



MORAVIAN COLLEGE

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NURS311: QUEST TOWARD INDIVIDUAL WELL-BEING Spring 2015 Syllabus[▼]

COURSE INSTRUCTOR: Karen Groller, MSN, RN-BC, CMSRN

Office: Hamilton Hall-Room 202

Email: grollerk@moravian.edu

Office phone: (610)625-7767

Cell: (610)533-4252

Office Hours: Mondays & Fridays 0920-1020, Wednesdays 1200-1400; or by mutually-arranged appointments

CLINICAL INSTRUCTORS:

Karen Groller MSN, RN-BC, CMSRN

Email: grollerk@moravian.edu

Cell: (610)533-4252

Lisa Adam RN, MSN

Email: diz1962@comcast.net

Phone: (610)417-1010

Elise Colancecco MS, RN, CCRN

Email: ColanceccoE@moravian.edu

Cell: (570)778-2979

Office: (610)625-7962

Lindsay Corvino RN, BSN

Email: stlrc01@moravian.edu

Phone: (610)533-2303

Wanda Reitz MS, RN

Email: reitzw@moravian.edu

Phone: (610)573-9042

Barbara Wescoe MSN, RN

Email: b56wesco@ptd.net

Phone: (484)515-4422

CLASS TIME AND LOCATION:

Class: M-W 1020-1130

Problem Solving Session: F 1020-1130

Location:

Moravian College, Priscilla Payne Hurd Academic Complex, Room 335

Clinical: Tuesday & Thursday

6:45-3:15

Location: Assigned units at St.

Luke's Bethlehem & observation site visits

CATALOG/COURSE DESCRIPTION: A clinical practicum course which applies concepts of health and well-being for individuals across the life span with an emphasis on adult health. Students develop a foundation for holistic and evidence-based nursing practice utilizing physical and psychosocial skills to plan and deliver quality nursing care.

COURSE CREDITS/UNITS/HOURS:

Course Unit:	1
Theory Hours:	7/week
Clinical Hours:	16/week

PREREQUISITES: NURS205, NURS 115, NURS 212
CO-REQUISITES: U or M LINC electives (2 course units)

COURSE OBJECTIVES:

1. Examine alterations in health throughout the life span.
2. Analyze specific issues related to health maintenance of the individual.
3. Demonstrate specific psychomotor skills to maintain or improve the individual's health in a safe manner.
4. Utilize pharmacologic, nutritional, complimentary therapies and nursing interventions in meeting the needs of the individual.
5. Demonstrate accountability to nursing practice by providing safe, patient-centered and high-quality care based on evidence with a diverse healthcare team.

REQUIRED TEXT:

Doenges, M.E., Moorehouse, M.F. & Murr, A.C. (2010). Nursing diagnosis manual: planning, individualizing, and documenting client care. (4th ed.). Philadelphia: FA Davis Company. (ISBN: 978-0-8036-2804-5)

Kaplan Products-2nd semester for sophomore level

Potter, P., and Perry, G. (2013). Fundamentals of Nursing (8th ed.). Mosby, Elsevier (ISBN:978-0-3230-7933-4).

Hinkle, J. L. & Cheever, K. H. (2014). *Brunner & Suddarth's textbook of medical-surgical nursing* (13th ed.). Philadelphia: Lippincott Williams & Wilkins. (**Smeltzer 2 Volume Set w/PrepU** ISBN: 978-1-4698-5433-5)

RECOMMENDED TEXT:

American Psychological Association. (2010). *Publication Manual of the American Psychological Association* (6th ed.). Washington, D.C.: American Psychological Association. (ISBN: 978-1-4338-0561-5)

Deglin, J. H. & Vallerand, A. H. (2014). *Davis's drug guide for nurses* (14th ed.). Philadelphia: F. A. Davis Company. (ISBN:978-0-8036-3976-8 or access to any pharmacology guide...Micromedix or epocrates applications on mobile devices)

Jarvis, C. (2012). Physical Examination and Health Assessment (6th edition). Elsevier, Saunders. (already purchased in previous course [Nurs212] ISBN:978-1-4377-0151-7)

