

St. Luke's Hospital School of Nursing at Moravian College Bethlehem, Pennsylvania



Nursing 314: Embracing the Dynamic Community Spring 2013

Maria Schantz PhD, RN E-mail: <u>schantzm@moravian.edu</u> Phone: (610) 625-7812 Office: Hamilton 100 Office hours – Mon. & Wed.: 2:30-3:30PM an/or by appointment Class Meets: M W 1:10-2:20PM Problem solving: F 1:10-2:20PM Classroom: Memorial 302 Clinical: Tues. or Thurs. 08:00-16:30 Clinical sites and times vary See schedule

Beth Gotwals RN, PhD Email: <u>bgotwals@moravian.edu</u> Phone: (610) 861-1590 Cell: (215) 407-2403 Office: Zinzendorf 201 Office hours – See Blackboard

Janet Sipple RN, EdD E-mail: <u>sipplej@moravian.edu</u> Phone: 610-861-1608 Beeper: 610-606-3602 Office: PPHAC 222 Office hours – See Blackboard **Prerequisites:** Nursing 310, 312, 331.2

**Co-requisite:** Nursing 339, 332.2

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**Catalog/Course Description:** A clinical practicum course which provides a foundation to facilitate community partnerships and collaboration in promoting health and accessing care. Students experience nursing role behaviors in a multiplicity of health care situations within the community.

## **PROGRAM PHILOSOPHY:**

The process of learning involves accountability, diversity, mutual respect, openness, honesty, and a reality base. The core components for the curriculum are Community, Holism, Inquiry, & Professionalism (CHIP). These core components provide the foundation for the program and learning outcomes and are detailed in the *Student Handbook*. (http://home.moravian.edu/public/Nursing/HandbooksPage.html)

#### **Course Objectives:**

- 1. Identify professional nurse roles, including practitioner, educator, coordinator, advocate, and counselor, within the community.
- 2. Examine phenomena within local and regional community populations, which directly influence health practices, health services, and health care policies.
- 3. Integrate concepts from biological, psychological, socioeconomic, and nursing disciplines in planning and delivering safe, quality care to diverse populations across the lifespan within the community.
- 4. Apply Gordon's Functional Health Patterns in assessment of the community.
- 5. Evaluate the utilization of the professional nurse in community services.
- 6. Integrate current evidence-based community/public health strategies when providing community nursing care.

**Course credits/Unit Hours:** 1 Course Unit (3 theory hours and 8 clinical hours) **Prerequisites:** All required sciences, NURS 115, 212, 310, 311, 312, Pharm 1 **Co-requisites:** NURS 339, 332.2

#### **Required texts:**

- Assessment Technologies Institute (ATI) Products: Community Health-specialty, Adult Medical Surgical Nursing, Mental Health, and Pharmacology for Nursing.
- Ball, J.W., Bindler, R.C., & Cowen, K.J. (2012). Principles of pediatric nursing: caring for children. (5<sup>th</sup> ed.). Boston: Pearson.
- Boyd, M.A. (2012) *Psychiatric nursing: Contemporary practice*. 5th ed. New York: Lippincott, Williams, & Wilkins.
- Davidson, M. R., London, M.L. & Ladewig, P. A. (2012). Old's maternal-newborn nursing & women's health. (9<sup>th</sup> ed.). Boston: Pearson.
- Harkreader, H., Hogan, M. A. (2007). Fundamentals of nursing: Caring and clinical judgement. (3rd ed.). (Also study guide by Hogan, Thobagen & Harkreader) Philadelphia: W.B. Saunders.
- Kee, J. L., Hayes, E. R. & McCuistion, L. E. (2009). *Pharmacology: A nursing process* approach (6<sup>th</sup> ed.). St. Louis: Elsevier.
- Kee, J. L., Hayes, E. R. & McCuistion, L. E. (2009). *Study guide pharmacology: A nursing process approach* (6<sup>th</sup> ed.). St. Louis: Elsevier.
- Smeltzer, S.C., Bare, B. G., Hinkle, J. L., & Cheever, K. H. (2009). Brunner and Suddarth's textbook of medica- surgical nursing (12<sup>th</sup> ed.). Philadelphia: Lippincott, Williams, & Wilkins.
- Stanhope, M. & Lancaster, J. (2010). *Foundations of nursing in the community*. (3rd ed.). St. Louis: Mosby.

