



**St. Luke's University Hospital School of Nursing
at Moravian College**
Bethlehem, Pennsylvania



NURS 115D: Foundations of Nursing and Healthcare
Fall 2012

Period 3a 10:20-11:30 AM Monday & Wednesday Memorial Hall, Room: 303

Faculty: Michele August-Brady, PhD, RN
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or by appointment

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Course Description;

The process of critical thinking as a basis for open inquiry into assumptions, beliefs, and values about the discipline of nursing will be analyzed for nursing in a dynamic, multidisciplinary health care environment. Professional, historical, and socio-cultural issues, as well as ethical and legal standards, will be discussed within the context of health care challenges of the 21st century.

Objectives:

1. Describe the evolution of professional nursing, nursing process and nursing theory.
2. Examine socio-cultural perspectives of health and health promotion.
3. Explain the process of inquiry and critical thinking in making decisions for evidence-based nursing care.
4. Explore nursing's role in promoting safe and quality care within a changing health care environment.
5. Develop an understanding of accountability as a member of the multidisciplinary health care team.
6. Recognize the importance of performance standards for professional and ethical practice.

This course provides an introduction to the process of knowledge acquisition in relation to nursing and health care concepts. The focus is on developing students' intellectual capabilities as independent thinkers. Critical thinking is a basis for open inquiry into assumptions, beliefs and values about one's self in relation to human caring, nursing, and health care. Students will utilize a variety of active learning strategies to explore concepts and issues related to nursing and health care. The class will focus on processes used in critical inquiry; therefore, there will be little lecture. Nursing and health care issues will be utilized as a focus for developing critical analysis thinking skills.

Course Credits/Units/Hours: Course Units: 1; Theory: 3 hours; Clinical: None

Placement of Course: First Year, fall term, required course for nursing majors

Prerequisites: None

Required Textbooks:

- Catalano, J. (2012). *Nursing now! Today's issues, tomorrow's trends* (6th ed.). Philadelphia: FA Davis.
- Yates-Adelman, D. (2005). *Yes, Sister – Memoir of a young nurse*. Quebec, Canada: Shoreline.

Recommended Textbooks:

- American Nurses Association. (2010). *Code of ethics for nurses with interpretive statements*. Silver Spring, MD: American Nurses Association. (*On Blackboard, External Links*)
- American Nurses Association. (2010). *Nursing's social policy statement: The essence of the profession* (3rd ed.). Silver Springs, MD: American Nurses Association. ISBN 978-1558-1027-05
- American Nurses Association. (2010). *Nursing: Scope and Standards of Practice* (2nd ed.). Silver Spring, MD: American Nurses Association. ISBN 978-1558-1028-28
- American Psychological Association. (2010). *Publication manual of the American Psychological Association*. (6th ed.). Washington, DC: American Psychological Association. (*Reeves Library Reserve Reference Books*)
- Gordon, M. (2007). *Manual of nursing diagnosis*. (11 ed.). Boston, MA: Jones and Barlett Publishing. (*Chapters 5 & 6 in Reeves Library Reserve Desk only*)
- Potter, P. & Perry, A. (2009). *Fundamentals of nursing*. (7th ed.). St. Louis, MO: Mosby Elsevier. (*Reeves Library Reserve Desk only*)

Required Articles (on Blackboard):

- Ashcraft, T. (2007). Supporting graduate nurse attainment of licensure. *MEDSURG Nursing*, 16(1), 59-60.
- Bramstedt, K., Molnar, M., Carlson, K., & Bilyeu, S. (2005). When families complicate patient Care: A case study with guidelines for approaching ethical dilemmas. *MEDSURG Nursing*, 14(2), 122-125.
- Lachman, V., Murray, J., Iseminger, K., & Ganske, K. (2012). Doing the right thing: Pathways to moral courage. *American Nurse Today*, 7(5), 24-28.
- LaSala, K., & Nelson, J. (2005). What contributes to professionalism? *MEDSURG Nursing*, 14(1), 63-67.
- Mathes, M. (2005). On nursing, moral autonomy, and moral responsibility. *MEDSURG Nursing*, 14(6), 395-398.
- Munroe, D., & Lash, A. (2005). Achieving Magnet recognition: The process. *MEDSURG Nursing* (supplement).

