her learning by engaging in the learning process. Active participation is measured by demonstrating responsibility and ownership in the learning process. Some examples of participation are as follows: completing required readings and assignments, engaging in class discussion, and/or providing feedback by the due date. **This is reflected in the methods of evaluation as Participation.**
 - **Students are expected to use technology responsibly.** Technology use in the classroom is anticipated, however device activities that distract from learning will not be tolerated (e.g.-texting, social media, web-surfing). Course assignments will require use of a computer/tablet with internet access to Blackboard.
3. **Academic Integrity-** Students are responsible to maintain scholarship by being professional and honest in producing their own academic work. In accordance with the Student Handbook statement on Academic Honesty (<http://www.moravian.edu/studentLife/handbook/academic/academic2.html>) the following include acts of academic dishonesty and participation in such will result in possible course/assignment failure:
 - **Plagiarism** is the intentional use of another's words or ideas as your own. This can range from using another individual's direct words or changing the words slightly (paraphrasing) without the appropriate citation to purchasing a paper from the Internet or a professional writing service. Refer to the Moravian College Academic Honesty Policy in the Student Handbook. APA format is required for all written assignments unless specified otherwise.
 - **Cheating** comes in many forms but essentially results in work being submitted with unauthorized use of resources or peer help. **Sharing/ exchanging information on online/in-class quizzes or examinations is considered cheating. Engaging in such behavior may result in the student receiving a point deduction or failing grade (0%) for the assigned activity.**
 - **Falsification** is when the student provides a false excuse for an absence from an examination, test, quiz or other course requirement, directly or through another source. **There will be no opportunity to make up online quizzes. In-class examinations may be possible but is not guaranteed. Factors determining make-ups depend on but are not limited to: the time faculty are informed or the class absence, the nature of the absence and review of student's previous class performance.**
 - Other **unprofessional behaviors** such as tampering, damaging or hindering the work of others to complete their own assignments will not be tolerated.
 - Additionally **Nursing students are held accountable for the policies** stated in the Nursing Department Student Handbook 2014-2016. The handbook may be retrieved at <http://home.moravian.edu/public/Nursing/studentHandbooks.html>
4. **Accommodations for learning-** Students are empowered to seek additional assistance through campus resources, such as the Writing Center or Learning services, to support course success.
 - **The Writing Center**, on the second floor of Zinzendorf Hall, is there to support the efforts of all writers at Moravian College. The tutors there are students who are good, experienced writers and who are professionally trained to help you improve your writing. The Writing Center is located in a building that

is not accessible to persons with mobility impairments. If you need the services of the Writing Center, please call 610-861-1392.

- **Learning Services Office:** Students who wish to request accommodations in this class for a disability should contact the Academic Support Center, located in the lower level of Monocacy Hall, or by calling [610-861-1401](tel:610-861-1401). Accommodations cannot be provided until authorization is received from the Academic Support Center.

CLINICAL:

Performance in the clinical practice area is evaluated as **satisfactory** or **unsatisfactory**. In order to earn a **satisfactory** evaluation, the student must achieve each course objective and supporting criteria as well as complete all clinical assignments in a satisfactory manner. Earning an unsatisfactory is clinical results in course failure.

- **Students are required to earn a score of 90% in each drug calculation quiz in order to administer medications and progress in the course.** If this score is not achieved, students will remediate and be re-evaluated with a second drug calculation competency. Failure to achieve a score of 90% on second attempt will result in a grade of unsatisfactory for course objective 3 in the formative evaluation. A third and final drug calculation competency will be given to the student. If the student does not achieve the 90% benchmark required for practice, the student will be unable to administer medications, which will result in an unsatisfactory clinical evaluation. Therefore, **STUDENTS ARE REQUIRED TO EARN A 90% SCORE IN EACH DRUG CALCULATION QUIZZES IN ORDER TO PROGRESS IN THE COURSE.**
- Students are expected to adhere to the policies and procedures of the clinical agencies in which they are assigned.
- Confidentiality is paramount. Personal technology may not be used to gather and/or describe identifiable patient-specific information.

