Psychology 120 **Introduction to Psychology**

Spring 2012

Instructor: Stacey B. Zaremba, Ph.D.

Office: Room 229 PPHAC

Office Phone: (610) 861-1563

Home Phone: (610) 346-8321 (before 9 pm)

Cell Phone: (215) 534-1317

e-mail <u>szaremba@moravian.edu</u>

Office Hours: Monday 10:15 - 11:30

Tuesday 9:00 - 10:15 Thursday 9:00 - 10:15

Wednesday & Friday by appointment only.

Please stop in during my office hours if you have a question, concern, or if I can help out in anyway. If none of these times are convenient for you, other times may be arranged. Please feel free to call me to set up an appointment.

Class Time: Tuesday and Thursday (10:20 – 11:30)

Class Room: TBA

Course Description:

Overview of research drawn from biological, perceptual, cognitive, developmental, clinical, social, and personality traditions in the discipline.

Course Objectives:

- 1. To become knowledgeable of the major theories and concepts in the field of Psychology.
- 2. To become familiar with the research methodology commonly used by psychologists and to become familiar with the scientific method.
- 3. To develop an appreciation of the important contributions that Psychology can make in understanding one's own and other's thoughts and behavior.
- 4. To apply critical thinking skills within the field of Psychology.

Course Requirements

Examinations:

There will be several exams given during the term. The dates for each of the exams are listed on the course schedule below. The exams are non-cumulative and are comprised of multiple-choice, definitional, short answer, and essay questions.

Note: Exams will be given only on the days scheduled. There will be no make-up exams given without a medical excuse.

Critical Thinking Papers:

There are many controversial issues in Psychology (i.e., Is the media harmful to children?, Should animals be used as subjects?, and Is Drug Addiction a choice?). Each student will be responsible for writing two (2 page) Critical Thinking Papers on pre-selected controversial topics. This assignment is designed to get you to think critically about your perspective on major issues within Psychology. The paper topics are listed on the syllabus below and readings will be distributed in class prior to the assignment due dates.

The reading material is presented in a debate format. There are two essays on each topic (point - counterpoint). You should read the essays on each side of the debate and identify your position and thoughts on the topic. **The papers must focus on your thoughts/reactions about the issue discussed**. Your paper will be graded for the quality, strength, and substance of your position. I will grade these based on depth of thought and clarity and conciseness of your writing. The Critical Thinking Paper due dates are listed on the schedule below. You should also be prepared to discuss your paper with your classmates on the day that your papers are due.

Student Presentations:

Each student will have an opportunity to make a presentation to the class on a preselected topic (topics are listed on the syllabus below). The presentations should be no longer than 7-minutes in length. Your presentation will be graded on the following dimensions: clarity, organization, educational value, presentation skills, and ability to answer questions on your topic. In addition to your presentation your must submit a 2 page paper on the topic you researched. Be sure to research your topic beyond the textbook coverage and include a reference page detailing your sources with your paper. You must also hand in a hard copy of your Powerpoint presentation as well.

Attendance and Class Participation:

Attendance for all regularly scheduled class meetings is expected. Missed classes will lower the student's grade. The lectures will cover material that is not covered in the assigned readings, and you will be held responsible for this material. The lectures are intended to supplement the readings. As such, the lectures will not duplicate the reading materials but will emphasize the most central aspects of the chapter and/or discuss particularly difficult concepts. The lectures will presuppose familiarity with the reading assignment for that lecture. In addition, projects will be completed during class sessions and in order to obtain credit the student must be present.

You are strongly encouraged to ask questions at any time during the class to help clarify points. Discussion of any portion of the class materials is encouraged and welcomed.

Evaluation:

Grades for this course will be determined according to your performance on the quizzes, the critical thinking papers, student presentation, and class participation.

Exams	55%
Presentation & Paper	15%
Critical Thinking Paper	20%
Participation	10%

Policy on Plagiarism:

The Moravian College faculty has become increasingly concerned by the problem of plagiarism on campus. The Psychology Department's policy on this subject is important for students to understand. Simply put, plagiarism is the intentional misrepresentation of someone else's work as your own. This includes such diverse situations as quoting directly from a published work without giving the author credit, having your roommate write the paper, "borrowing" from fraternity or sorority files, buying a paper from a professional service, and so on. The policy of the department is that the student must keep all note cards and rough drafts on a paper until the grade is assigned. The instructor may request these materials, along with the source materials, at any time. Evidence of plagiarism will be dealt with in accordance with the College policy on academic honesty, copies of, which are available at the departmental secretary's desk.

