# Introduction to Psychology PSYC 120-B Spring, 2012

Instructor: Office Location: E-Mail:	Dr. Thomas C. Helm PPHAC Adjunct Office <u>drtom4@verizon.net</u>	Office Phone #: FAX #:	(610) 737-2553 (610) 974-9337
Office Hours: Mon & Wed 8 15 – 8:45 A.M. Room 102 Mon-Fri – 8:00 A.M. – 6:00 P.M. by appointment CLASS MEETINGS: M & W 8:55 - 10:05 A.M. (Hurd Academic Complex)			

#### Course Description:

Overview of research drawn from biological, perceptual, cognitive, developmental, clinical, social, and personality traditions in the disciplines. This course has been developed to provide an introduction to the field of psychology with students including the following topics: bases of behavior, human development, emotion, sensation, perception, intelligence, language and thought, stress and coping, memory, learning, psychological disorders, and motivation.

### **Student Learning Outcomes:**

Outcome I: Students will utilize concepts, language, and major theory to think through psychological problems, questions, and issues. At the conclusion of this course you should be able to: 1) recall and recognize a range of issues and problems organized around the major concepts, theories, and principles of the field of psychology; and 2) consistently and creatively use the terminology of psychology with accuracy and relevancy.

Outcome II: Students will be able to understand, accurately describe, and differentiate psychological research approaches. At the conclusion of this course you should be able to: 1) demonstrate comprehension of basic research methods in psychology; and 2) make assessments of psychological research conclusions.

Outcome III: Students will use and evaluate research sources, including: 1) academic versus nonacademic sources, 2) library computer databases, and 3) media sources of psychological information.

### Required text:

Myers, D. G. (2010). *Psychology* (9<sup>th</sup> ed.). New York, NY: Worth Publishers.

Any additional reading requirements will be identified in class.

### **Classroom Management Policy:**

Cell phones and electronic equipment are not permitted during class without express permission. Turn them off completely or do not bring them into the classroom. If you must leave the classroom secure approval.

### Attendance and Class Participation:

The attendance policy is simple. You need to make every class on time and prepared unless the college has canceled classes. Govern your personal schedules accordingly. Missing class and being late is disrespectful to Moravian, your classmates, and to yourself. The lectures are intended to supplement the readings and presuppose your familiarity with assigned subject readings.

If there is an emergency, communicate this to me directly via the contact information at the beginning of this document.

Your productive and positive participation in the classroom is encouraged. Successful dialogue and participation in class requires diligent preparation by keeping current with assignments. Demonstrating an open mindedness to new viewpoints and a willingness to explore and explain your own thinking in a positive and appropriate manner is part of your total grade.

## **Academic Policy:**

Academic honesty is a value expected at Moravian and the academic community expects you to conduct yourselves and you work ethically and honestly. Plagiarism and cheating will simply not be tolerated. The policy is that the student must keep all note cards and rough drafts of a paper or presentation. The instructor may request these materials, along with the sources at any time. If you need help I will assist and help you with the material.

Students are solely responsible for their work and for making sure that their work represents their own efforts to meet the academic requirements of this course. The penalty for plagiarizing or cheating on an exam will be an "F" for the course.

## Summary of Final Grade and Evaluation Determination:

### Grading scale determined by point accumulation:

There is a possible total of 550 points distributed accordingly: 3 Exams (100 points each), 1 Reflections/Critical Thinking Journal (100 points), 1 Presentation Paper (100 points), and class participation (50 points)

484-550 = A 429 - 483 = B 374 - 428 = C 330 - 373 = D 329 & below = F

## Reflections/Critical Thinking Journal:

This journal requires an entry for every class session and will be turned in at the end of the semester. Your grade for this project is directly indicative of the amount of effort you put into your reflections of the class subject material and your position and perception from a critical thinking perspective. This journal must be turned in typed (handwritten journals will not be accepted). The length of each entry is left to your discretion; however understand your reflection and critical position must be defined for comprehension.