#### NU 314: Course Requirements:

#### **CLASS ATTENDANCE POLICY:**

1. Class attendance at specified meeting times is an expectation.

- 2. Students are expected to be prepared for class and to engage in/contribute to class discussion of material. Preparation includes completion of assigned readings; review of blackboard and on-line materials, and of other assignments. Students are expected to view, download, and print their own power points to be used during class discussion. That's to say, the instructor <u>will not provide</u> students w/ hard copies of power points.
- **3.** The instructor reserves the right to deduct 3 (three) points from the student's final grade for each unexcused absence from class. Faculty will determine whether or not a student's absence will/will not be excused. NOTE: In fairness to all students, anyone who exceeds a total number of two absences for whatever reason or circumstance will automatically have his or her course/class participation grade affected. The course instructor believes that higher education is an opportunity and privilege that should be taken seriously. Therefore, this policy will be enacted with the student's best interest in mind.
- 4. If unable to attend a class, please contact the course faculty at least one hour before class via phone (610-625-7812) or e-mail (<u>schantzm@moravian.edu</u>) Any absence from class must be accompanied by an appropriate written verification of absence (physician/nurse practitioner's note attesting to the student's <u>serious or contagious illness or emergency circumstances</u>.
- 5. NOTE: There are no commercial breaks built into the course, so once class begins students must stay. Accordingly, if students leave early or wander out and return, they will be counted absent for that day's work. If there is an unavoidable reason for a student to leave class early, let the instructor know before class begins. Moreover, tardiness is a distraction to the class and will not be tolerated. If a student must miss class, it is his/her responsibility to get in touch with a classmate for obtaining any notes, handouts or other class items and to have the work done on time. Please, do not phone/e-mail/fax/text your instructor to find out "What we did in class?" Please, remember you are responsible for your assignments.
- 6. <u>Daily Evaluation of Attendance & preparation</u> is guided by the following scale:
- **3**: Well prepared for class, excellent performance in terms of quality and quantity; in other words, <u>EXCELLENT</u>.
- 2: Prepared for class, good performance in terms of quality and quantity; in other words, <u>GOOD</u>.
- 1: Present in class, but little or insufficient evidence of preparation
- **0**: Absent

# **CLASSROOM BEHAVIOR and ETIQUETTE**:

- We must maintain a courteous and productive environment during class.
- Out of respect for others and in the interest of learning, let courtesy and good judgment determine your use of a cell phone during class activity.
- You are expected to pay attention and to behave properly during class activity, as classroom incivility will not be tolerated. Examples of incivility may include, but are not limited to, use of profane language, inappropriate confrontation with others, violation of confidentiality, or misuse of college property. If your behavior

is disruptive in any way, you will be asked to leave, will be counted absent for that day, and will earn a zero (0) for that day's work.

- Sleeping in class is not allowed; if you want or need to sleep, please stay home or in your dorm. If you fall asleep during class, you will receive one verbal warning; after the first incident, you will be counted absent any time you fall asleep during class, and will earn a zero (0) for that day's work.
- The course faculty reserves the right to dismiss the student from the classroom if his/her actions are deemed inappropriate.

# ACADEMIC HONESTY/PLAGIARISM POLICY:

All written assignments must adhere to the APA 6<sup>th</sup> edition manual format with proper recognition to another's work; as plagiarism represents the intentional use of another's words or ideas as your own. This can range from using another individual's direct words or changing the words slightly (paraphrasing) without the appropriate citation, to purchasing a paper from the Internet or other professional writing service. Plagiarism also includes obtaining a paper from someone else, using text or images from the Internet and/or using text or images on Power Point and web pages without proper citation. Evidence of plagiarism or academic dishonesty will be handled according to the college policy on academic honesty, copies of which are available in the nursing department. You are held accountable to the requirements of "Academic Honesty at Moravian college", as stated in the Moravian College *Student Handbook*. Also, consult the Policy on Academic Honesty, as included in the Academic Regulations section of the Moravian college Catalog. Violations or suspected violations will incur serious consequences. <u>Where applicable, class assignments are to be typed and submitted</u> according to APA style (6<sup>th</sup> edition).