Martinez de Castillo, S.L. & Werner-McCullough, M. (2012). Calculating drug dosages: An interactive approach to learning nursing math. (3rd ed.). Philadelphia: FA Davis Company. (ISBN for paper copy of text and Multimedia CD/workbook is 978-0-8036-2497-9; ISBN for online access card that contains paper workbook and contents from CD digitally is 978-0-8036-3969-0) Visit www.DosageCalc.com for more information

Nugent, P.M. & Vitale, B.A. (2012). Fundamentals success: A Q&A review applying critical thinking test taking. (3rd ed.). Philadelphia: FA Davis Company. (ISBN: 978-0-8036-2779-6)

REQUIRED TECHNOLOGY/SOFTWARE

BlackBoard® (BB)-Each student must enroll in the course on our course-specific virtual classroom.

Cmaps® software-Creates digital concept maps (free download available from <http://cmap.ihmc.us/download>)

iClicker or iClickerGO™ v6.1 Student Response System (available for purchase in mobile subscription or handheld device formats at the Moravian College Bookstore register if needed). All students require an iClicker as iClicker technology will be used during class time. Students are required to bring their iClicker or iClickerGO device to class with them. It is the student's responsibility to make sure that the iClicker device is working and that battery life is sufficient. iClicker technology will be used in several ways to:

- Monitor Attendance.
- Serve as a method for in-class quizzing. Two to five random questions will be asked during class reflecting course readings. These 'quiz' questions will be scored and used towards the participation grade. Each student who answers a question will receive 1 point; 2 points will be awarded for each correct answer.
- Ask 'On the fly' questions. This is a way to actively participate in classroom learning. No points will be awarded for these questions.
- Poll the audience by 'survey'. These questions are not graded but will serve as a method for polling content understanding.

RECOMMENDED TECHNOLOGY/SOFTWARE:

Lippincott Publishing PrepU Program [included with Smeltzer et al textbook purchase] is web-based software that contains questions based on medical-surgical content. This program is intended to promote your understanding and learning of content in this class and future med-surg nursing courses. The questions are presented in a computer adaptive format which is the format used for the NCLEX-RN. You will be encouraged to complete quizzes based on chapters chosen by your course faculty to assist you in preparing for course exams. It is your responsibility to register and enroll for the Smeltzer textbook PrepU program.

AUDIO-VISUAL:

Videos, CD-ROMs, and selected readings as announced available through Kaplan, on Blackboard, and on reserve in Estes Library at St. Luke's Hospital and/or on reserve in Reeves Library at Moravian College.

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STUDENT EXPECTATIONS & COURSE POLICIES:

Students are responsible to respect and hopefully embrace the nursing department philosophy.

Ethos Statement

Grounded in local and global partnerships, nursing at Moravian blends compassionate art with scientific inquiry to achieve a transformative education deeply rooted in a rich liberal arts tradition. At its core the program seeks to develop students who are acutely aware of the world in which they live and their responsibilities of living in a global, inter-dependent community. The program cultivates a professional nurse graduate who values lifelong learning and service to others within a framework of social justice.