### The Presentation:

The particulars and requirements of this presentation will be fully explained in class. It must be 7-10 pages and 5-10 minutes for presentation time. You must be prepared to defend your paper.

## Accommodations:

Should you require special accommodations for a disability, you must obtain this documentation for special accommodations through the Learning Services Office. Contact Mrs. Laurie Roth, Director of Learning Services, 1307 Main Street (ext. 1510). Students require accommodations for support of other disabilities contact Dr. Ron Kline, Director of the

Counseling Center, 1307 Main Street, (ext. 1510). Accommodations cannot be provided without authorization from the appropriate disability support provider on campus.

The syllabus is a plan for the semester and is subject to change. Any changes will be communicated in class.

**Course Schedule** 1/16/12 Mon Introduction, organization, Syllabus review Module #1 Discipline of Psychology History Scope, Timeline's 1/18/12 Wed Module #1 Discipline of Psychology Module #2 Thinking Critically History, Scope, Timelines Case Presentation Requirements 1/23/12 Mon Module #3 Research Strategies: Naturalistic, Correlation Case Presentation Requirements 1/25/12 Wed Module #3 Research Strategies Asking and Answers 1/30/12 Mon **Biology and Behaviors** Module #4 Neural and Hormonal Systems 2/1/12 Wed **Biological and Behaviors** Module #5 Tools of Discovery Module #6 Cerebral Cortex and Divided Brain 2/6/12 Mon Module #7 The Brain Consciousness Module #8 Sleeps and Dreams Module #9 Hypnosis 2/8/12 Wed Module #10 Drugs and Consciousness Substance Abuse Review 2/13/12 Mon Module #10 Drugs and Consciousness Substance Abuse Review 2/15/12 Wed Exam #1 Modules #1-10 Lecture Material 2/20/12 Mon Module #13 Prenatal Development Module #14 Infancy and Childhood Module #15 Adolescence Module #16 Adulthood Autism, Attachment, Puberty, Mortality, Life, Expectancy, Alzheimer's

2/22/12 Wed	Module #17 Introduction to Sensations Module #18 Vision Module #19 Hearing Module #20 Other Senses	
2/27/12 Mon	Module #23 Classical Conditioning Module #24 Operant Conditioning Module #25 Learning by Observation	
2/29/12 Wed	Module #26 Introduction to Memory Module #27 Encoding Module #28 Storage Module #29 Retrieval Module #30 Forgetting	
3/5/12 Mon	No Class (Spring Recess: 3/3/12 noon – 3/12/12 7:30 A.M.)	
3/7/12 Wed	No Class (Spring Recess: 3/3/12 noon – 3/12/12 7:30 A.M.)	
3/12/12 Mon	Finish Module's #26, 27, 28, 29, 30 Review	
3/14/12 Wed	Module #31 Thinking Module #32 Language and Thought Module #33 Introduction to Intelligence Review	
3/19/12 Mon	Module #36 Introduction to Motivation Module #37 Hunger Module #39 Motivation Review	
3/21/12 Wed	Exam #2 Modules #13-20,and #23-39 Lecture Material	
3/26/12 Mon	Module #40 Introduction to Emotion Module #41 Expressed Motion Module #42 Experienced Emotion Module #43 Stress and Health Module #44 Promoting Health	
3/28/12 Wed	Finish Modules # 40-44 Module #48 Introduction to Psychological Disorders	
4/2/12 Mon	Module #49 Anxiety Disorders	
4/4/12 Wed	Module #50 Dissociative, Personality, and Somatoform Disorders	
4/9/12 Mon	No Class (Easter Recess: Passover April 5-9)	
4/11/12 Wed	Module #51 Mood Disorders	

4/16/12 Mon	Module #52 Schizophrenia
4/18/12 Wed	Module #56 Social Thinking Module #57 Social Influence Module #58 Anti-Social Relations Student Case Presentations
4/23/12/Mon	Student Case Presentations Review
4/25/12 Wed	Student Case Presentations Review
4/30/12 Mon	Final Exam Modules #40-44, #48-52, and #56-58 Lecture Materials