## **DISABILITIES**:

As per Dean Traupman-Carr, "Students who wish to request accommodations in this class for a disability should contact Elaine Mara, assistant director of Academic and Disability Support at 610-861-1510. Accommodations cannot be provided until authorization is received from the Academic Support Center."

## APPENDIXES:

- Course content and/or the method of delivery are subjected to change at the discretion of the instructor.
- It is within the instructor's discretion to apply qualitative judgment in determining the grades for an assignment or for the course.
- Students are encouraged to send course related e-mails via their Moravian College account. In addition, if your e-mail does not contain the course number, i.e., NU 314, within its subject line, the instructor will not open e-mails sent from personal addresses.
- All examinations are to be taken at the scheduled time, unless the instructor is notified of a competing previously scheduled scholastic or athletic activity. Any individual who is not at the scheduled examination based on a claim of illness is

required to provide appropriate medical documentation of a valid medical reason for absence. An alternate examination may be determined by the course faculty. **The Final Exam, per Moravian College policy, must be taken at the appointed time.** 

#### **NU 314: Nursing Department CLINICAL ATTENDANCE POLICY:**

Classroom attendance is critical to promote the learning of the theoretical component of the curriculum and to enrich and expand the application of the clinical learning process. **Clinical attendance is mandatory** for the student to consistently demonstrate the ability to meet course objectives. It is the student's responsibility to notify the appropriate person(s) as identified by course faculty in the event that he/she is unable to attend clinical experiences. <u>Such notification is to occur up to two hours prior</u> to the scheduled clinical experience. If a student is absent from class/clinical activity due to illness, a health care provider's statement verifying the illness and certifying that the student is able to resume class or clinical activity may be required.

All clinical absences will be tracked in a database for review by future course instructors and the Chairperson of the Department of Nursing. Students who request time off from clinical, due to events in which they have no control (death of a family member), will contact the course faculty and the clinical instructor, and the determination for clinical makeup will be decided. Students who arrive to clinical practice late or leave early may be required to make up those cumulative minutes at the end of the semester on a clinical makeup day. It is up to the discretion of the course faculty to require clinical makeup for students who routinely leave clinical early due to co-curricular activities. For student involved in co-curricular activities such as sports or music, etc. schedules must be submitted to clinical faculty at the beginning of the semester so that clinical experiences can be appropriately determined.

Students will be required to makeup clinical absences. The designated clinical makeup day will be scheduled on the Saturday before the last week of clinical practice. It is mandatory that students requiring clinical makeup attend that makeup day. Students will be charged \$250.00 per day of clinical make-up to reimburse the department for clinical supervision and administrative fees. All clinical requirements, including make-up, must be completed by the end of the final examination period for that semester. Any associated fees must be paid in full by the end of the final examination period for that semester. Students are exempt from clinical make-up if they are attending a faculty approved conference (i.e.-NSNA or SNAP convention). In the event that a student receives an excused absence for a required educational trip and later in the semester incurs more clinical absences, the student may be in a position to consider withdrawal from the course, if the clinical experiences absences are too numerous to be made up within the available faculty contract time.

In the event of a protracted illness requiring multiple missed clinical days, the student, course instructor(s), and Chairperson will meet to discuss alternatives and develop an individual education plan.

**Completion and satisfactory achievement of all course objectives** in the laboratory and clinical settings. Examples of NU314 clinical requirements include:

• Clinical Worksheets for home health care clients

- School Nurse clinical experience and hygiene project
- SIM lab experiences

Failure to earn a *Satisfactory* clinical evaluation will result in a grade of F for the course.