Course Requirements:

1. Class attendance is required. Students are expected to be prepared for all class meetings; that means having completed assignments prior to attending class. If unable to attend a class, please contact the instructor at least one hour before class via email or office phone. Arriving late to class is a distraction for others. Beginning with the second late arrival, a student will have 2 points deducted from the grade for each 5 minutes late. Holiday travel, routine medical appointment, and personal family vacations are not acceptable reasons to be absent from class or required learning activities. Students are responsible for obtaining any notes, handouts, or other class items from classmates. If a student is absent on the day an assignment is due, that assignment is expected to be submitted electronically. Experiencing printer issues is an unacceptable reason for a late paper.
2. Use of a computer, basic PC literacy, and Internet access are required.
3. A Course Blackboard is used for supplemental instruction in this course. Students are responsible for checking the blackboard every 2 days for announcements and information posted there. Students experiencing difficulty with accessing the College network are accountable for seeking resolution from the CIT Help Desk (x 7929) within 24-48 hours of the problem.

4. A student is required to complete a course evaluation (electronically online) before the last class meeting day of the term. This is an anonymous system required by the College in all courses. Failure to submit the course evaluation data will result in the instructor withholding the student's final course grade posting.
5. **Attendance at the Janet A. Sipple Lectureship on October 24, 2012;** Foy Hall, South Campus; 5:30 – 7:30pm; Topic= *Sustainable Change: Health Equity Promotion through Active Community Engagement*; Presenter: Bridgette M. Brawner, PhD, APRN

Alternative Learning Programs

In the case of unavoidable class absence due to pre-approved events and/or personal acute illness, a list of alternative learning options will be provided. Please notify the instructor in advance in the event a substitute assignment is indicated which will be subject to approval by the Instructor. A maximum of 2 substitutes for acceptable reasons may be made and each will require a written assignment report due at the following class session.

Course General Information

1. Students are expected to maintain an electronic copy of all written work for replacement in case of lost papers. Such loss is unavoidable due to volume of papers being submitted in a semester.
2. The course topical outline serves as a general guide and is subject to change with classroom or email notification to students. There are four sections of NURS 115 and each may be run by the Instructor in a different manner, content, or schedule. Be aware of this fact when you are exchanging information with other students who may be in a different section of the course.
3. Plagiarism is the intentional use of another's words or ideas as your own. This can range from using another individual's direct words or changing the words slightly (paraphrasing) without the appropriate citation to purchasing a paper from the Internet or a professional writing service. APA format is required for all written assignments unless otherwise indicated.
4. Students are encouraged to participate in the full range of the college community programs, events, and sports. These events are routinely scheduled to begin at 4:00 PM; therefore, students should not request to leave class early to participate in extra-curricular events.
5. Instructor absence – In the event of acute illness of the instructor, a substitute teacher will cover the class. Should a class session need to be cancelled it will be announced on the course blackboard or posted on the classroom door. Every attempt will be made to notify students in advance.
6. Learning activities stated on the topical outline section of this syllabus are to be completed prior to class time. The student can expect to work approximately 6-8 hours per week in preparing for this class.
7. Students who wish to request accommodations in this class for a disability should contact Elaine Mara, assistant director of learning services for academic and disability support at 1307 Main Street, or by calling 610-861-1510. Accommodations cannot be provided until authorization is received from the Academic Support Center.
8. Communication between instructor & student can be facilitated through the use of email. Students are expected to check their email every day or two. The instructor does not check emails after 8:00 PM or before 8:00 AM.
9. College policy will be followed relative to inclement weather. Please check the College web-site or call (610) 625-7995 for any announcements relative to weather and the cancellation of class.
10. Nursing students are held accountable for the Nursing Department policy stated in the School of Nursing Student Handbook 2012- 2013. The handbook may be found on the P drive of the college at <http://home.moravian.edu/public/Nursing/HandbooksPage.html>. The student will be required to sign a statement that this information was announced to them as part of this course content.

