



# MORAVIAN COLLEGE

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## **Nursing 115 A: Foundations of Nursing and Health Care Fall 2015**

### **COURSE INSTRUCTOR:**

**Ms. Taylor Grube, MSN, RNC-NIC**

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Office: Hamilton Hall 204 (on Main Campus)

Office Hours: Mon. & Wed. 2:30PM -4:30PM; additional hours by appointment

### **CLASS TIME & LOCATION:**

Mondays and Wednesdays: 10:20-11:30 AM

Moravian College Main Campus, PPHAC, Rm 102

### **COURSE DESCRIPTION:**

The process of critical thinking as a basis for open inquiry into assumptions, beliefs, and values about the discipline of nursing will be analyzed for nursing in a dynamic, multidisciplinary healthcare environment. Professional, historical, and socio-cultural issues, as well as ethical and legal standards, will be discussed within the context of healthcare challenges of the 21<sup>st</sup> century.

<http://home.moravian.edu/public/catalog/courses/nursing.html>

### **COURSE OBJECTIVES**

1. Describe the evolution of professional nursing, nursing process and nursing theory.
2. Examine socio-cultural perspectives of health and health promotion.
3. Explain the process of inquiry and critical thinking in making decisions for evidence-based nursing care.
4. Explore nursing's role in promoting safe and quality care within a changing health care environment.
5. Develop an understanding of accountability as a member of the multidisciplinary health care team.
6. Recognize the importance of performance standards for professional and ethical practice.

This course provides an introduction to the process of knowledge acquisition in relation to nursing and health care concepts. The focus is on developing student's intellectual capabilities as independent thinkers. Critical thinking is a basis for open inquiry into assumptions, beliefs and values about one's self in relation to human caring, nursing, and

health care. Students will utilize a variety of active learning strategies to explore concepts and issues related to nursing and health care.

...and what does this really mean?

Most of the thinking that we have developed has occurred rather effortlessly. There are many factors that have affected how we think; some of which are from word of mouth as occurs in the family setting, others are from television; movies, or the popular press. Learning to think critically involves the practice of skills consciously and deliberately in order to take charge of your thinking. The class will focus on processes used in critical inquiry; therefore, the classes and assignments will be focused on active learning processes. Nursing and health care issues will be utilized as a focus for developing critical analysis thinking skills.

### **COURSE CREDITS/UNIT/HOURS**

Course Unit(s): 1; Theory Hours: 3; Clinical Hours: none

**PREREQUISITES:** None

### **REQUIRED TEXTBOOKS:**

Catalano, J.T. (2015). *Nursing now! Today's issues, tomorrow's trends*. (7<sup>th</sup> ed.). Philadelphia, PA: FA Davis.

Nightingale, F. (1860). *Notes on nursing*. New York: Appleton and Company. Retrieved from <http://digital.library.upenn.edu/women/nightingale/nursing/nursing.html>  
(available on BB under external links)

### **RECOMMENDED TEXTBOOKS/RESOURCES**

**(some items are available on Blackboard as external links):**

American Nurses Association, (2015). *Code of ethics for nurses with interpretive statements*. Silver Spring, MD: American Nurses Association. Retrieved from [http://nursingworld.org/DocumentVault/Ethics\\_1/Code-of-Ethics-for-Nurses.html](http://nursingworld.org/DocumentVault/Ethics_1/Code-of-Ethics-for-Nurses.html)  
(Also available on BB under external links)

American Nurses Association. (2010). *Nursing's social policy statement: The essence of the profession* (3<sup>rd</sup> ed.). Silver Springs, MD: American Nurses Association. ISBN 978-1558-1027-05. Retrieved from <http://nursingworld.org/social-policy-statement>  
(Also available on BB under external links)

American Nurses Association. (2010). *Nursing: Scope and Standards of Practice* (2<sup>nd</sup> ed.). Silver Spring, MD: American Nurses Association. ISBN 978-1558-1028-28

American Psychological Association. (2010). *Publication Manual of the American Psychological Association* (6<sup>th</sup> ed.). Washington, D.C.: American Psychological Association. ISBN 978-1-4338-0561-5. (Reeves Library Reference Books)