# CLASSROOM/CLINICAL BEHAVIOR ETIQUETTE:

- Students are expected to exercise the following professional behavior and appearance when in classroom, clinical laboratory, and clinical settings:
- Wear appropriate attire as recommended for the diverse clinical settings. Please, refer to your respective clinical directive.
- **Maintain confidentiality** for all assigned patients or clients as required by law (HIPAA). Students will be required to read and know agency policies on confidentiality and may be required to sign agency forms on confidentiality.
- Students are reminded that incivility will not be tolerated. Examples of incivility may include, but are not limited to, use of profane language, inappropriate confrontation with others, violating confidentiality, or misuse of hospital/college property. As a courtesy to your colleagues, phones must be in the silent mode during class. Texting or use of cell phones for internet access during class is unacceptable.
- Students are expected to be respectful of the time of both faculty and their peer group. Thus, if you are unable to keep an appointment with a faculty member or student peer related to course work/group projects, please be courteous and notify others of your need to cancel or reschedule the appointment.

## **Methods of Evaluation:**

1.	Thought papers* (2 total @ 7.5% each)	15%
2.	Community assessment	5%
3.	Quizzes	8%
4.	Participation/attendance	2%
5.	Exam # 1	15%
6.	Exam # 2	20%
7.	Exam # 3	20%
5.	Final Exam	15%

## **Grading Policy:**

1. Assignments are expected on or before their due date both for class and clinical. If class assignments are submitted late, five points per day will be deducted from the grade. If clinical assignments are submitted late, N/O (unable to assess) is earned for the related clinical day. The grading scale is as follows:

A = 93-100	B- = 80-82	D+=67-69
A- = 90-92	C+=77-79	D = 60-66
B + = 87-89	C = 73-76	D- = 60-62
B = 83-86	C = 70-72	F <59

It is within the instructors' purview to apply qualitative judgment in determining the grades for an assignment or for a course. **Learning activities** stated as below on the topical outline section of this syllabus are to be completed prior to class time. <u>The student can expect to work approximately 10-12 hours per week in preparing for this class.</u>

DATE	TOPIC	ASSIGNMENT
1/14	Introduction to NU 314	Syllabus
	Foundational Concepts of Nursing in the Community:	Stanhope &
	Community Oriented and Community Based Nursing	Lancaster
		(S &L) Ch. 1
		ATI Community
		Health Module
		(ATI CH) pp. 4-6,
		51-56
1/16	The Community as Client:	S&L Ch. 12
	Community Assessment and Evaluation	ATI CH pp. 31-36
		Community
		Assessment
	Historical Aspects	Directive
		S&L Ch. 2
		ATI CH pp. 1-4
1/17	Clinical Orientation for ALL NU 314 students -	8:00AM-4:30PM
	Place: Snyder Room (HUB)	
1/18	Problem Solving: Program Management	S&L Ch. 16
	BSD Hygiene Project Exemplar	ATI CH pp.36-38
	Guest Lecturer: Ms. Kathy Halkins, School Nurse	Hygiene Project
	Department Chair, Bethlehem School District	Directive
1/21	MLK, Jr. Day – NO CLASS	
1/22	State of the Nursing Program: 5-7PM	
	Dana Hall (PPHAC)	
	Mandatory Attendance for ALL Nursing Students	
1/23	Practice Settings for Nursing in the Community	S&L Ch. 31
	The Nurse in Schools	ATI CH pp. 42-43,
	The Faith Community Nurse	47-49
	Guest Lecturer: Dr. Beth Gotwals	School Nurse
		Directive
		S&L Ch. 29
		ATI CH pp. 103-
		104
1/25	Public Health and Primary Health Care Systems	S&L Ch. 3 and 28
	Community Nursing Practice at the Local, State, &	ATI CH pp.23-26,
	National Levels in Public Health	105-106
1/28	Practice Settings for Nursing in the Community:	S&L Ch. 30
	The Nurse in Home Health	ATI CH pp. 42-45

