Moravian College Department of Nursing and Public Health HLTH 386: Public Health Internship (1.0 course units)

Instructor informationClass InformationBeth Gotwals RN, PhDMeeting day/time:

Email: gotwalsb@moravian.edu Wednesdays 9-1030AM Phone: 610 861 1590 (leave message) See course outline for dates,

Office: Zinzendorf 201 may be subject to change

Office Hours: see Blackboard Location: TBD

<u>Course description</u>: The current MC catalog provides the eligibility criteria and discusses internships as an opportunity to work/study off-campus in public or private agencies, institutes or businesses:

http://home.moravian.edu/public/catalog/programs/edprogs08.html

Internships allow the student to take aspects of a liberal arts education and ideas and concepts in a chosen discipline out into practice and the world of work. The seminar associated with this internship provides the opportunity to create and foster a learning community. To that end, the objectives are:

- 1. Connect the Moravian College experience to real world scenarios in public health, deepening knowledge and abilities through a work experience
- 2. Integrate the internship experience into overall development as a:
 - scholar, critical thinker, and problem solver;
 - future member of a profession:
 - global citizen
- 3. Expand interpersonal skills and explore leadership skills within an organization or the larger discipline of public health
- 4. Develop as an important and valued member of this learning community: reflect, share, and learn from other students interns
- 5. Explore careers in public health, and develop skills in job searching, interviewing, resume writing, etc.

Required Reading:

Michelli, J. A. (2007). The Starbucks Experience. New York: McGraw-Hill.

On Reserve at Reeves:

Turnock, B. J. (2016). Essentials of Public Health. Sudbury MA: Jones and Bartlett

<u>Workload expectations</u>: Middle States Accreditation requires that each 1.0 course unit have 174 hours of course work. For this course, it is broken down as follows:

140 hours in the field (minimum MC standard, 10 hours/week)

- 10 hours in learning community (6 classes at $\sim 1 \frac{1}{2}$ hours ea.)
- 24 hours of work outside the class and internship (approx. 1 3/4 hours/week)

Methods of Evaluation:

Site supervisor evaluation	30%
Final Project: Research paper or presentation	20%
Career Development Activities	20%
Journal	15%
Seminar/learning community investment, broken down as follows:	15%
Investment in the course, which includes but is not limited to:	
attendance, preparation, reflection, sharing, attitude10%	
public health book oral reflection/review 5%	

<u>Site supervisor evaluation</u>: this is completed by the internship supervisor at the end of the internship and can be found on AMOS on the Registrar's site. Review this form so you know how you'll be evaluated.

<u>Final Project: Research paper or presentation</u>: Choose to write a paper (APA format including a title page, abstract, no less than 6 no more than 8 pages of text, reference page) **or** prepare and present a one hour research based presentation to the internship supervisor and myself. This assignment should connect your practical experience with your academic work.

<u>Career Development Activities</u>: it's time to prepare for entry into the world of work and/or life after MC! Select 5 career development activities over the course of the semester – reflections on these will be a part of your bi-weekly journal. Consult the Center for Career and Civic Engagement for addition ideas: here are just a few:

- Mock interview submit to Career Center (CC) for review and note your reflections and evaluation as well as CC in your journal
- Develop and use a LinkedIn profile
- Conduct an interview of an alumni or other professional who works in public health (face-to-face is the ideal, however Google hangout, email, phone interviews will be accepted)
- Attend a alumni networking meeting one in Philadelphia is on
- Use the CC for work on resume writing, cover letter development
- Attend CC sponsored events
- Research graduate school or career paths using CC resources

<u>Journal</u>: provide reflection on your internship and career development experiences. See topical outline for requirements. We will use your reflections as a springboard for discussion at our seminar sessions.

Seminar/learning community investment: investment requires attendance at each and every seminar meeting, please be on time and prepared, ready to engage in discussion. Additionally, each student will be responsible for preparing a 10-15 minute oral book report from the reading list (separate attachment). These books are all available at Reeves Library. Students must choose different books, no duplicates please, so make your choice and email all of us with the book you chose and which date you will present. At the time of presentation, provide me with an annotation of the selected book.