Students are responsible to adhere to the 4 A's

1. **Attendance-** Class and clinical attendance is an expectation! Make every attempt to come to all the class sessions, to come to class on time, and to stay until the end of the meeting unless you have informed me that you must leave early.
 - **Class and clinical attendance is an expectation.** Students are expected to be prepared and attend all class/clinical meetings. This includes completing necessary assignments prior to attending class/clinical. Students who are not prepared for class/clinical may not be able to meet course standards and therefore are at risk for course failure. Tardiness is a distraction to the class and will not be tolerated. The instructor reserves the right to deduct points off the student's final course grade if a trend of tardiness is evident.
 - **If unable to attend a class**, please contact the instructor via email or phone prior to the start of the class session. **Failure to notify the instructor may result in one point for each occurrence off the final course grade based on 100 points.** For example, if you earned a final course grade of 94% (A) but had two class absences your earned grade will be recorded as a 92% (A-). **Absence due to illness requires written verification from a licensed physician or nurse practitioner and no point deduction will occur unless trends are identified.** Students are responsible for obtaining any notes, handouts, or other class items from classmates. Class absence during a quiz or examination is not guaranteed an opportunity for make-up (<http://www.moravian.edu/studentLife/handbook/academic/academic.html>). In-class iClicker™ questions cannot be completed later to be counted toward course grade. Therefore it is important you attend class as you can miss out on earning iClicker™ points. Students are encouraged to review the **Attendance Policy** in the Nursing Student Handbook.
 - **If unable to attend clinical**, the student must contact the clinical instructor the morning of the clinical experience by phone two hours prior to the clinical start. **Clinical absence requires makeup⁺⁺.** Alternative assignments may be required at the discretion of the course faculty in addition to clinical makeup.

⁺⁺Be sure to view the Clinical Attendance in the Moravian College Nursing Student Handbook. Refer to discussion on page 6 of the syllabus for more information regarding this policy and general details regarding clinical expectations.⁺⁺

2. **Active learning-** Each student is to own his or her learning by engaging in the learning process. Active participation is measured by demonstrating responsibility and ownership in the learning process. Some examples of participation are as follows: in-class use of iClickers, completing required readings, assignments, discussion, and/or providing feedback by the due date. **This is reflected in the methods of evaluation as Daily Life Course Investment. Students are expected to use technology responsibly (see netiquette handout).** Technology use in the classroom is anticipated, however device activities that distract from learning will not be tolerated (i.e.-texting, social media, web-surfing). Course assignments will require

use of a computer/tablet with internet access to Blackboard. Additionally, holding others accountable for preparation as student and instructor will deepen our exploration of knowledge and its applicability throughout the semester.

The course schedule serves as a general guide and is subject to change with classroom or email notification to students. **The instructor reserves the right to flex the schedule or way content is delivered to best meet the needs of the class.**

3. **Academic Integrity**- Students are responsible to maintain scholarship by being professional and honest in producing their own academic work. In accordance with the Student Handbook statement on Academic Honesty (<http://www.moravian.edu/studentLife/handbook/academic/academic2.html>) the following include acts of academic dishonesty and participation in such will result in possible course/assignment failure:
 - **Plagiarism** is the intentional use of another's words or ideas as your own. This can range from using another individual's direct words or changing the words slightly (paraphrasing) without the appropriate citation to purchasing a paper from the Internet or a professional writing service. Refer to the Moravian College Academic Honesty Policy in the Student Handbook. APA format is required for all written assignments unless specified otherwise.
 - **Cheating** comes in many forms but essentially results in work being submitted with unauthorized use of resources or peer help. **Sharing/ exchanging information on online/in-class quizzes or examinations is considered cheating. Engaging in such behavior may result in the student receiving a point deduction or failing grade (0%) for the assigned activity.**
 - **Falsification** is when the student provides a false excuse for an absence from an examination, test, quiz or other course requirement, directly or through another source. **There will be no opportunity to make up online quizzes. In-class examinations may be possible but is not guaranteed. Factors determining make-ups depend on but are not limited to: the time faculty are informed or the class absence, the nature of the absence and review of student's previous class performance.**
 - Other **unprofessional behaviors** such as tampering, damaging or hindering the work of others to complete their own assignments will not be tolerated.
 - Additionally **Nursing students are held accountable for the policies** stated in the Nursing Department Student Handbook 2014-2016. The handbook may be retrieved at <http://home.moravian.edu/public/Nursing/studentHandbooks.html>
4. **Accommodations for learning**-Students are empowered to seek additional assistance through campus resources, such as the Writing Center or Learning services, to support course success.
 - **The Writing Center**, on the second floor of Zinzendorf Hall, is there to support the efforts of all writers at Moravian College. The tutors there are students who are good, experienced writers and who are professionally trained to help you improve your writing. The Writing Center is located in a building that is not accessible to persons with mobility impairments. If you need the services of the Writing Center, please call 610-861-1392.
 - **Learning Services Office:** Students who wish to request accommodations in this class for a disability are encouraged to contact the Learning Services Office as soon as possible to enhance the likelihood that such accommodations are implemented in a timely fashion. Students who wish to request accommodations in this class for a disability must contact Ms. Elaine Mara, assistant director of academic support services for academic and disability support at the lower level of Monocacy Hall, or by calling 610-861-1401 or emailing at marae@moravian.edu. Accommodations cannot be provided until authorization is received from the Academic Support Center.

