



**MORAVIAN COLLEGE**  
**Bethlehem, PA**

**NURS 115B: Foundations of Nursing and Healthcare**  
Fall 2013

Period 3a 10:20-11:30 AM Tuesday & Thursday

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**Course Description;**

The process of critical thinking as a basis for open inquiry into assumptions, beliefs, and values about the discipline of nursing will be analyzed for nursing in a dynamic, multidisciplinary health care environment. Professional, historical, and socio-cultural issues, as well as ethical and legal standards, will be discussed within the context of health care challenges of the 21st century.

From the Nursing Program Philosophy...

*The process of learning involves accountability, diversity, mutual respect, openness, honesty and a reality base. The nursing faculty has adopted core components for the curriculum and these are Community, Holism, Inquiry & Professionalism (CHIP). These core components provide the foundation for the program and learning outcomes.*

<http://home.moravian.edu/public/Nursing/Revised%20HB%20documents.2012/Section%20II/Section%20II-Nsg%20Program%20Philosophy%20FINAL%208.2012.pdf>

**Objectives:**

1. Describe the evolution of professional nursing, nursing process and nursing theory.
2. Examine socio-cultural perspectives of health and health promotion.
3. Explain the process of inquiry and critical thinking in making decisions for evidence-based nursing care.
4. Explore nursing's role in promoting safe and quality care within a changing health care environment.
5. Develop an understanding of accountability as a member of the multidisciplinary health care team.
6. Recognize the importance of performance standards for professional and ethical practice.

This course provides an introduction to the process of knowledge acquisition in relation to nursing and health care concepts. The focus is on developing students' intellectual capabilities as independent thinkers. Critical thinking is a basis for open inquiry into assumptions, beliefs and values about one's self in relation to human caring, nursing, and health care. Students will utilize a variety of active learning strategies to explore concepts and issues related to nursing and health care. The class will focus on processes used in critical inquiry; therefore, there will be little lecture. Nursing and health care issues will be utilized as a focus for developing critical analysis thinking skills.

**Course Credits/Units/Hours:** Course Units: 1; Theory: 3 hours; Clinical: None

**Placement of Course:** First Year, fall term, required course for nursing majors

**Prerequisites:** None

**Required Textbooks:**

Potter, P. & Perry, A. (2009). *Fundamentals of nursing*. (7<sup>th</sup> ed.). St. Louis: MO: Mosby Elsevier.

Summers, S., & Summers, H. (2009). *Saving nurses – Why the media's portrayal of nurses puts us all at risk*. New York: Kaplan Publishing.

**Recommended Textbooks:**

American Nurses Association. (2010). *Code of ethics for nurses with interpretive statements*. Silver Spring, MD: American Nurses Association. (*On Blackboard, External Links*)

American Nurses Association. (2010). *Nursing's social policy statement: The essence of the profession* (3<sup>rd</sup> ed.). Silver Springs, MD: American Nurses Association. ISBN 978-1558-1027-05

American Nurses Association. (2010). *Nursing: Scope and Standards of Practice* (2<sup>nd</sup> ed.). Silver Spring, MD: American Nurses Association. ISBN 978-1558-1028-28

American Psychological Association. (2010). *Publication manual of the American Psychological Association*. (6<sup>th</sup> ed.). Washington, DC: American Psychological Association. (*Reeves Library Reserve Reference Books*)

Gordon, M. (2007). *Manual of nursing diagnosis*. (11 ed.). Boston, MA: Jones and Bartlett Publishing. (*Chapters 5 & 6 posted on Blackboard only*)

**Required Articles (on Blackboard):**

Lachman, V., Murray, J., Iseminger, K., & Ganske, K. (2012). Doing the right thing: Pathways to moral courage. *American Nurse Today*, 7(5), 24-28. *Nursing* (supplement).

