

SYLLABUS FOR PHED 191.1 PRINCIPALS OF COACHING

Moravian College
Principals of Coaching
Thursdays 10:20-11:30 AM
Johnston Hall Classroom
Spring II 2014

Faculty: Jim Walker
Department of Athletics and Physical Education
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Office Hours 9:00AM-4:00PM M-F Call for appointment
610-861-1531 (O) 610-390-9298 (C)

COURSE OBJECTIVES

This is an introductory course for students to learn about the profession of coaching athletes for any sport. Students will learn how to develop a coaching philosophy, how to motivate athletes, how to teach techniques and tactics, how to develop training programs, how to plan for practices and seasons and how to manage athletes and other people you will work with.

COURSE REQUIREMENTS

1. Attendance
2. Active Participation and completion of in class assignments
3. Cooperation with classmates and instructors
4. All absences must be excused and will be dealt with on an individual basis.
5. Satisfactory and on time completion of all out of class assignments: Coaching Philosophy, Practice Schedule, Scouting Report & Article Summaries
6. If all requirements are met the student will pass the course.

SCHEDULE

3/13 Introduction to Coaching Principles & Developing Your Coaching Philosophy
3/20 Developing Your Coaching Behaviors-Communication Skills, Motivation Skills & Management Skills
3/27 The Coach as a Teacher & the Management Role of the Coach
4/3 The Assistant Coach
4/10 Understanding the Role of Training as a Coach
4/24 Coaching Principles Self-Study and Wrap-Up

BE SURE TO BRING:

- Clothes for Physical Education as directed from the second class on.
- A notebook and pen or pencil.
- Enthusiasm for learning how to coach

"Students who wish to request accommodations in this class for a disability should contact Elaine Mara, assistant director of learning services for academic and disability support at 1307 Main Street, or by calling [610-861-1510](tel:610-861-1510). Accommodations cannot be provided until authorization is received from the Academic Support Center."