CLINICAL:

Performance in the clinical practice area is evaluated as *satisfactory* or *unsatisfactory*. In order to earn a *satisfactory* evaluation, the student must achieve each course objective and supporting criteria as well as complete all clinical assignments in a satisfactory manner.

- **Students are required to earn a score of 90% in each drug calculation quiz in order to administer medications and progress in the course.** If this score is not achieved, students will remediate and be re-evaluated with a second drug calculation competency. Failure to achieve a score of 90% on second attempt will result in a grade of unsatisfactory for course objective 3 in the formative evaluation. A third and final drug calculation competency will be given to the student. If the student does not achieve the 90% benchmark required for practice, the student will be unable to administer medications, which will result in an unsatisfactory formative clinical evaluation. Therefore, **STUDENTS ARE REQUIRED TO EARN A 90% SCORE IN EACH DRUG CALCULATION QUIZZES IN ORDER TO PROGRESS IN THE COURSE.**
- Students are expected to adhere to the policies and procedures of the clinical agencies in which they are assigned.

CLINICAL ATTENDANCE:

- Clinical attendance is *mandatory* for the student to consistently demonstrate the ability to meet course objectives. It is the student's responsibility to notify the appropriate person(s) as identified by course faculty in the event that he/she is unable to attend clinical experiences. Such notification is to occur up to two hours prior to the scheduled clinical experience. If a student is absent from class/clinical activity due to illness, a health care provider's statement verifying the illness and certifying that the student is able to resume class or clinical activity may be required.
- All clinical absences will be tracked in a database for review by future course instructors and the Chairperson of the Department of Nursing. Students who request time off from clinical, due to events in which they have no control (death of a family member), will contact the course faculty and the clinical instructor, and the determination for clinical makeup will be decided. Students who arrive to clinical practice late or leave early may be required to make up those cumulative minutes at the end of the semester on a clinical makeup day. It is up to the discretion of the course faculty to require clinical makeup for students who routinely leave clinical early due to co-curricular activities. For student involved in co-curricular activities such as sports or music, etc, schedules must be submitted to clinical faculty at the beginning of the semester so that clinical experiences can be appropriately determined.
- Students will be required to makeup clinical absences. **The designated clinical makeup day will be scheduled on the Saturday after clinical practicum (May 2, 2015). It is mandatory that students requiring clinical makeup attend that makeup day. Students will be charged \$250.00 per day of clinical make-up to reimburse the department for clinical supervision and administrative fees.** All clinical requirements, including make-up, must be completed by the end of the final examination period for that semester. Any associated fees must be paid in full by the end of the final examination period for that semester. Students are exempt from clinical make-up if they are attending a faculty-approved conference (i.e.-NSNA or SNAP convention). In the event that a student receives an excused absence for a required educational trip and later in the semester incurs more clinical absences, the student may be in a position to consider withdrawal from the course, if the clinical experiences absences are too numerous to be made up within the available faculty contract time.
- In the event of a protracted illness requiring multiple missed clinical days, the student, course instructor(s), and Chairperson will meet to discuss alternatives and develop an individual education plan.