**Course Requirements:**

1. Class attendance is required. Students are expected to be prepared for all class meetings; that means having completed assignments prior to attending class. If unable to attend a class, please contact the instructor at least one hour before class via email or office phone. Arriving late to class is a distraction for others. Beginning with the second late arrival, a student will have 2 points deducted from the grade for each 5 minutes late. Holiday travel, routine medical appointment, and personal family vacations are not acceptable reasons to be absent from class or required learning activities. Students are responsible for obtaining any notes, handouts, or other class items from classmates. If a student is absent on the day an assignment is due, that assignment is expected to be submitted electronically. Experiencing printer issues is an unacceptable reason for a late paper.
2. Use of a computer, basic PC literacy, and Internet access are required.
3. A Course Blackboard is used for supplemental instruction in this course. Students are responsible for checking the blackboard every 2 days for announcements and information posted there. Students experiencing difficulty with accessing the College network are accountable for seeking resolution from the CIT Help Desk (x 7929) within 24-48 hours of the problem.
4. A student is required to complete a course evaluation (electronically online) before the last class meeting day of the term. This is an anonymous system required by the College in all courses. Failure to submit the course evaluation data will result in the instructor withholding the student's final course grade posting.
5. **Attendance at the Janet A. Sipple Lectureship on October 23, 2013;** Foy Hall, South Campus; 5:30 – 7:30pm; Topic= “*The Growing Concern about Mental Health Issues in the Nation*”  
Presenter: Dr. Mary Moller; Associate Professor, Yale University School of Nursing

### **Alternative Learning Programs**

In the case of unavoidable class absence due to pre-approved events and/or personal acute illness, a list of alternative learning options will be provided. Please notify the instructor in advance in the event a substitute assignment is indicated which will be subject to approval by the Instructor. A maximum of 2 substitutes for acceptable reasons may be made and each will require a written assignment report due at the following class session.

### **Course General Information**

1. Students are expected to maintain an electronic copy of all written work for replacement in case of lost papers. Such loss is unavoidable due to volume of papers being submitted in a semester.
2. The course topical outline serves as a general guide and is subject to change with classroom or email notification to students. There are three sections of NURS 115 and each may be run by the Instructor in a different manner, content, or schedule. Be aware of this fact when you are exchanging information with other students who may be in a different section of the course.
3. Plagiarism is the intentional use of another's words or ideas as your own. This can range from using another individual's direct words or changing the words slightly (paraphrasing) without the appropriate citation to purchasing a paper from the Internet or a professional writing service. APA format is required for all written assignments unless otherwise indicated.
4. Students are encouraged to participate in the full range of the college community programs, events, and sports. These events are routinely scheduled to begin at 4:00 PM; therefore, students should not request to leave class early to participate in extra-curricular events.
5. Instructor absence – In the event of acute illness of the instructor, a substitute teacher will cover the class. Should a class session need to be cancelled it will be announced on the course blackboard or posted on the classroom door. Every attempt will be made to notify students in advance.
6. Learning activities stated on the topical outline section of this syllabus are to be completed prior to class time. The student can expect to work approximately 6-8 hours per week in preparing for this class.
7. Students who wish to request accommodations in this class for a disability should contact Elaine Mara, assistant director of learning services for academic and disability support at 1307 Main Street, or by calling 610-861-1510. Accommodations cannot be provided until authorization is received from the Academic Support Center.
8. Communication between instructor & student can be facilitated through the use of email. Students are expected to check their email every day or two. The instructor does not check emails after 8:00 PM or before 8:00 AM.
9. College policy will be followed relative to inclement weather. Please check the College web-site or call (610) 625-7995 for any announcements relative to weather and the cancellation of class.
10. Nursing students are held accountable for the Nursing Department policy stated in the School of Nursing Student Handbook 2013-2014. The handbook may be found on the P drive of the college at <http://home.moravian.edu/public/Nursing/HandbooksPage.html>. The student will be required to sign a statement that this information was announced to them as part of this course content.

