



1742

**St. Luke's Hospital School of Nursing  
at Moravian College  
Bethlehem, Pennsylvania**



**NURS311: QUEST TOWARD INDIVIDUAL WELL-BEING  
Spring 2012**

**Course Instructors:**

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**CLASS TIME AND LOCATION:**

Class: M-W 7:30-8:40 AM  
Problem Solving Session: F 7:30-8:40 AM  
Moravian College PPHAC102

Clinical: Tuesday or Thursday 6:45-3:15  
sites vary (refer to schedule)

**CATALOG/COURSE DESCRIPTION:** A clinical practicum course which applies the concepts of health and well-being for individuals across the life span. Students develop a foundation for holistic nursing practice utilizing physical and psychosocial skills to plan and deliver nursing care

**COURSE CREDITS/UNITS/HOURS:**

Course Units:	1
Theory Hours:	3
Clinical Hours:	8

**PREREQUISITES:** BIO103, BIO104, BIO205, NURS 115, NURS 212

**CO-REQUISITES:** CHEM108

**COURSE OBJECTIVES:**

1. Examine the concept of health throughout the life span.
2. Analyze specific issues related to health maintenance of the individual.
3. Demonstrate proficiency in psychomotor skills related to health maintenance
4. Examine pharmacologic, nutritional, complimentary therapies and nursing interventions in meeting the needs of the individual.
5. Demonstrate accountability for nursing practice.

**REQUIRED TEXT:**

ATI Products-2<sup>nd</sup> semester for sophomores

Jarvis, C. (2012). *Physical Examination and Health Assessment* (6<sup>th</sup> edition). Elsevier, Saunders.

Karch, A.M. (2011). *Focus on Nursing Pharmacology* (5<sup>th</sup> ed.). Philadelphia: Lippincott Williams & Wilkins. ISBN: 978-0-7817-8982-0 (List: \$91.95)

Potter, P., and Perry, G. (2009). *Fundamentals of Nursing* (7<sup>th</sup> edition). Mosby, Elsevier. ISBN: 978-1-455-76947-6 (for students who have never purchased any Potter & Perry text) This bundle includes the textbook, multimedia CD, clinical companion, study guide and free digital book (\$130).

Potter, P., and Perry, G. (2009). *Study Guide for Fundamentals of Nursing* (7<sup>th</sup> edition). Mosby, Elsevier. ISBN: 978-0-323-05251-1

Smeltzer, S. C., Bare, B. G., Hinkle, J. L. & Cheever, K. H. (2009). *Brunner and Suddarth's textbook of medical-surgical nursing* (12<sup>th</sup> ed.). Philadelphia: Lippincott Williams & Wilkins. (Smeltzer 2 Volume Set w/PrepU ISBN: 978-1-4511-1847-6)

**REQUIRED TECHNOLOGY:**

**Iclicker™ v6.1 Student Response System** (available for purchase at the Moravian College Bookstore register if needed). I-clickers are required for all students and will be used during class time. Students are required to bring their I-clickers to class with them. It is the student's responsibility to make sure that the I-clicker is working and that battery life is sufficient. I-clickers will be used in several ways to:

- Monitor Attendance.
- Serve as a method for in-class quizzing. Two to five random questions will be asked during class times that supports course topic readings. These 'quiz' questions will be scored and used towards the participation grade. Each student who answers a question will receive 1 point; 2 points will be awarded for each correct answer.

- Ask 'On the fly' questions. This is a way to actively participate in classroom learning. No points will be awarded for these questions.
- Poll the audience by 'survey'. These questions are not graded but will serve as a method for polling content understanding

**Lippincott Publishing PrepU Program** is web-based software that contains questions based on fundamentals, medical-surgical, and pharmacological content. This program is intended to promote your understanding and learning of content in this class. The questions are presented in a computer adaptive format which is the format used for the NCLEX-RN. You will be required to complete a specific number of quizzes based on chapters chosen by your course faculty.

Please print out the information on PrepU and PrepU directive for more information. It is your responsibility to register for PrepU and enroll for the three corresponding textbook programs:

- Karch: PrepU Cost: \$0 (Spring Semester)-from book representative as a trial
- Smeltzer: PrepU program (Bundled with Med-Surg textbook)
- Taylor: PrepU program ISBN: 978-1-4511-4289-1

#### **RECOMMENDED TEXT:**

American Psychological Association. (2010). *Publication Manual of the American Psychological Association* (6<sup>th</sup> ed.). Washington, D.C.: American Psychological Association. (ISBN 978-1-4338-0561-5)

Deglin, J. H. & Vallerand, A. H. (2011). *Davis's drug guide for nurses* (12<sup>th</sup> ed.). Philadelphia: F. A. Davis.

