

Moravian College
Nursing Department
Nursing 314: Embracing the Dynamic Community
Spring 2015

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Class Meets: M W 1:10-2:20PM
Problem solving: F 1:10-2:20PM
Classroom: PPHAC 102
Clinical: Tues. or Thurs. 08:00-16:30
Clinical sites and times vary
See schedule

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Catalog/Course Description: A clinical practicum course, which provides a foundation to facilitate community partnerships and collaboration in promoting health and accessing care. Students experience nursing role behaviors in a multiplicity of health care situations within the community.

Course Objectives:

1. Identify professional nurse roles, including practitioner, educator, coordinator, advocate, and counselor, within the community.
2. Examine phenomena within local and regional community populations, which directly influence health practices, health services, and health care policies.
3. Integrate concepts from biological, psychological, socioeconomic, and nursing disciplines in planning and delivering safe, quality care to diverse populations across the lifespan within the community.
4. Apply Gordon's Functional Health Patterns in assessment of the community.
5. Evaluate the utilization of the professional nurse in community services.
6. Integrate current evidence-based community/public health strategies when providing community nursing care.

Course credits/Unit Hours: 1 Course Unit (3 theory hours and 8 clinical hours)

Prerequisites: All required sciences, NURS 115, 212, 310, 311, 312, Pharm 1

Co-requisites: NURS 339, 332.2

Required texts:

- Aritian, V.P. (2014). *The basics*. Kaplan, Inc.
- Boyd, M.A. (2014) *Psychiatric nursing: Contemporary practice*. 5th ed. New York: Lippincott, Williams, & Wilkins.
- Doenges, M. E., Moorehouse, M. F. & Murr, A. C. (2010). *Nursing diagnosis manual: planning, individualizing, and documenting client care*. (4th ed.). Philadelphia: FA Davis Company.
- Jarvis, C. (2012). *Physical examination and health assessment* (6th ed.). St. Louis: Elsevier Saunders.
- Karch, A.M. (2013) *Focus on nursing pharmacology* (6th ed.) Philadelphia: Wolters Kluwer/Lippincott Williams & Wilkins.
- London, M., Ladewig, P. A. W., Davidson, M. R., Ball, J.W., Bindler, R.C. M., & Cowen, K. J. (2014). *Maternal & child nursing care*. (4th ed). Boston: Pearson.
- Potter, P.A., & Perry, A.G. (2013). *Fundamentals of nursing* (8th ed.). St. Louis: Mosby.
- Hinkle, J. L., & Cheever, K. H. (2014). *Brunner and suddarth's textbook of medical-surgical nursing* (13th ed.). Philadelphia: Lippincott, Williams, & Wilkins.
- Stanhope, M. & Lancaster, J. (2014). *Foundations of nursing in the community*. (4th ed.). St. Louis: Elsevier Mosby.

Recommended texts:

- American Psychological Association. (2010). *Publication manual of the American psychological association* (6th ed.). Washington, D.C.: American Psychological association. (ISBN 978-1-4338-0561-5)
- Deglin, J. H. & Vallerand, A. H. (2014). *Davis's drug guide for nurses* (14th ed.). Philadelphia: F. A. Davis Company. (or access to any pharmacology guide...Micromedix or epocrates applications on mobile devices)

Other required technology

BlackBoard® (BB)-Each student must enroll in the course on our course-specific virtual classroom.

Cmaps® software-Creates digital concept maps (free download available from <http://cmap.ihmc.us/download>)

iClicker or iClickerGO™ v6.1 Student Response System (available for purchase in mobile subscription or handheld device formats at the Moravian College Bookstore register if needed). All students require an iClicker as iClicker technology will be used during class time. Students are required to bring their iClicker or iClickerGO device to class with them. It is the student's responsibility to make sure that the iClicker device is working and that battery life is sufficient. iClicker technology will be used for attendance, in-class quizzing, participation and survey.