### **Classroom Policy:**

Adult behavior based on custom and tradition is expected at all times. Mutual respect of each other and consideration for ideas and opinions is required of all. Cell/laptop phone use including text messaging is inappropriate in the classroom.

### **Methods of Evaluation:**

Quizzes & Examinations (45%)	
• Quizzes & Homework	10%
• Midterm exam	15%
• Final exam	20%
Formal Papers (45%)	
• Reflective Papers #1 - To be or not to be [5.0%] #2 - Health Care Issue [7.5%] #3 - Revision of #1 [2.5%]	15%
• Scholarly Paper (health care issue)	20%
• Basic Research Critique	10%
Team/Group Presentation (10%)	
• Group presentation project (Health care issue/nursing resolution)	10%
Course Evaluation (electronic survey required)	0%
<b>TOTAL</b>	<b>100%</b>

### **Directives for Assignments**

A general guideline will be posted on Blackboard to assist students in understanding the expectation for assignments with regard to academic performance.

**NOTE:** *\*The Moravian College nursing program is accredited by the Commission on Collegiate Nursing Education. As part of the accreditation process the program must provide evidence of assignments completed by students. Any of the students written work in this course, may be used as evidence of student performance during the accreditation process.*

### **Writing Center**

Students who wish to improve their writing or are experiencing issues in writing will be referred to the College Writing Center. This is an excellent resource available to students in support of being a successful student. Take advantage of this resource.

### **Grading Policy:**

1. Assignments are expected on or before the due date. If class assignments are submitted late, five points per day will be deducted from the grade. The grading scale in the Nursing Program is as follows:

A =93-100	B- =80-82	D+ =67-69
A- =90-92	C+ =77-79	D =63-66
B+ =87-89	C =73-76	D- =60-62
B =83-86	C- =70-72	F = <60

2. It is within the instructor's purview to apply qualitative judgment in determining grades for any assignment and for the course final grade.

3. The student's name and date should appear on each page of an assignment being submitted. Standard size paper (8.5" x 11") is required for all in class writing and submitted assignments.
4. Multiples pages of a paper must be stapled together prior to submission. Staplers are not provided in the classroom for this purpose.
5. Electronic submission of papers is not acceptable unless authorized by the instructor, e.g. in the case of absence due to illness.
6. Late papers will have points deducted from the assignment score.
7. There are no excused absences granted in this course.

## Topical Outline

DATE	TOPIC	LEARNING ACTIVITIES
<b>Week</b>		
8.27	Course introduction: Foundation for success	Potter & Perry (P&P): Ch. 1
	Welcome by Dr. Kerry Cheever, Chairperson	
	What is health, wellness, & nursing?	
8.29	Our roots & values: historical perspectives	P&P: Ch. 1; Search & print
	Roles of the Nurse & Educational Preparation	out an early nursing “hero”
		(before 1950) – for discussion
<b>Week 2</b>		
9.3	How nurses think and come to know	P&P: Ch. 15
	1. Critical thinking	<b>Reflection #1 due</b>
	2. Patterns of knowing	
9.5	In-Class activity	<b>View “Wit” before class</b>
<b>Week 3</b>		
9.10	Clinical reasoning in the practice setting	P&P: Ch. 15; <b>Quiz1</b>
	1. Nursing Process	Gordon handouts on BB
	2. Gordon’s Functional Health Patterns	QSEN video: part 1
	3. Quality & Safety Education for Nurses	<a href="http://youtu.be/HnksQO7oi_Q">http://youtu.be/HnksQO7oi_Q</a>
	(Watch video prior to class)	
<b>9.12</b>	<b>Convocation: REQUIRED</b>	There will be an assignment
	<i>“Re-Creation: The Biotechnological Restructuring of Life.” Dr. Wolpe</i>	linked to this presentation. Please make sure I know you attended
<b>Week 4</b>		
9/17	Library tutorial on:	Room TBA: Mandatory!
	A. Controlled vocabulary	
	B. Database searching: CINAHL	
9.19	What constitutes a research article?	P&P: Ch. 5
	- Basic critique of research	Bring research article for
	- Fundamentals of APA 6 <sup>th</sup> edition	group project to class
		<b>Group Project due by</b>
		<b>September 24, 2013</b>
<b>Week 5</b>		
9.24	Nursing Theories and Models	P&P: Ch. 4; <b>Quiz 2</b>
		<b>Article due for approval for</b>
		<b>Research critique</b>