ADDITIONAL INFORMATION:

- **College policy will be followed relative to inclement weather.** Please check the AMOS website (<https://amos.moravian.edu/ics>) or call (610)625-7995 for any announcements relative to weather and the cancellation of class.
- **The student is expected to check Blackboard and their email daily** to keep well-informed of information regarding this course.
- **The instructor will respond to any written communications** (i.e.-emails, hand-written notes, etc.) regarding this course or academic advisement in the timeliest manner. A timely response by the instructor can be expected within 24-48 hours (during weekdays) and 72 hours (on weekends) upon receipt of the written communication. The instructor will not check emails after 5:00PM.
- **The student is required to complete a course evaluation** by the day of the final examination. This is an anonymous system required by the college in all courses. Failure to submit the course evaluation will result in the instructor withholding the student’s final course grade to the registrar’s office. Therefore an incomplete (I) will be awarded until the evaluation is complete.

METHODS OF COURSE EVALUATION* ,#:

Three examinations will be taken online in a proctored setting. Daily Life Course Investment will be measured through pre- and post-lecture activities and active participation in class through answering questions posed by the instructor and recorded on the automatic response system (iClicker). A clinical team project will require the student to work with a team to investigate a clinical care concern and create a population-specific nursing plan of care using pertinent knowledge and skills learned up to this point of their curriculum.

1. Examinations	65%
• Module Examinations:	
○ Exam 1**	5%
○ Exam 2	10%
○ Exam 3*+	15%
• Final (Not cumulative)	15%
• Medication Calculation Quizzes+ (2 @ 5% each)	10%
• Kaplan Proctored Fundamentals Exam (MC Program Requirement)	10%
2. Projects	20%
• Concept Map	10%
• Clinical Team Project & Presentation	10%
3. Daily Life Course Investment	5%
• iClicker Participation	2.5%
• Reflections (Discussion Boards/Wiki/Team Activities)	2.5%
4. Formal Paper-(MC Program Requirement)	10%
• Clinical Reasoning Assessment	
5. Clinical Evaluation*** ,	P/F
• Role experience reflection	S/U
• Woundcare, Urology, and Bariatric experience reflections	S/U

* The Moravian College nursing program is accredited by the Commission on Collegiate Nursing Education. As part of the accreditation process the program must provide evidence of assignments completed by students. Any of the methods of evaluation used in this course, may be used as evidence of student assignments during the accreditation process.

It is within the instructor's purview to apply qualitative judgment in determining grades for any assignment and for the course final grade.

**Extra credit will be offered for the successful completion of the Kaplan Focused Tests on Basic Math. Students completing the module with a score of 90% or greater, will receive five (5) points added to exam 1 grade. Students may complete the module multiple times however time taken per attempt and between attempts will be monitored. Attempts must be a minimum of 24 hours apart. Insufficient time periods will not be awarded points.

*+Extra credit will be offered for the successful completion of the Kaplan Focused Test on Fluid and Electrolytes. Students completing the module with a score of 90% or greater, will receive five (5) points added to exam 3 grade. Students may complete the module multiple times however time taken per attempt and between attempts will be monitored. Attempts must be a minimum of 24 hours apart. Insufficient time periods will not be awarded points.

+ Students are required to earn a score of 90% in each drug calculation quiz in order to administer medications and progress in the course. If this score is not achieved, students will remediate and be re-evaluated with a second drug calculation competency. Failure to achieve a score of 90% on second attempt will result in a grade of unsatisfactory for course objective 3 in the formative evaluation. A third and final drug calculation competency will be given to the student. If the student does not achieve the 90% benchmark required for practice, the student will be unable to administer medications, which will result in an unsatisfactory formative clinical evaluation. Therefore, STUDENTS WILL BE REQUIRED TO EARN A 90% SCORE IN EACH DRUG CALCULATION QUIZZES IN ORDER TO PROGRESS IN THE COURSE.

***Failure to obtain a Satisfactory clinical evaluation will result in a grade of F for the course. Includes satisfactory completion of Practicum: Skill Demonstration, MedCalc Quiz #1⁺ and Quiz #2⁺, required assignments, clinical worksheets, weekly clinical experience reflections via wiki and conference participation.

NOTE: Individual directives (guidelines) will be posted on Blackboard to assist students in understanding the expectation for assignments with regard to academic performance.