Course Requirements:

1. Nursing Department Attendance Policy

Classroom attendance is necessary to promote the learning of the theoretical component of the curriculum and to enrich and expand the application of the clinical learning process. Students are expected to attend all classroom activities. An instructor may lower a student's grade because of a class absence. If absences occur, it is the student's responsibility to make up whatever work has been missed. Permission to make up assignments, quizzes, and periodic tests may be granted at the discretion of the instructor. Authorization to make up a final examination is given only by the Office of Academic Affairs.

Clinical attendance is mandatory for the student to consistently demonstrate the ability to meet course objectives. It is the student's responsibility to notify the appropriate person(s) as identified by course faculty in the event that he/she is unable to attend clinical experiences. Such notification is to occur up to two hours prior to the scheduled clinical experience. If a student is absent from class/clinical activity due to illness, a health care provider's statement verifying the illness and certifying that the student is able to resume class or clinical activity may be required.

All clinical absences will be tracked in a database for review by future course instructors and the Chairperson of the Department of Nursing. Students who request time off from clinical, due to events in which they have no control (death of a family member), will contact the course faculty and the clinical instructor, and the determination for clinical makeup will be decided. Students who arrive to clinical practice late or leave early may be required to make up those cumulative minutes at the end of the semester on a clinical makeup day. It is up to the discretion of the course faculty to require clinical makeup for students who routinely leave clinical early due to co-curricular activities. For student involved in co-curricular activities such as sports or music, etc. schedules must be submitted to clinical faculty at the beginning of the semester so that clinical experiences can be appropriately determined.

Students will be required to makeup clinical absences. **The designated clinical makeup day is Saturday, May 2. It is mandatory that students requiring clinical makeup attend this day.** Students will be charged \$250.00 per day of clinical make-up to reimburse the department for clinical supervision and administrative fees. All clinical requirements, including make-up, must be completed by the end of the final examination period for that semester. Any associated fees must be paid in full by the end of the final examination period for that semester. Students are exempt from clinical make-up if they are attending a faculty approved conference (i.e.-NSNA or SNAP convention). In the event that a student receives an excused absence for a required educational trip and later in the semester incurs more clinical absences, the student may be in a position to consider withdrawal from the course, if the clinical experiences absences are too numerous to be made up within the available faculty contract time.

In the event of a protracted illness requiring multiple missed clinical days, the student, course instructor(s), and Chairperson will meet to discuss alternatives and develop an individual education plan.

2. NU 314 Class Attendance. Students are expected to be prepared and attend and participate in all class meetings. This includes completing assignments prior to attending class. Tardiness is a distraction to the class and will not be tolerated. Attendance and participation will be assessed daily and will be reflected in the percentage of the grade assigned to Quizzes/Iclicker/participation.

If unable to attend a class, please contact the course faculty via email or phone. Students are responsible for providing a doctor/nurse practitioner/health center excuse for an excused absence. Students are responsible for obtaining any notes, handouts, or other class items from classmates.

3. Plagiarism is the intentional use of another's words or ideas as your own. This can range from using another individual's direct words or changing the words slightly (paraphrasing) without the appropriate citation to purchasing a paper from the Internet or a professional writing service. Refer to the Moravian College Academic Honesty Policy in the Student Handbook. Where applicable, class assignments are to be typed and submitted according to APA style (6th edition).

4. Accommodations for learning and other disabilities: Students who wish to request accommodations in this class for a disability should contact Ms. Elaine Mara, Assistant Director of Academic & Disability Support, located on the first floor of Monocacy Hall (extension 1401). Accommodations cannot be provided until authorization is received from the Academic & Disability Support office.

5. All examinations are to be taken at the scheduled time, unless the instructor is notified of a competing previously scheduled scholastic or athletic activity. Any individual who is not at the scheduled examination based on a claim of illness is required to provide appropriate medical documentation of a valid medical reason for absence. The instructor retains the right to use an alternate examination format for exam makeup.

6. Completion and satisfactory achievement of all course objectives includes satisfactory laboratory and clinical performance.

7. Learning activities stated on the topical outline section of this syllabus are to be completed prior to class time. The student can expect to work approximately 10-12 hours per week in preparing for this class.