Newfield, S. A., Hinz, M. D., Scott-Tilley, D., Sridaromont, K. & Maramba, P. (2007). *Cox's clinical applications of nursing diagnosis: Adult, child, women's, Mental health, gerontic, and home health considerations* (5<sup>th</sup> ed.). Philadelphia: F. A. Davis. ISBN: 978-0-8036-1655-4

Silvestri, L. A. (2011). *Saunders comprehensive review for NCLEX-RN* (5<sup>th</sup> ed.). Philadelphia: W. B. Saunders. ISBN: 978-1-4377-0825-7

#### **REQUIRED SOFTWARE:**

Each student must enroll in the course on Blackboard (Nurs311)

Cmaps software (free download from <http://cmap.ihmc.us/download>)

#### **AUDIO-VISUAL:**

Videos, CD-ROMs, and selected readings as announced available through ATI and on reserve in Estes Library at St. Luke's Hospital and/or on reserve in Reeves Library.

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### **STUDENT EXPECTATIONS & COURSE POLICIES:**

**Students will be responsible to adhere to the *Classroom Guidelines for courtesy & respect*.** This document will be reviewed, discussed and agreed upon in class and will then be posted on blackboard.

### **Students will also be responsible to adhere to the 4 A's**

1. **Attendance-** Please make every attempt to come to all the class sessions, to come to class on time, and to stay until the end of the meeting unless you have informed me that you must leave early.
  - **Class and clinical attendance is an expectation.** Students are expected to be prepared and attend all class/clinical meetings. This includes completing necessary assignments prior to attending class/clinical. Students who are not prepared for class/clinical may not be able to meet course standards and therefore are at risk for course failure. Tardiness is a distraction to the class/clinical and will not be tolerated. The instructor reserves the right to deduct points off the student's final course grade if a trend of tardiness is evident.
  - **If unable to attend a class,** please contact the instructor via email, pager or phone a minimum of one (1) hour prior to the start of the class session. **Failure to notify the instructor will result in one point for each occurrence off the final course grade based on 100 points. Absence due to illness requires written verification from a licensed physician or nurse practitioner.** Students are responsible for obtaining any notes, handouts, or other class items from classmates. Students are encouraged to also review the Attendance Policy in Nursing Student Handbook.
  - **Tardiness to class will not be tolerated.** Faculty members will use their discretion to deduct points from the final course grade for any lateness. Four incidences of lateness will equate to 1 absence, deductions will be made according to the attendance statement above.
  - **If unable to attend clinical,** the student must contact the clinical instructor the morning of the clinical experience by phone. Alternative assignments may be required at the discretion of the course faculty in addition to clinical makeup. Student's participation in clinical constitutes a substantial part of course success, in which case excessive student absence will lower her/his final course grade and is at the discretion of the course instructors.

**\*\*Be sure to view the Clinical Attendance (new policy) in the St. Luke's School of Nursing at Moravian College Student Handbook. Refer to page 8 of the syllabus for more information regarding this policy.\*\***

2. **Active learning-** Each student is to own their learning by engaging in the learning process. Active participation is measured by demonstrating responsibility and ownership in the learning process. Some examples of participation are as follows: in-class use of I-clickers, completing required readings, assignments, discussion, and/or providing feedback by the due date. Additionally, holding others accountable for preparation as student and instructor will deepen our exploration of knowledge and its applicability throughout the semester.
  
3. **Academic Integrity-** Students are responsible to maintain scholarship by being professional and honest in producing their own academic work. In accordance with the Student Handbook statement on Academic Honesty (<http://www.moravian.edu/studentLife/handbook/academic/academic2.html>) the following include acts of academic dishonesty and participation in such will result in possible course/assignment failure:
  - **Plagiarism** is the intentional use of another's words or ideas as your own. This can range from using another individual's direct words or changing the words slightly (paraphrasing) without the appropriate citation to purchasing a paper from the Internet or a professional writing service. Refer to the Moravian College Academic Honesty Policy in the Student Handbook. APA format is required for all written assignments unless specified otherwise.
  - **Cheating** comes in many forms but essentially results in work being submitted with unauthorized use of resources or peer help.
  - **Falsification** is when the student provides a false excuse for an absence from an examination, test, quiz or other course requirement, directly or through another source
  - Other **unprofessional behaviors** such as tampering, damaging or hindering the work of others to complete their own assignments will not be tolerated.

