

## Syllabus for PHED 236 Health and Safety

Moravian College

Mondays 6:30pm – 8:00pm October 20, 27, November 3, 10, 17, 24, December 1

Classroom: PPHAC 235

Fall II 2014

### Instructor:

Shelley Bauder

Phone: 610 625-7849 Email: bauders@moravian.edu

Department of Athletics and Physical Education Office 116

Office Hours 9:30AM-3:00PM Monday-Friday

**Catalogue Description of Course:** Aspects of health and safety in the classroom will be presented to prospective teachers. Selected topics include: school safety, preventive health, child abuse, HIV/AIDS, substance abuse, suicide prevention, eating disorders and related topics. This course is for students preparing for educational careers.

**Design of Course:** In order to introduce the prospective educator to selected concepts of health and safety this course will utilize student projects and guest speakers in the weekly classes. The required variations for each developmental level represented by the K-12 student will be identified in concept/topic and for each student project. Recognition of the wide range of cultural and socio-economic issues represented in today's classroom is an integral part of each concept/topic.

**Class topics** include the following (order of concepts maybe may change due to speakers or student needs):

#### 1. Concept of Vulnerability with students K-12

- Safety for students and educators K-12
  - Identification of a safe environment, safe behavior
  - Factors that disrupt safety of students and staff in schools
  - Handling of emergency situations – minor to crisis
  - Personal protection
  - Teacher safety
- Abuse occurring with pupils in K-12
  - Recognition of abuse – developmental differences
  - Who are the abusers – adults and peers
  - Types of abuse – neglect, physical, emotional, sexual abuse, student to student abuse
  - Regulations – school system, state laws, reporting procedures, mandated reports/reporter

#### 2. Concept – Stress/Risky Behaviors/ Responses

- Healthy coping behaviors
- Identification of at-risk groups – developmental differences
- Recognition of the stress for the individual student and/or groups of students
- Risky behaviors -substance abuse, eating disorders, cutting, suicide, teen pregnancy, sexually transmitted diseases, and HIV/AIDS
  - Society attitudes/cultural responses
  - Coping responses and strategies

## Course Requirements:

1. 100% attendance of **all 7 classes**.
2. The grade for this class is pass/fail based on the fulfillment of attendance, and successful completion of the project (short paper and oral presentation) detailed below. It is within the instructor's purview to apply qualitative judgment in determining grades for an assignment or for the course.
3. Students who wish to request accommodations in this class for a disability should contact Elaine Mara, Assistant Director of Academic & Disability Support, located on the first floor of Monocacy Hall, or by calling 610-861-1401. Accommodations cannot be provided until authorization is received from the Academic Support Center.
4. REMINDER: all projects should reflect a chosen developmental level such as K-3, 4-5-6 grades, middle school, and secondary school.

### **PROJECT CRITERIA:**

Each student must select four websites that deal with the chosen Health and Safety topic in regards to the appropriate developmental level. Two web sites would be specifically chosen to educate other teachers and the other two sites would be those that could be used in the classroom to educate the students.

#### **Short Paper**

This will be submitted in a "traditional" paper style (regular margins, double spaced, 12 font). Write at least two paragraphs (per site) that summarizes the author's main ideas. Answer these questions (as they apply) and any of your own, within the paper: Did the website have appropriate information to use in the classroom, was it up to date, was it too technical, did it have relevant information for educators, did it provide helpful links to other web sites, and/or was it easy to search? **Papers are due the day on which you're assigned to present.**

#### **Oral Presentation**

Summarize your paper, show the websites in class, and highlight the key attributes of the websites. Give a five to ten minute summary of your findings and conclude with your thoughts and ideas for discussion.

5. Plagiarism is unacceptable. Plagiarism is the intentional use of another's words or ideas as your own. This can range from using another individual's direct words or changing the words slightly (paraphrasing) without the appropriate citation to purchasing a paper from the Internet or a professional writing service. Refer to the Moravian College Academic Honesty Policy in the Student Handbook.