8. Demonstrate expected professional behavior and appearance when in the classroom and clinical laboratory (both uniform and street clothing).

9. Maintenance of confidentiality for all assigned patients or clients as required by law (HIPAA). Students will be required to read and know agency policies on confidentiality and may be required to sign agency forms on confidentiality.

10. Students are reminded of the importance of respect and courtesy toward others.

As a courtesy to your colleagues, phones must be in the silent mode during class. Texting or use of cell phones for internet access during class is unacceptable. Students are expected to be respectful of the time of both faculty and their peer group. Thus, if you are unable to keep an appointment with a faculty member or student peer related to course work/group projects, please be courteous and notify others of your need to cancel or reschedule the appointment.

Methods of Evaluation:

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| 1. NU 314 Paper | 10% |
| 2. Community assessment group project | 10% |
| 3. Quizzes/Clicker/Participation | 10% |
| 4. Exam # 1 | 15% |
| 5. Exam # 2 | 20% |
| 6. Exam # 3 | 20% |
| 8. Exam #4/Final Exam | 15% |

Grading Policy:

Assignments are expected on or before their due date both for class and clinical. If class assignments are submitted late, five points per day will be deducted from the grade. If clinical assignments are submitted late, N/O (unable to assess) is earned for the related clinical day. The grading scale is as follows:

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| A = 93-100 | B- = 80-82.99 | D+ = 67-69.99 |
| A- = 90-92.99 | C+ = 77-79.99 | D = 60-66.99 |
| B+ = 87-89.99 | C = 73-76.99 | D- = 60-62.99 |
| B = 83-86.99 | C- = 70-72.99 | F <59.99 |

It is within the instructors' purview to apply qualitative judgment in determining the grades for an assignment or for a course.

Kaplan Focused Review Incentive Points

There is one Kaplan Focused Review (FR) for the community health curriculum. Completion and remediation of each FR is required and will give added points to either exam 3 or the final exam. **FR must be completed by 4/6/15 or no credit will be given.** Credit/Incentive points for the FR will be computed as follows:

After completing the FR the first time, the student must remediate for a minimum of TWO minutes per question. After 48 hours, the student may retake the FR.

The scores from the two attempts for a FR will be added and converted to a % (maximum = 2%).

EXAMPLE: FR #1: first score: 80 second score: 90
 Total = 170, which is converted to 1.7%; this percent is added to the exam.

Students must work independently on their FR; collaboration with other students during testing is not allowed. Failure to remediate for the specified amount of time will result in a zero for the assignment.

NU 314: COURSE TOPICAL OUTLINE

The course instructor reserves the right to assign additional readings, alter course content and/or course sequence as needed. It is the student's responsibility to check email and Blackboard on a daily basis during the semester.

Please bring your textbook and Iclicker to class each day. Presentations may be printed out at student's discretion, consider using electronic copies and bring laptop to class.

Topical Outline

| DATE | TOPIC | ASSIGNMENT |
|------|--|---|
| 1/19 | Introduction to NU 314 Foundational Concepts of Nursing in the Community: Community Oriented and Community Based Nursing | Syllabus Stanhope & Lancaster (S &L) Ch. 1 |
| 1/21 | The Community as Client: Community Assessment and Evaluation Gordon's Functional Health Pattern and Community Assessment Historical Aspects | S&L Ch. 12 Community Assessment Directive S&L Ch. 2 |
| 1/22 | Clinical Orientation for ALL NU 314 students Place: Snyder Room (HUB) | 8:00AM-4:30PM |
| 1/23 | Problem Solving: Program Management BSD Hygiene Project Exemplar Guest: Ms. <i>Kathy Halkins</i> , School Nurse Department Chair, Bethlehem School District | S&L Ch. 16 Review all Hygiene Project Materials |
| 1/26 | Public Health and Primary Health Care Systems Community Nursing Practice at the Local, State, & National Levels in Public Health | S&L Ch. 3 and 28 |
| 1/28 | Practice Settings for Nursing in the Community The Nurse in Schools The Faith Community Nurse Answers to Critical Analysis ?s due today | S&L Ch. 31 School Nurse Directive S&L Ch. 29 |
| 1/30 | Problem Solving: Big Board Review | |
| 2/2 | *EXAM # 1 | |
| 2/4 | Using Health Education and Groups in the Community; Health Literacy | S&L Ch. 11 |
| 2/5 | Nursing Career Social 5-630PM HUB – required attendance for NU314 students (Note: snow date 2/13/14) | |