GRADING POLICY:

1. **Assignments are expected on or before their due date.** Five points per day will be deducted from grade if assignments are handed in late.
2. **Student Submissions should adhere to the following criteria:**
 - The student's name and date should appear on title page of each assignment being submitted. Assignments consisting of multiple pages should use APA header format (please use header functionality in Microsoft word and refer to APA style for format). Standard size paper (8.5" x 11") is required for all in class writing and submitted assignments.
 - Multiples pages of a paper must be stapled together or secured with a paper clip prior to submission. Staplers are not provided in the classroom for this purpose.
 - Electronic submission of papers is accepted under the appropriate assignment dropbox created in Blackboard. If an electronic assignment submission is created, the student must submit only one (1) document, which is named with the students' last name, first initial, course number/section and name of assignment (i.e.-Grollerk_Nurs311_ClinicalReasoningScenario). Assignments will not be accepted through instructor's email unless instructed to do so.

3. **All quizzes/examinations are to be taken at the scheduled time**, unless the instructor is notified of a competing previously scheduled scholastic or athletic activity as per college policy. Missed exam/quiz is not guaranteed makeup regardless if absence is legitimate. Under extreme circumstances the course faculty may determine an alternate examination. **The Final Exam, per Moravian College policy, must be taken at the appointed time.**

4. **The grading scale in the nursing department is as follows:**

A =93-100	B- =80-82.99	D+ =67-69.99
A- =90-92.99	C+ =77-79.99	D =63-66.99
B+ =87-89.99	C =73-76.99	D- =60-62.99
B =83-86.99	C- =70-72.99	F <u>≤</u> 59.99

∇ *This syllabus is subject to change.* Please note while I will try to hold to the flow of the syllabus, it is subject to change over the course of the semester.

NURS311: TOPICAL OUTLINE[∇] (see Course Schedule for exact dates and assignments on topics)

Week	Module	Function Health Pattern	Content	Clinical Skills
1	1	Health perception-management	Medication Administration Infection prevention and control, safety concepts and principles	Med administration (all routes except IV and injection) Glucometry Electronic health record charting Concept maps Medication calculations Med administration (SQ/IM) Oxygenation Sterile gloving Specimen collection Urinary and Rectal tube insertions
2				
3	2 Medcalc quiz 1	Sleep-rest	Sleep disorders -normal pattern -factors affecting sleep -disorders: Restless Leg Syndrome, Obstructive Sleep Apnea	Simulation: Care of the diabetic patient
4	3 Exam 1	Activity-exercise	Respiratory functions -upper and lower infections -COPD -Asthma Acid-Base introduction	
5	4	Value-belief	Value-Belief -Stress and Coping (pt and caregiver focus) -anxiety -Spirituality	
6	5 Exam 2	Nutrition-metabolic	Fluid & electrolytes -overview of Na, K, Ca, Mg, Cl and Phosphorous -assessment -management Acid-base -principle -types: metabolic/respiratory -concept: uncompensated, partially and fully	
7				Nutrition alterations-Part I -healthy nutrition

			-special diets -enteral feedings -parenteral therapy	Wound & ulcer care IV drug calculations
8	SPRING BREAK			
9	Exam 3	Nutrition- metabolic	Nutrition alterations-Part II -Metabolic syndrome -Gastric bypass -Ulcer and wound Management --types (pressure, arterial, venous, diabetic)	
10	MedCalc Quiz2			
11	6	Elimination	Gastrointestinal/bowel -acid reflux disease -gastritis -Peptic Ulcer Disease -gallbladder disorders -bowel infection -irritable bowel syndrome -fecal diversions -associated pharmacotherapy Urinary -infection (UTI) -incontinence -BPH -urinary diversions -nursing management -associated pharmacotherapy	
12				
13	7	Cognitive- perceptual	Pain Sensory alterations -sensory stages: (overload, deprivation, loss) -assessment and safety considerations of pt with sensory issue -visual: (cataracts, glaucoma, macular degeneration and retinopathy) Confusion -delirium -dementia -assessment strategies -management and care considerations	
14				Practicum- Comprehensive testing of skills
15	Final			

*Schedule is subject to change

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Clinical hours: 104