### Topical Outline

DATE	TOPIC	LEARNING ACTIVITIES
9.26	Nursing Theories and Models (continued)	Bring an example of a nursing theory that would guide care of Vivian (in Wit)
	In class discussion/presentation	
<b>Week 6</b>		
10.1	Evidence-based Practice	P&P: Ch. 5 (p. 53-67); <b>Quiz 3</b>
		<b>Research Critique Due</b>
10.3	MIDTERM EXAMINATION	
<b>Week 7</b>		
10.8	Concepts of Health and Wellness	P&P: Ch. 6; <b>Quiz 4</b>
	- Indicators, Healthy People 2020	<b>Guest speaker</b>
	- Global Perspectives; Millennium Goals	
10.10	Health Care Delivery Systems	P&P: Ch. 2
	- Economics, Insurance, "HC reform"	<b>Reflection #2 due</b>
	- Levels of service. QI initiatives	
<b>Week 8</b>		
10.15	NO CLASS – FALL BREAK	
10.17	Environment & Health	Class discussion
	In class movie: <i>Place Matters</i>	
<b>Week 9</b>		
10.22	Social & cultural determinants of health; role of genetics / genomics	P&P: Ch. 9; <b>Quiz 5</b>
10.24	NO CLASS from 1020-1130 – students must Complete the preparation assignment and attend the <b>Janet A. Sipple Lectureship on October 23</b> (syllabus p. 3)	
<b>Week 10</b>		
10.29	Being sick in a strange land: what does this mean? Dr. Janet Sipple. Former Chairperson	Readings on culture & health care in Mozambique
10.31	Professional Accountability: Ethics in Nursing	P&P: Ch. 22
	- Values, Principles & Decision Making	ANA Code of Ethics for Nurses with Interpretive Statements
<b>Week 11</b>		
11.5	Professional Accountability: Legal Aspects	P&P: Ch. 23; <b>Quiz 6</b>
	- Law, Liability & Client Rights	
11.7	Discussion of <i>Saving Lives</i>	Peer review of <b>Scholarly Paper</b>

### Topical Outline

DATE	TOPIC	LEARNING ACTIVITIES
<b>Week 12</b>		
11.12	Professional Standards	
	- Nurse Practice Act	ANA Standards of Practice
	- Scope & Standards of Practice	(p.31-62)
	- Credentialing	<b>Scholarly Paper Due</b>
11.14	Professional Standards (continued)	ANA Social Policy Statement
	- Nursing's Social Policy Statement	(p. 1-35)
<b>Week 13</b>		
11.19	Safe & Quality Care (continued)	Bring an article to class from
	- Class discussion	a newspaper (New York Times,
		Morning Call, etc) that address
		safety and / or error
<b>11.20.2013</b>	<b>Satori Musical Performance: Prosser Hall</b>	
11.21	Student Group Project Presentations	As assigned
<b>Week 14</b>		
11.26	NO CLASS – THANKSGIVING HOLIDAY	
11.28	NO CLASS – THANKSGIVING HOLIDAY	
<b>Week 15</b>		
12.3	Student Group Project Presentations	As assigned
12.5	Last day of class; Review for Final Exam	<b>Revision to Reflection #1 due</b>
	<b>FINAL EXAM Nursing 115 –Section B</b>	
	<b>Friday, December 12: 1:30 – 4:30PM</b>	

\*This schedule may change over the course of the semester. Students will receive notification of syllabus/assignment changes in class and/or through electronic communication (BB/email).

### Winter Break