| DATE | TOPIC | ASSIGNMENT |
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| 2/6 | Problem Solving: Practice Settings for Nursing in the Community: The Nurse in Home Health, Chronic Disease Care Management and continuity of care Rachel James RN, MS, VNA of SL Case Manager Paper Topic and Thesis Statement due | S&L Ch. 30 |
| 2/9 | Practice Settings for Nursing in the Community: The Nurse in Hospice, Nursing and end-of-life care Nursing care of terminally ill and patients facing impending death, Managing physiologic responses to terminal illness Pre-lecture Quiz Due | S&L Ch. 30 Med-Surg Text (MS) Ch. 16 |
| 2/11 | Palliative care concepts & the role of chemotherapy and radiation therapy in palliation | MS Ch. 16 cont'd |
| 2/13 | Problem Solving: Case Studies: concept of grief, Mourning, and bereavement Guest Lecturer: <i>Dr. Pam Adamshick</i> | Boyd (pp. 303-308) Kaplan pp. 527-529 MS Ch. 16 |
| 2/16 | Epidemiology | S&L Ch. 9 |
| 2/18 | Management of Patients with HIV Infection and AIDS Guest Lecturer: <i>Chelsea Shepherd</i> , MSN, NP, HIV/AIDS specialist Pre-lecture Quiz Due | MS Ch. 37 Kaplan pp. 185-189 |
| 2/20 | Problem solving: Writing workshop | |
| 2/23 | Management of Patients with Infectious Diseases: The infectious process – chain of infection The epidemiologic triangle of disease Hospital acquired infection exemplars: MRSA, VRSA, VRE C-difficile Community acquired infection exemplars: Influenza, Pneumococcal and fungal pneumonia, Meningitis | MS: Ch. 71 (pp. 2084-2103) S&L Ch. 26 (pp. 476-481, 486-487) MS: Ch. 23 (pp. 573-584) MS: Ch. 69 (pp. 2026-2029) Kaplan pp. 167, 355-356 |
| 2/25 | Prevention exemplars for fighting infection: Handwashing Immunization Infection control in the home/community | S&L Appendix D Karch Ch. 18 MS: Ch. 71 (pp. 2093-2098) Kaplan pp. 484-487 |
| 2/27 | Problem Solving: Big Board Review | |
| 3/2 | *EXAM # 2 | |
| 3/4 | Community Assessment Presentations – 2 groups | |
| 3/6 | Community Assessment Presentations – 2 groups | |
| | <i>SPRING BREAK – NO CLASSES or clinical</i> | |
| DATE | TOPIC | ASSIGNMENT |