Classroom Policy:

Adult behavior based on custom and tradition is expected at all times. Mutual respect of each other and consideration for ideas and opinions is required of all. Cell/laptop phone use including text messaging is inappropriate in the classroom.

Methods of Evaluation:

Quizzes & Examinations & Homework (50%)	
• Quizzes	10%
• Homework	10%
• Midterm exam	10%
• Final exam	20%
Formal Papers (40%)	
• Reaction paper: Yes, Sister / Wit	15%
• Scholarly Paper (global health issue)	15%
• Basic Research Critique	10%
Team/Group Presentation (10%)	
• Group presentation project (Global health issue/nursing resolution)	10%
Course Evaluation (electronic survey required)	0%
TOTAL	100%

Directives for Assignments

A general guideline will be posted on Blackboard to assist students in understanding the expectation for assignments with regard to academic performance.

NOTE: **The Moravian College nursing program is accredited by the Commission on Collegiate Nursing Education. As part of the accreditation process the program must provide evidence of assignments completed by students. Any of the students written work in this course, may be used as evidence of student performance during the accreditation process.*

Writing Center

Students who wish to improve their writing or are experiencing issues in writing will be referred to the College Writing Center. This is an excellent resource available to students in support of being a successful student. Take advantage of this resource.

Curriculum Core Components

Community	Holism	Inquiry	Professionalism
Health Care	Health	Critical thinking	Accountability
Culture	Health Promotion	Nursing History	Collaboration
Health Care Systems	Wellness	Evidence-based practice	Professional values
Human Diversity			Standards: Legal/ethical
			Nursing Process
			Multidisciplinary Team

Grading Policy:

1. Assignments are expected on or before the due date. If class assignments are submitted late, five points per day will be deducted from the grade. The grading scale in the Nursing Program is as follows:

A =93-100	B- =80-82	D+ =67-69
A- =90-92	C+ =77-79	D =63-66
B+ =87-89	C =73-76	D- =60-62
B =83-86	C- =70-72	F = <60

2. It is within the instructor's purview to apply qualitative judgment in determining grades for any assignment and for the course final grade.
3. The student's name and date should appear on each page of an assignment being submitted. Standard size paper (8.5" x 11") is required for all in class writing and submitted assignments.
4. Multiples pages of a paper must be stapled together prior to submission. Staplers are not provided in the classroom for this purpose.
5. Electronic submission of papers is not acceptable unless authorized by the instructor, e.g. in the case of absence due to illness.
6. Late papers will have points deducted from the assignment score.
7. There are no excused absences granted in this course.

Topical Outline

DATE	TOPIC	LEARNING ACTIVITIES
Week 1		*Item on reserve in Reeves Library
8.27	Course introduction: Foundation for success	Catalano: Chapters 1 & 10
	Welcome by Dr. Kerry Cheever, Chairperson	
	What is health, wellness, & nursing?	
8.29	Our roots & values: historical perspectives	Catalano: Chapter 2 & 5
	Roles of the Nurse & Educational Preparation	Brief search and print out an
	<i>Back to School BBQ 4:30pm PPHAC patio</i>	early “hero” (before 1950)
Week 2		
9.3	NO CLASS – LABOR DAY	
9.5	How nurses think and come to know	Catalano: Chapter 6
	1. Critical thinking	*Potter & Perry: Chapter 15
	2. Patterns of knowing	
Week 3		
9.10	Clinical reasoning in the practice setting	In class quiz
	1. Nursing Process	*Potter & Perry: Chapter 15
	2. Gordon’s Functional Health Patterns	*Gordon: Chapter 5 & 6
	3. Quality & Safety Education for Nurses	QSEN video: part 1
	(Watch video prior to class)	http://youtu.be/HnksQO7oi_Q
9.12	Clinical Reasoning continued	Wit (on BB course site)
	View “Wit” prior to class (90 minutes)	
Week 4		
9/17	Class activity: Group meetings to discuss	Independently complete online
	Group project (meet in classroom)	Library program exercise
	Independent Assignment includes:	Section 1 & 2
	A. Primary vs secondary sources	http://home.moravian.edu/public/reevestutorial/pages/
	B. Database searching: Health Source	
	C. Controlled vocabulary	
9.19	What constitutes a research article?	*Potter & Perry: Ch. 5
	- Basic critique of research	Bring research article for
	- Fundamentals of APA 6 th edition	group project to class
		Group Project due by
		September 21, 2012
Week 5		
9.24	Nursing Theories and Models	Catalano: Chapter 4
		*Potter & Perry: Chapter 4
		Article due for approval for
		Research critique