CLINICAL ATTENDANCE:

- Clinical attendance is **mandatory** and allows for the student to consistently demonstrate his or her ability to meet course objectives. **It is the student's responsibility to notify by phone the appropriate person(s) as identified by course faculty in the event that he/she is unable to attend clinical experiences.** Such notification is to occur up to two hours prior to the scheduled clinical experience. If a student is absent from class/clinical activity due to illness, a health care provider's statement verifying the illness and certifying that the student is able to resume class or clinical activity may be required. Students who arrive to clinical practice late or leave early may be required to make up those cumulative minutes at the end of the semester on a clinical makeup day. It is up to the discretion of the course faculty to require clinical makeup for students who routinely leave clinical early due to co-curricular activities. For students involved in co-curricular activities such as sports or music, etc, schedules must be submitted to clinical faculty at the beginning of the semester so that clinical experiences can be appropriately determined.
- All clinical absences will be tracked in a database for review by future course instructors and the Chairperson of the Department of Nursing.
- Students will be required to makeup clinical absences. **The designated clinical makeup day will be scheduled on the Saturday after clinical practicum (April 30th, 2016). It is mandatory that students requiring clinical makeup attend that makeup day. Students will be charged \$250.00 per day of clinical make-up to reimburse the department for clinical supervision and administrative fees.** All clinical requirements, including make-up, must be completed by the end of the final examination period for that semester. Any associated fees must be paid in full by the end of the final examination period for that semester. Students are exempt from clinical make-up if they are attending a faculty-approved

conference (i.e.-NSNA or SNAP convention), but would be required to make-up clinical if another absence is accrued during the semester.

- In the event of a protracted illness requiring multiple missed clinical days, the student, course instructor(s), and Chairperson will meet to discuss alternatives and develop an individual education plan.

ADDITIONAL INFORMATION:

- **College policy will be followed relative to inclement weather.** Please check the AMOS website (<https://amos.moravian.edu/ics>) or call (610)625-7995 for any announcements relative to weather and check Blackboard and/or AMOS for the cancellation of class.
- **The student is expected to check Blackboard and their email daily** to keep well-informed of information regarding this course.
- **The instructor will respond to any written communications** (i.e.-emails, hand-written notes, etc.) regarding this course or academic advisement in the timeliest manner. A timely response by the instructor can be expected within 24-48 hours (during weekdays) and 72 hours (on weekends) upon receipt of the written communication.

METHODS OF COURSE EVALUATION^{*,#}:

1. Examinations	65%
• Module Examinations:	
○ Exam 1 ^{**}	10%
○ Exam 2	10%
○ Exam 3 ^{#+}	10%
• Cumulative Final	15%
• Medication Calculation Quizzes ⁺ (2 @ 5% each)	10%
• Kaplan Proctored Fundamentals Exam (MC Program Requirement)	10%
2. Projects	15%
• Concept Map	5%
• Clinical Team Project & Presentation	10%
3. Participation	5%
4. Formal Paper-(MC Program Requirement)	10%
• Clinical Reasoning Assessment	
5. Clinical Reflections^{***},	5%
• Woundcare, Urology, and Bariatric experience reflections	
6. Clinical Evaluation	S/US
• Failure to obtain a Satisfactory clinical evaluation will result in a grade of F for the course.	

* The Moravian College nursing program is accredited by the Commission on Collegiate Nursing Education. Any of the methods of evaluation used in this course, may be used as evidence of student assignments during the accreditation process.

It is within the instructor's purview to apply qualitative judgment in determining grades for any assignment and for the course final grade.

+ Students are required to earn a score of 90% in each drug calculation quiz in order to administer medications and progress in the course. See p. 5 for further discussion.

***Reflection grade will be based on the average score of both reflections. See clinical experience scoring rubric for more information.