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| 3/16 | Unit on Special Populations/topics in the community: Health Risks Across the Lifespan Introduction NU314 Final Paper due today | S&L Ch. 19 |
| 3/18 | Community approaches to the epidemic of obesity, overweight, & weight management Class assignment: Fad Diets Seminar: Locate an article explaining a “fad diet” from a source used by the general public (e.g., magazine or newspaper). Use search engines available to you as a Moravian College nursing student to examine the available research related to this diet or fad diets in general. Be prepared to discuss the main points of the diet, the related research, and how you would use this evidence in educating a client about fad diets, and connect the points and discussion to the text book readings for this class. Dietary Guidelines quiz due today | MS Ch. 5 Kaplan pp. 205-208 |
| 3/20 | Problem solving: Public Health Nursing Guest Speakers from Bethlehem Health Bureau | |
| 3/23 | Women’s Health Issues: Management of female physiologic process: Menstruation, perimenopause, menopause, premenstrual syndrome (PMS), dysmenorrheal, amenorrhea, Osteopenia, and Osteoporosis | S&L Ch. 20 pp. 357-363 MS Ch. 56 pp. 1627-1630, 1642-1644; Ch. 42 pp. 1141-1146 Kaplan pp. 404-405, 607 |
| 3/25 | Injuries in the Community dweller at Work and Home Management of patients with musculoskeletal trauma: Contusions, strains, sprains; joint dislocation, injuries to tendons, ligaments, and menisci The Nurse in Occupational Health Ergonomics in the work environment Occupational Safety exemplars: Management of patients with degenerative disorders: Degenerative disc disease, herniation Degenerative joint disease (osteoarthritis) | S&L Ch. 20 & 32 MS Ch. 43 pp. 1156-1160 MS Ch. 42 pp. 1132-1135 MS Ch. 70 pp. 2073-2079 MS Ch. 39 pp. 1075-1077 Kaplan pp. 309, 311 |
| 3/27 | Adolescent sexual behavior: <ul style="list-style-type: none"> • Pregnancy • Abortion • Infertility Guest Lecturer – <i>Prof. Taylor Grube</i> | S&L Ch. 23 (pp. 415-421) Maternal-child text: Ch. 7 pp. 132-146; Ch. 13 Kaplan pp. 415-417, 450, 476 |
| DATE | TOPIC | ASSIGNMENT |

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| 3/30 | Older Adults in the community Theories on Aging Communicating with the elderly The environment of the elderly community dweller Challenges to effective drug therapy in the elderly | MS: Ch. 11 3 Articles on Blackboard S&L 20 Karch Ch. 6 |
| 4/1 | Cultural Influences | S&L Ch. 5 |
| 4/3 | Easter Break, no classes | |
| 4/6 | Big Board Review Kaplan Community Health Focused Review due today | |
| 4/8 | *EXAM # 3 | |
| 4/10 | Problem Solving: Men's Health issues and exemplars: Erectile dysfunction (ED); Priapism Management of patients with dermatologic problems: <u>Noninfectious</u> inflammatory dermatoses exemplars: Psoriasis; Contact dermatitis/Eczema; Acne vulgaris <u>Infectious</u> exemplars: Fungal skin infections; Herpes zoster ("shingles"); Herpes Simplex | S&L Ch. 20; MS Ch. 59 pp. 1717-1721 MS Ch. 61 pp. 1775-1777; 1783-1787, 1779-1781 Kaplan pp. 57 |
| 4/13 | Child Safety Issues -- Exemplars: Drowning; Poisoning; Burn safety; Car safety; Home environment safety Child Safety quiz due today | S&L Ch. 20 Maternal-child text: Ch. 35 pp. 943-945; Ch. 36 pp. 957-961, 971-974; Ch. 37 pp. 988-990 Kaplan pp. 24 |
| 4/15 | Evidence-Based Practice | S&L Ch.10 |
| 4/17 | Ethical Issues in the Community Three E's quiz due today | S&L Ch. 4 |
| 4/20 | Public Health Problem #1: <ul style="list-style-type: none"> • Alcohol • Tobacco • Other Drug Problems | S&L Ch. 24 |
| 4/22 | Alterations in Self-Perception Concepts and Theory of Substance Abuse (SA) Treatment for SA and Alcoholism Guest Lecturer: <i>Dr. Pam Adamshick</i> | Boyd: Ch. 31 & 39 Kaplan pp. 550-554 |
| 4/24 | Problem Solving: Economic Influences Guest lecturer: Dr. Sabrina Terizzi | S&L Ch. 8 |
| 4/27 | Impaired professionals Substance withdrawal Substance abuse in child and elder populations | Boyd Ch. 31 |
| 4/29 | No Class today- mandatory attendance at NU322 report to Moravian College: MAMA project trip 2015 | |
| 5/1 | Synthesis & Review – looking forward to NU 315 | |
| | The Final Exam TBA: per Moravian College policy, | |

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| | <u>must be taken at the appointed time.</u> | |
| | <i>All Course Evaluations on BB are due prior to taking the final, final exam grades will not be posted until they are completed</i> | |