Additionally **Nursing students are held accountable for the policies** stated in the St. Luke's School of Nursing Student Handbook 2011-2012. The handbook may be found on the nursing website or P drive of the college.

4. **Accommodations for learning-** Students are empowered to seek additional assistance through campus resources, such as the Writing Center or Learning services, to support course success.
  - **The Writing Center**, on the second floor of Zinzendorf Hall, is there to support the efforts of all writers at Moravian College. The tutors there are students who are good, experienced writers and who are professionally trained to help you improve your writing. They will go over an essay draft with you and guide your understanding of how you might improve that draft. You could also drop by to pick up some of the free handouts on virtually every part of writing: getting started, writing a thesis, developing paragraphs, eliminating wordiness, using commas, and the like. The Writing Center is

generally open Monday-Thursday afternoons and Sunday evenings during the semester. The Writing Center is located in a building that is not accessible to persons with mobility impairments. If you need the services of the Writing Center, please call 610-861-1392.

- **Learning Services Office:** Students who wish to request accommodations in this class for a disability are encouraged to contact the Learning Services Office as soon as possible to enhance the likelihood that such accommodations are implemented in a timely fashion. Students who wish to request accommodations in this class for a disability should contact Mr. Joe Kempfer, Assistant Director of Learning Services for Disability Support, 1307 Main Street (phone (610)861-1510; email [mejek@moravian.edu](mailto:mejek@moravian.edu)). Students are also encouraged, yet not required, to inform course faculty of those situations that can affect academic performance. Resources may be available to aid students who are experiencing academic difficulty.

It is important to contact the office as soon as possible to enhance the likelihood that such accommodations are implemented in a timely fashion. Any student who wishes to disclose a disability and request accommodations under the Americans with Disabilities Act (ADA) for this course first **MUST** meet with either Mrs. Laurie Roth in the Office of Learning Services (for learning disabilities and/or ADD/ADHD) or Dr. Ronald Kline in the Counseling Center (for all other disabilities). Accommodations cannot be provided until authorization is received from the Office of Learning Services.

#### **ADDITIONAL INFORMATION:**

- **College policy will be followed relative to inclement weather.** Please check the AMOS website or call (610)625-7995 for any announcements relative to weather and the cancellation of class.
- **The student is required to complete a course evaluation** by the last day of class. This is an anonymous system required by the college in all courses.
- **The instructor(s) will respond to any written communications** (i.e.-emails, hand-written notes, etc.) regarding this course or academic advisement in the timeliest manner. A timely response by the instructor can be expected within 72 hours upon receipt of the written communication. The instructor will not check emails after 5:00PM.

**METHODS OF EVALUATION:**

- |  |            |
|--|------------|
| <b>1. Examinations</b>   | <b>70%</b> |
| • Unit Examinations (#1)   | 10%        |
| • Unit Examinations (#2, 3*)   | 15% each   |
| • Unit #4 cumulative final   | 20%        |
| • Medication Calculation Quizzes (2)   | 5% each    |
| (Minimum score 85% Quiz #1 & #2)   |            |
| <b>2. Daily Course Investment/Active Participation</b>   | <b>10%</b> |
| • Iclicker Participation   | 5%         |
| • PrepU program (Smeltzer & Taylor)  | 5%         |
| <b>3. Research Project</b>   | <b>10%</b> |
| • Group Presentation   | 5%         |
| • Research Critique  | 5%         |
| <b>4. Formal Paper</b>   | <b>10%</b> |
| • Clinical Reasoning Assessment  |            |
| <b>5. Clinical Evaluation**, P/F</b>   |            |
| <b>Failure to obtain a <i>Satisfactory</i> clinical evaluation will result in a grade of F for the course.</b>   |            |
| **Includes satisfactory completion of Practicum: Skill Demonstration, Quiz #1, Quiz #2, required assignments, clinical worksheets, concept maps (2), diabetes/bariatric center & wound care reactions papers (address role of RN and healthcare team members and identify of health promotion behaviors/interventions) and conference participation. |            |

\*Extra credit will be offered for the successful completion of the four *ATI Focused RN Medical Surgical Assessment Series Reviews* (otherwise known as *Targeted Med-Surg 2010*). Students completing all four (4) reviews with a score of 90% or greater, will receive five (5) points added to their **Exam #3** grade. See *ATI Incentive Directive* for more information.

**Clinical Learning:**

Performance in the clinical practice area is evaluated as satisfactory or unsatisfactory. In order to earn a satisfactory evaluation, the student must achieve each course objective and supporting criteria as well as complete all clinical assignments in a satisfactory manner.