Required Research Participation:

See Departmental Policy (will be distributed and discussed in class).

Requests for Accommodations:

Students who wish to request accommodations in this class for a disability should contact Mr. Joe Kempfer, Assistant Director of Learning Services for Disability Support, 1307 Main Street (extension 1510). Accommodations cannot be provided until authorization is received from the office of Learning Services.

<u>Information Literacy</u>:

You will be required to attend a tutorial at the Library on information literacy in Psychology. The date and time will be announced in class. This session will be used to help you gather information/references in support of your presentation topic.

Required Texts:

Myers, David, G. (2010). *Psychology*, 9th ed., Worth Publishing.

<u>Note</u>: Each chapter in the Myers text is broken down into modules. You are only responsible for the material in the modules listed below.

Additional Readings- will be placed on reserve in the library or handed out in class.

COURSE SCHEDULE

(Subject to Change)

Jan. 17 (T)

Organizational Meeting, Introductions, and Syllabus Review

How is Psychology Relevant to Your Life?

Jan. 19 (Th)

Introduction to the Discipline of Psychology

Module 1 & 2

Jan. 24 (T)

History and Scope of Psychology: The Timeline APA Division Assignment

Module 1

Jan. 26 (Th)

Research Strategies: Naturalistic Observation and Correlation

Module 3

Jan. 31 (T)

Research Strategies in Psychology: The Experiment

Module 3

Feb. 2 (Th)

Exam I

Feb. 7 (T)

Biology and Behavior: The Brain and Our Divided Brain

Module 5 & 6

Feb. 9 (Th)

Our Divided Brain & Consciousness

Module 6 & 7

(RR) Oliver Sacks: The Man Who Fell Out of Bed

Feb. 14 (T)

Consciousness & Sleep and Dreams

Module 7 & 8

Feb. 16 (Th)

Sleep and Dreams Movie

Feb. 21 (T)

EXAM II

Feb. 23 (Th)

Reeves Library Session

Feb. 28 (T)

Critical Thinking Questions/Discussion

Is Love a Mechanism of Evolution? Is it Ethical and Moral to Treat Homosexuality?

Critical Thinking Papers I are Due

Mar. 1 (Th)

Memory: An Introduction

Modules: 24-27

Mar. 6 & 8

Recess - Enjoy and Stay Safe

Mar. 13 (T)

Memory: Encoding, Storage, and Retrieval

Modules: 24-27

Mar. 15 (Th)

EXAM III

Mar. 20 (T)

Student Presentations: Developing Through the Lifespan

Modules: 13, 14, 15, & 16

Autism Attachment Puberty Mortality Life Expectancy Alzheimer's

Mar. 22 (Th)

Student Presentations: Emotions, Stress, and Health

Modules 40, 41, 42, 43 & 44

Lie Detection Nonverbal Behavior Happiness/Subjective Well-Being Type A/Type B Personality Social Support and Stress Optimism and Health

Mar. 27 (T)

Personality: Various Perspectives

Modules: 45 & 46

(RR) M. Solms: Freud Returns

Mar. 29 (Th)

Personality: Contemporary Research

Module: 47

(RR) J. Rotter: Are you the master of your fate?

Apr. 3 (T)

EXAM IV

Apr. 5 (Th)

Student Presentations: Social Psychology

Modules: 56, 57, 58, & 59

Obedience

Group Influence

Prejudice

Aggression

Attraction

Altruism

Apr. 10 (T)

Student Presentations: Psychological Disorders

Modules: 48, 49, 50, 51, & 52

Phobias

Obsessive Compulsive Disorder Post-Traumatic Stress Disorder Anti-Social Personality Disorder Bipolar Disorder Schizphrenia

Apr. 12 (Th)

Hot Topic in Psychology: Internet/Gaming Addiction

(RR) Mosher: High Wired: Does Addictive Internet Use Restructure the Brain?
 Ebeling, Witte, Frank, & Lester: Shyness, Internet Use, and Personality

Apr. 17 (T)

Student Presentations: Motivation

Modules: 36, 37, 38, & 39

Maslow's Hierarchy of Needs

Taste Preferences
Eating Disorders (Select One)
Teen Pregnancy
The Need to Belong
Achievement Motivation

Apr. 19 (Th)

Critical Thinking Questions/Discussion

Does Religious Commitment Improve Mental Health? Is Pornography Harmful?

Critical Thinking Paper II Due

Apr. 24 (T)

Snow back-up day

Apr. 26 (Th)

An Attempt at Closure & Course Evaluations