**STUDENT EXPECTATIONS & COURSE POLICIES:****Students should adhere to the following expectations:**

1. **Attendance-** Please make every attempt to come to all the class sessions, to come to class on time, and to stay until the end of the meeting.
  - **Class attendance is an expectation.** Students are expected to be prepared and attend all class meetings. This includes completing necessary assignments prior to attending class. Students who are not prepared for class may not be able to meet course standards and therefore are at risk for course failure. Tardiness is a distraction to the class and will not be tolerated. The instructor reserves the right to deduct points off the student's final course grade if a trend of tardiness is evident.
  - **If unable to attend a class,** please contact the instructor via email a minimum of one (1) hour prior to the start of the class session. **Each unexcused class absence will result in one point off the final course grade based on 100 points.** For example, if you earned a final course grade of 94% (A) but had two class absences your earned grade will be recorded as a 92% (A-). **Absence due to illness requires written verification from a licensed physician or nurse practitioner and no point deduction will occur unless trends are identified.** Students are responsible for obtaining any notes, handouts, or other class items from classmates. Class absence during a quiz or examination is not guaranteed an opportunity for make-up. See Student handbook for attendance policy: (<http://www.moravian.edu/studentLife/handbook/academic/academic.html>). Students are encouraged to also review the **Attendance Policy** in the Nursing Student Handbook.
  
2. **Active learning-** Each student is to demonstrate responsibility and ownership in the learning process through active participation in both individual and group assignments. Active learning is measured by completing required readings, assignments, discussion, and/or feedback by the due date. Additionally, students are expected to bring their ipads/laptops to class to complete in class assignments. Additionally, holding others accountable for preparation as student and instructor will deepen our exploration of knowledge and its applicability throughout the semester.
  
3. **Academic Integrity-** Students are responsible to maintain scholarship by being professional and honest in producing their own academic work. In accordance with Moravian College's Student Handbook statement on Academic Honesty (<http://www.moravian.edu/studentLife/handbook/academic/academic2.html>) the following includes acts of academic dishonesty and participation in such will result in possible course/assignment failure:
  - **Plagiarism** is the intentional use of another's words or ideas as your own. This can range from using another individual's direct words or changing the words slightly (paraphrasing) without the appropriate citation to purchasing a paper from the Internet or a professional writing service. Refer to the Moravian College Academic Honesty Policy in the Student Handbook. APA format is required for all written assignments unless specified otherwise.

- **Cheating** comes in many forms but essentially results in work being submitted with unauthorized use of resources or peer help. **Sharing/ exchanging information on online/in-class quizzes or examinations is considered cheating. Engaging in such behavior may result in the student receiving a point deduction or failing grade (0%) for the assigned activity.**
  - **Falsification** is when the student provides a false excuse for an absence from an examination, test, quiz or other course requirement, directly or through another source. **There will be no opportunity to make up online quizzes. In-class examinations may be possible but is not guaranteed. Factors determining make-ups depend on but are not limited to: the time faculty are informed or the class absence, the nature of the absence and review of student's previous class performance.**
  - Other **unprofessional behaviors** such as tampering, damaging or hindering the work of others to complete their own assignments will not be tolerated.
  - Additionally **Nursing students are held accountable for the policies** stated in the Nursing Department Student Handbook 2014-2015. The handbook may be retrieved at <http://home.moravian.edu/public/Nursing/studentHandbooks.html>
4. **Accommodations for learning-** Students are empowered to seek additional assistance through campus resources, such as the Writing Center or Learning services, to support course success.
- **The Writing Center**, on the second floor of Zinzendorf Hall, is there to support the efforts of all writers at Moravian College. The Writing Center is located in a building that is not accessible to persons with mobility impairments. If you need the services of the Writing Center, please call 610-861-1392.
  - **The Academic Services Office:** Students who wish to request accommodations in this class for a disability must contact Ms. Elaine Mara, assistant director of academic support services for academic and disability support at the lower level of Monocacy Hall, or by calling 610-861-1401 or emailing at [marae@moravian.edu](mailto:marae@moravian.edu). Accommodations cannot be provided until authorization is received from the Academic Support Center.