**Students are required to earn a score of 85% in each drug calculation quiz in order to administer medications and progress in the course.** If this score is not achieved, students will remediate by reviewing the appropriate chapters in the Karch text and be re-evaluated with a second drug calculation competency. Failure to achieve a score of

85% on second attempt will result in a grade of unsatisfactory for course objective 3 in the formative evaluation. A third and final drug calculation competency will be given to the student. If the student does not achieve the 85% benchmark required for practice, the student will be unable to administer medications, for the next seven weeks of the course (for medication quiz #1) or next five weeks of the course (for medication quiz #2), which will result in an unsatisfactory formative clinical evaluation. Therefore, **STUDENTS WILL BE REQUIRED TO EARN A 85% SCORE IN EACH DRUG CALCULATION QUIZZES IN ORDER TO PROGRESS IN THE COURSE.**

#### **Clinical Attendance (new policy)**

- Clinical attendance is mandatory for the student to consistently demonstrate the ability to meet course objectives. It is the student's responsibility to notify the appropriate person(s) as identified by course faculty in the event that he/she is unable to attend clinical experiences. Such notification is to occur up to two hours prior to the scheduled clinical experience. If a student is absent from class/clinical activity due to illness, a health care provider's statement verifying the illness and certifying that the student is able to resume class or clinical activity may be required.
- All clinical absences will be tracked in a database for review by future course instructors and the Chairperson of the Department of Nursing. Students who request time off from clinical, due to events in which they have no control (death of a family member), will contact the course faculty and the clinical instructor, and the determination for clinical makeup will be decided. Students who arrive to clinical practice late or leave early may be required to make up those cumulative minutes at the end of the semester on a clinical makeup day. It is up to the discretion of the course faculty to require clinical makeup for students who routinely leave clinical early due to co-curricular activities. For student involved in co-curricular activities such as sports or music, etc, schedules must be submitted to clinical faculty at the beginning of the semester so that clinical experiences can be appropriately determined.
- Students will be required to makeup clinical absences. **The designated clinical makeup day will be scheduled on the Saturday before clinical practicum (APRIL 21, 2012). It is mandatory that students requiring clinical makeup attend that makeup day. Students will be charged \$250.00 per day of clinical make-up to reimburse the department for clinical supervision and administrative fees.** All clinical requirements, including make-up, must be completed by the end of the final examination period for that semester. Any associated fees must be paid in full by the end of the final examination period for that semester. Students are exempt from clinical make-up if they are attending a faculty approved conference (i.e.-NSNA or SNAP convention). In the event that a student receives an excused absence for a required educational trip and later in the semester incurs more clinical absences, the student may be in a position to consider withdrawal from the course, if the clinical experiences absences are too numerous to be made up within the available faculty contract time.



- In the event of a protracted illness requiring multiple missed clinical days, the student, course instructor(s), and Chairperson will meet to discuss alternatives and develop an individual education plan.

Students are expected to adhere to the policies and procedures of the clinical agencies in which they are assigned.

**GRADING POLICY:**

1. **Assignments are expected on or before their due date.** Five points per day will be deducted from grade if assignments are handed in late.
2. **All examinations are to be taken at the scheduled time**, unless the instructor is notified of a competing previously scheduled scholastic or athletic activity. Any individual who is not at the scheduled examination based on a claim of illness is required to provide appropriate medical documentation of a valid medical reason for absence. An alternate examination may be determined by the course faculty. **The Final Exam, per Moravian College policy, must be taken at the appointed time.**
3. **Grading scale is as follows:**

A =93-100	B- =80-82	D+ =67-69
A- =90-92	C+ =77-79	D =63-66
B+ =87-89	C =73-76	D- =60-62
B =83-86	C- =70-72	F = <60

**It is within the instructors' purview to apply qualitative judgment in determining the grades for an assignment or for a course.**

This course emphasizes the following *italicized* CHIP components below:

<b>Community</b>	<b>Holism</b>	<b>Inquiry</b>	<b>Professionalism</b>
<i>Health Care</i>	<i>Health</i>	<i>Critical Thinking</i>	<i>Accountability</i>
<i>Culture</i>	<i>Health Promotion</i>	<i>Nursing History</i>	<i>Collaboration</i>
<i>Health Care</i>	<i>Wellness</i>	<i>Evidence-Based</i>	<i>Professional Values</i>
<i>Systems</i>		<i>Practice</i>	<i>Standards: Legal</i>
<i>Human Diversity</i>			<i>Ethical</i>
			<i>Nursing Process</i>
			<i>Multidisciplinary</i>
			<i>Team</i>

**Please also note while we will try to hold to the flow of the syllabus it is subject to change over the course of the semester.**