## NU 314: COURSE TOPICAL OUTLINE

	Chronic Disease Care Management	
1/30	Epidemiology	S&L Ch. 9
	Guest Lecturer: Dr. Helen Kohler	
2/1	Problem Solving: Working with epidemiological data	
<mark>2/4</mark>	<b>*EXAM # 1</b> —ALL content up to and including 1/28	
2/6	Practice Settings for Nursing in the Community:	S&L Ch. 30
	The Nurse in Hospice, Nursing and end-of-life care	ATI CH pp. 42-45
	Nursing care of terminally ill and patients facing impeding	Med-Surg Text
	death	(MS) Ch. 17
	Managing physiologic responses to terminal illness	
2/0	Guest Lecturer: Dr. Beth Gotwals	D 1/ 201
2/8	Problem Solving: Case Studies: concept of grief,	Boyd (pp. 304-
	Mourning, and bereavement	308)
	Guest Lecturer: Dr. Pam Adamshick	ATI Mental Health
		(MH) 8.0, pp. 251- 263
		MS Ch. 17
2/11	Palliative Care concepts	MS Ch. 17 MS Ch. 17
2/11	The role of chemotherapy and radiation therapy in	ATI Med-Surg
	Palliation	(MS) Ch.4
	Guest Lecturer: <i>Diane Buchner, RN, MSN</i> , Clinical	pp. 104-105
	Specialist Hospice and Palliative Care (TBC)	II
2/13	Management of Patients with Infectious Diseases:	MS: Ch. 70 (pp.
	The infectious process – chain of infection	2120-2140)
	The epidemiologic triangle of disease	S&L Ch. 26 (pp.
	Community acquired infection exemplars:	483-488, 496-499)
	1. Influenza	MS: Ch. 23 (pp.
	2. Pneumococcal and fungal pneumonia	554-565)
	3. Meningitis	MS: Ch. 64 (pp.
	Hospital acquired infection exemplars:	1950-1952)
	1. MRSA	MS: Ch. 61 (pp.
	2. VRSA 3. VRE	2190-2197) ATI MS: Ch. 5
	4. C-difficile	(pp. 5, 24, 98, 106)
2/15	Problem solving: Prevention exemplars for fighting	S&L Appendix D
<i>4</i> 1 <i>3</i>	infection: Handwashing, immunization, infection control	Kee Ch. 35
		ATI MS: 99
		ATI Pharm: Ch.
		41
2/18	Using Health Education and Group Process in the	S&L Ch. 11
	Community	ATI CH (pp. 11-
	Health Literacy	13)
	Guest Lecturer: Vickie Mackie, RN, MSN	
2/20	Introduction to Management of Patients with HIV	MS Ch. 52
	Infection and AIDS	ATI MS: Ch. 100

2/22	Management of Patients with HIV infection & AIDS Problem Solving: Guest Lecturer: <i>Chelsea Shepherd</i> , MSN, NP, HIV/AIDS specialist	MS Ch. 52 ATI MS: Ch. 100
<mark>2/25</mark>	**EXAM # 2: ALL content from 1/30 to 2/22	
2/27	Community Assessment Presentations – 2 groups	
3/1	Community Assessment Presentations – 2 groups	
	SPRING RECESS – NO CLASSES: 3/4, 6, 8	
	Special Populations/topics in the community:	
	Health Risks Across the Lifespan	
3/11	Adolescent sexual behavior:	S&L Ch. 23 (pp.
	• Pregnancy	427-433)
	Abortion	Davidson (OB)
	• Infertility	text:
	Guest Lecturer – Prof. Taylor Grube	Ch. 1 (pp. 14-15),
		Ch. 12 (pp. 243-
		262),
		Ch. 5 (pp. 95-97),
		Ch. 17 (review from 312)
3/13	Women's Health Issues:	S&L Ch. 20
5/15	Management of female physiologic process:	MS Ch. 46 (pp.
	Menstruation, perimenopause, menopause, premenstrual	1413-1420)
	syndrome (PMS), dysmenorrheal, amenorrhea, Osteopenia,	MS: Ch. 68 (pp.
	and Osteoporosis	2062-2067)
		ATI MS: Ch. 1,
		72, 73, 74, 81
3/15	Problem solving: "Pharmacology Phriday"	Kee: Ch. 12
	Medication administration in community settings	Kee: Ch. 9
	Herbal preparations	ATI Pharm: Ch.
		30
3/18	Injuries in the Community dweller at Work and Home	S&L Ch. 20
	Management of patients with musculoskeletal trauma:	MS Ch. 69 (pp.
	Contusions, strains, sprains; joint dislocation, injuries to	2080-2084)
	tendons, ligaments, and menisci	
	*Thought Paper #1 due today	
3/20	The Nurse in Occupational Health	S&L Ch. 32
	Ergonomics in the work environment	ATI CH pp.42-47,
	Occupational Safety exemplars:	104-105
	Management of patients with degenerative disorders:	MS Ch. 68
	Degenerative disc disease, herniation	(pp.2052-2059)
	Degenerative joint disease (osteoarthritis)	MS Ch. 65 (pp.
		1997-2002)
		MS Ch. 54
		(pp.1650-1652)
		ATI MS: Ch. 83