**ADDITIONAL INFORMATION:**

- **College policy will be followed relative to inclement weather.** Please check the AMOS website (<https://amos.moravian.edu/ics>) for any announcements relative to weather and the cancellation of class.
- **The instructor will respond to any communications** regarding this course or academic advisement in the timeliest manner. A timely response by the instructor can be expected within 24-48 hours (during weekdays) and 72 hours (on weekends) upon receipt of the communication. The instructor may not check emails after 5:00PM.

**METHODS OF EVALUATION\*, \*\*:**

<b>Quizzes &amp; Examinations (60%)</b>	
• Quizzes (6)	10%
• Midterm Exam	25%
• Final Exam	25%
<b>Global Health Project (30%)</b>	
• Global Health Project Presentation	15%
• Global Health Project Paper	15%
<b>Participation (10%)</b>	
• Participation (Class preparation/ Attendance/Homework)	10%
<b>TOTAL</b>	<b>100%</b>

\* The Moravian College nursing program is accredited by the Commission on Collegiate Nursing Education. As part of the accreditation process the program must provide evidence of assignments completed by students. Any of the methods of evaluation used in this course, may be used as evidence of student assignments during the accreditation process.

\*\* It is within the instructor's purview to apply qualitative judgment in determining grades for any assignment and for the final course grade.

+ final course grade will not be submitted to college registrar until anonymous course feedback is given.

**NOTE:** Individual directives (guidelines) will be posted on Blackboard to assist students in understanding the expectation for assignments with regard to academic performance.

**GRADING POLICY:**

- Assignments are expected on or before their due date for class.** If class assignments are submitted late, five points per day will be deducted from the assignment grade.
- The grading scale in the Nursing Program is as follows:**

A =93-100	B- =80-82.99	D+ =67-69.99
A- =90-92.99	C+ =77-79.99	D =63-66.99
B+ =87-89.99	C =73-76.99	D- =60-62.99
B =83-86.99	C- =70-72.99	F ≤59.99

*\*This syllabus is subject to change.*

**Ethos Statement**

*Grounded in local and global partnerships, nursing at Moravian blends compassionate art with scientific inquiry to achieve a transformative education deeply rooted in a rich liberal arts tradition. At its core the program seeks to develop students who are acutely aware of the world in which they live and their responsibilities of living in a global, inter-dependent community. The program cultivates a professional nurse graduate who values lifelong learning and service to others within a framework of social justice.*

**NURS115: TOPICAL OUTLINE (see Course Schedule for exact dates and assignments on topics)****I. Nursing- What is it? What is it not?**

- A. Critique of literary or media influences on health care

**II. Critical Thinking**

- A. Carper's Ways of Knowing

**III. Professional Values**

- A. Evolution of Professional Nursing
  - 1. Historical Context
  - 2. Current Context
- B. Nursing Theories & Theorists

**IV. Information Literacy**

- A. Primary vs. secondary sources
- B. Database searching
- C. Controlled vocabulary

**V. Scholarly Writing**

- A. Critique of literature
- B. APA Style

**VI. Concepts of Health and Wellness**

- A. Health Promotion and Illness Prevention
- B. Cultural Context of Health
- C. Global Perspectives
- D. Healthy People 2020

**VII. Professional Accountability**

- A. Professional Standards
  - 1. Nurse Practice Act
  - 2. Credentialing: Accreditation and Licensure
  - 3. *Quality and Safety: IOM, NDNQI*
  - 4. Nursing: Scope and Standards of Practice
  - 5. *Code of Ethics for Nurses with Interpretive Statements*
  - 6. *Nursing's Social Policy Statement*
  - 7. Multidisciplinary Collaboration
- B. Ethical Theory and Principles
  - 1. Values, Morals, and Ethics
  - 2. Ethical Principles

3. Ethical Decision-Making Process
4. Code of Ethics for Nurses with Interpretive Statements

C. Legal Issues

1. Sources of Law
2. Types of Law
3. Elements of Liability for Malpractice
4. Client Rights: Informed Consent, Advance Directives, Confidentiality

**VIII. Connecting Critical Thinking to Clinical Judgment**

- A. Nursing Process and Nursing Diagnosis
- B. Gordon's Functional Health Patterns
- C. Evidence Based Practice