Topical Outline

DATE	TOPIC	LEARNING ACTIVITIES
9.26	Nursing Theories and Models (continued)	Bring an example of a nursing theory that would guide care of Vivian (in Wit)
	In class discussion/presentation	
Week 6		
10.1	Evidence-based Practice	Catalano: Chapter 25 (p. 484-97) Potter & Perry: Ch. 5 (p. 53-67)
		Research Critique Due
10.3	MIDTERM EXAMINATION	
Week 7		
10.8	NO CLASS – FALL BREAK 10.6-9	
10.10	Concepts of Health and Wellness	*Potter & Perry: p. 68-83
	- Indicators, Healthy People 2020	In class quiz
	- Global Perspectives; Millennium Goals	
Week 8		
10.15	Health Care Delivery Systems	Catalano: Chapter 18
	- Economics, Insurance, “HC reform”	Other articles as assigned
	- Levels of service. QI initiatives	
10.17	Environment & Health	Class discussion
	In class movie: <i>Place Matters</i>	
Week 9		
10.22	Social & cultural determinants of health; role of genetics / genomics	*Potter & Perry: Chapter 9 Written reflection for Place Matters due
10.24	NO CLASS from 1020-1130 – students must Complete the preparation assignment and attend the Janet A. Sipple Lectureship (syllabus p. 3)	Reaction Paper due by digital dropbox on BB
Week 10		
10.29	Being sick in a strange land: what does this mean? Guest speaker: Dr. Janet Sipple	Readings on culture & health care in Mozambique
10.31	Professional Accountability: Ethics in Nursing	Catalano: Chapter 7
	- Values, Principles & Decision Making	ANA Code of Ethics for Nurses with Interpretive Statements
Week 11		
11.5	Professional Accountability: Legal Aspects	Catalano: Chapter 9
	- Law, Liability & Client Rights	Potter & Perry: Ch. 23 In-class quiz
11.7	Discussion of <i>Yes, Sister</i>	Peer review of Scholarly Paper

Topical Outline

DATE	TOPIC	LEARNING ACTIVITIES
Week 12		
11.12	Professional Standards	Catalano: Chapter 3
	- Nurse Practice Act	ANA Standards of Practice
	- Scope & Standards of Practice	(p.31-62)
	- Credentialing	Scholarly Paper Due
11.14	Professional Standards (continued)	ANA Social Policy Statement
	- Nursing's Social Policy Statement	(p. 1-35)
Week 13		
11.19	Safe & Quality Care (continued)	Bring an article to class from
	- Class discussion	a newspaper (New York Times,
		Morning Call, etc) that address
		safety and / or error
11.21	NO CLASS – HAPPY THANKSGIVING	
Week 14		
11.26	Student Group Project Presentations	TBA
11.28	Student Group Project Presentations	TBA
Week 15		
12.3	Student Group Project Presentations	TBA
12.5	Last day of class; Review for Final Exam	
	FINAL EXAM Nursing 115 –Section D	
	Wednesday, December 12: 1:30 – 4:30PM	
	Memorial 303	

*This schedule may change over the course of the semester. Students will receive notification of syllabus/assignment changes in class and/or through electronic communication (BB/email).

Winter Break