3/22	Problem solving: Community approaches to the epidemic of obesity, overweight, & weight management Class assignment: Fad Diets Seminar: Locate an article explaining a "fad diet" from a source used by the general public (e.g., magazine or newspaper). Use search engines available to you as a Moravian College nursing student to examine the available research related to this diet or fad diets in general. Be prepared to discuss the main points of the diet, the related research, and how you would use this evidence in educating a client about fad diets, and connect the points and discussion to the text book readings for this class.	Fundamentals Ch. 24 MS Ch. 5 (pp. 67- 74)
3/25	Older Adults in the community Theories on Aging Communicating with the elderly Guest Lecturer: <i>Dr. Alma Miles</i>	MS: Ch. 12 3 Articles on Blackboard Information: Classroom Folder
3/27	The environment of the elderly community dweller Geriatric pharmacology Problem Solving: Cultural Influences Thought paper discussion	S&L 20 MS: Ch. 12 Kee Ch. 11 S&L Ch. 5 ATI CH pp. 17-20
4.10	EASTER RECESS NO CLASSES: 3/29-4/1	
<u>4/3</u> 4/5	<ul> <li>***EXAM # 3 -ALL content from 3/11 to 3/27</li> <li>Men's Health issues and exemplars: <ul> <li>Erectile dysfunction (ED)</li> <li>Priapism</li> </ul> </li> </ul>	S&L Ch. 20 MS Ch. 49 (pp. 1508-1511, 1538) ATI MS: Ch. 76,77
4/8	Management of patients with dermatologic problems:         Noninfectious inflammatory dermatoses exemplars:         • Psoriasis         • Contact dermatitis/Eczema         • Acne vulgaris         Infectious exemplars:         • Fungal skin infections         • Herpes Simplex 1	MS Ch. 56 (pp. 1694-1698) MS Ch. 56 (pp. 1685-1687) MS Ch. 56 (pp. 1689-1992) ATI MS: 84, 85
4/10	<ul> <li>Child Safety Issues Exemplars:</li> <li>Drowning</li> <li>Poisoning</li> <li>Burn safety</li> <li>Car safety</li> <li>Home environment safety</li> </ul>	S&L Ch. 20 Ball (Peds) text: Ch. 1 (pp.6-9) Ch. 8 (pp. 211- 214) Ch. 9 (pp 227-229, 238-240)

4/12	Problem Solving: TBA	
4/15	Economic Influences: Guest Lecturer—Dr. Janet Sipple	S&L Ch. 8
	Evidence- Based Practice	S&L Ch. 10
4/17	Ethical Issues in the Community	S&L Ch. 4
		ATI CH pp.6-7
4/19	Problem Solving: Ethical-Legal Issues r/t Information:	
	TBA	
4/22	Public Health Problem #1:	S&L Ch. 24
	Alcohol	Kee Ch. 8
	Tobacco	
	• Other Drug Problems	
	**Though Paper #2 Home Care Synthesis due to clinical	
	instructor	
4/24	Alterations in Self-Perception	Boyd: Ch. 31 & 39
	Concepts and Theory of Substance Abuse (SA)	ATI Pharm: pp.
	Treatment for SA and Alcoholism	227-231
	Guest Lecturer: Dr. Pam Adamshick	ATI MH: pp. 243-
		250
4/26	Synthesis & Review – looking forward to NU 315	
<mark>5/1</mark>	****FINAL EXAM – at 1:30PM****	

Final Exam: Wednesday, May 1<sup>st</sup>, 1:30PM. Per Moravian College policy, the final examination must be taken at the appointed time.

NOTE:\*The course instructor reserves the right to assign additional readings, alter course content and/or course sequence as needed, and use qualitative judgment in determining the grades for assignments and exams. Please, check with instructor or on Blackboard for weekly changes.