NOTE: Individual directives (guidelines) will be posted on Blackboard to assist students in understanding the expectation for assignments with regard to academic performance.

GRADING POLICY:

- 1. Assignments are expected on or before their due date.** Five points per day will be deducted from grade if assignments are handed in late.
- 2. Student Submissions should adhere to the following criteria:**
 - The student's name and date should appear on title page of each assignment being submitted. Assignments consisting of multiple pages should use APA style for format
 - Multiples pages of a paper must be stapled together or secured with a paper clip prior for submission.
 - Electronic submission of papers is accepted under the appropriate assignment dropbox created in Blackboard. If an electronic assignment submission is created, the student must submit only one (1) document, which is named with the students' last name, first initial, course number/section and name of assignment (e.g.-SmithR_Nurs311_ClinicalReasoningScenario). Assignments will not be accepted through instructor's email unless instructed to do so.
- 3. All quizzes/examinations are to be taken at the scheduled time**, unless the instructor is notified of a competing previously scheduled scholastic or athletic activity as per college policy. Missed exam/quiz is not guaranteed makeup regardless if absence is legitimate. Under extreme circumstances the course faculty may determine an alternate examination. **The Final Exam, per Moravian College policy, must be taken at the appointed time.**
- 4. The grading scale in the nursing department is as follows:**

A =93-100	B- =80-82.99	D+ =67-69.99
A- =90-92.99	C+ =77-79.99	D =63-66.99
B+ =87-89.99	C =73-76.99	D- =60-62.99
B =83-86.99	C- =70-72.99	F ≤ 59.99

▼ *This syllabus is subject to change.* Please note while I will try to hold to the syllabus, it is subject to change over the course of the semester.

-The course schedule serves as a general guide and is subject to change with classroom or email notification to students. The instructor reserves the right to flex the schedule or way content is delivered to best meet the needs of the class

NURS311: TOPICAL OUTLINE^v (see Course Schedule for exact dates and assignments on topics)

Week	Function Health Pattern	Content	Clinical Skills
1	Health perception-management	Medication Administration Infection prevention and control Safety concepts and principles	Med administration (all routes except IV and injection) Glucometry Concept maps Medication calculations Med administration (SQ/IM) Oxygenation Sterile gloving Specimen collection Urinary and Rectal tube insertions
2			
3	Sleep-rest	Sleep disorders -normal pattern -factors affecting sleep -disorders: Restless Leg Syndrome, Obstructive Sleep Apnea	
4	Activity-exercise	Respiratory functions -upper and lower infections -COPD -Asthma Acid-Base introduction	
5	Value-belief	Value-Belief -Stress and Coping (pt and caregiver focus) -anxiety	
6	Nutrition-metabolic	Fluid & electrolytes -overview of Na, K, Ca, Mg, Cl and Phosphorous -assessment -management Acid-base -principle -types: metabolic/respiratory -concept: uncompensated, partially and fully	
7			Enteral and IV therapy PICC/TLC/VAD redress Wound & ulcer care IV drug calculations

9	Nutrition-metabolic	Nutrition alterations-Part II -Metabolic syndrome -Gastric bypass -Ulcer and Wound Management --types (pressure, arterial, venous, diabetic)	
10			
11	Elimination	Gastrointestinal/bowel -acid reflux disease -gastritis -Peptic Ulcer Disease -gallbladder disorders -bowel infection -irritable bowel syndrome -fecal diversions -associated pharmacotherapy Urinary -infection (UTI) -incontinence -BPH -urinary diversions -nursing management -associated pharmacotherapy	
12			
13	Cognitive-perceptual	Pain Sensory alterations -sensory stages: (overload, deprivation, loss) -assessment and safety considerations of pt with sensory issue -visual: (cataracts, glaucoma, macular degeneration and retinopathy) Confusion -delirium -dementia -assessment strategies -management and care considerations	
14			Practicum-Comprehensive testing of skills
15			

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