Grading Policy:

Assignments are expected on or before the due date. If seminar assignments are submitted late, five points per day will be deducted from the grade. The grading scale is as follows:

A = 93-100	B- = 80-82.99	D + = 67 - 69.99
A = 90-92.99	C + = 77 - 79.99	D = 60-66.99
B + = 87 - 89.99	C = 73-76.99	D = 60-62.99
B = 83-86.99	C = 70 - 72.99	F <59.99

It is within the instructors' purview to apply qualitative judgment in determining the grades for an assignment or for a course.

Other Requirements/Department Policies/Additional Information

Attendance: Seminar attendance is necessary to promote the learning of the theoretical component of the curriculum and to enrich and expand the application to the internship. Students are expected to attend all seminar activities. An instructor may lower a student's grade because of absence. If absences occur, it is the student's responsibility to make up whatever work has been missed.

Academic Honesty: we will follow the policy that appears in the MC student handbook. **Plagiarism** is the intentional use of another's words or ideas as your own. This can range from using another individual's direct words or changing the words slightly (paraphrasing) without the appropriate citation to purchasing a paper from the Internet or a professional writing service.

Accommodations for learning and other disabilities: "Students who wish to request accommodations in this class for a disability should contact the Academic Support Center, located in the lower level of Monocacy Hall, or by calling 610-861-1401. Accommodations cannot be provided until authorization is received from the Academic Support Center."

Writing Center: make use of the expertise of the writing center, stop up to the 2^{nd} floor of Zinzendorf or call 610-861-1592 to schedule an appointment.

Reeves Library: An excellent resource. The director, Janet Ohles has a MPH! She and other librarians can help you access books, journals, and other resources for making important connections to research that will elevate the scholarship of journals/projects.

Inclement weather closings/delays: we will follow any MC notifications and schedule changes related to closing, 2 hour delay, etc. Please call, email, or text if you have any concerns about the weather where you are and are concerned about driving.

Seminar Outline – subject to change with notice

Week	Topic	Assignments due:
1	Seminar 1/20 9-1030	Journal entry 1 due to me by noon 1/22:
	Internship introduction to	Introduce yourself to me and consider reflecting
	seminar & members, review	on course and personal objectives for this
	of syllabus, administrative	internship, other thoughts
	tasks	

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2	Career Development	No seminar this week, self-directed exploration of career through programs and activities available on the Center for Career and Civic Engagement – a total of 5 career development activities are required		
3	Seminar 2/3 9-1030	Journal # 2 due in class Generally journals from this point on should be reflections your activities (internship and career development) as they relate to course and personal objectives since your last journal entry. Include reflections connections to the text, any research you read, etc. Keep your thoughts synthesized and limited to 2-3 pages of text. Read the Starbucks Experience Introduction & synthesize Principle 1: Make it Your Own with your internship work. Prepare to discuss:		
		How have you seen this principle and the 5 Ways of Being lived out in your past work life? This internship? Expectations for this in your future? Bring a discussion question to share with the group!		
4	Career Development			
5	Seminar 2/10 9-1030	Journal #3 due in class		
		Principle #2: Everything Matters		
6	Career Development	Suggest attending the Lehigh Valley Collegiate Career Expo 2/25 12 noon-4PM, Holiday Inn Fogelsville PA		
7	Seminar 3/2 9-1030	Journal #4 due in class Principle #3: Surprise and Delight Date for Presentation due today 2 student book reviews presented today		
8	Spring Break!			
9	Career Development			
10	Seminar 3/23 9-1030	Journal #5 due in class Principle #4: Embrace Resistance 2 student book reviews presented today		
11	Career Development	Suggest attending the MC job & internship fair 3/29 1130AM – 130PM Johnston Hall		
12	Seminar 4/6	Journal #6 due in class Principle #5: Leave Your Mark, also read A Final Word Lessons learned, group evaluation of learning community		
13		d or project paper due by noon on 4/15		
14	Complete required post-internship survey and post-internship personal assessment.			
Finals w	als week: schedule individual meeting to finalize grade			
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