



**St. Luke's Hospital School of Nursing  
at Moravian College**  
Bethlehem, Pennsylvania



**NURS 115B: Foundations of Nursing and Healthcare**  
Fall 2011

Period 4b 11:45 – 12:55 AM Monday & Wednesday PPHAC/Room:335

**Faculty:** Janet A. Sipple, RN, EdD, Professor  
Office: 610-861-1608  
Pager: 610-606-3602  
Home: 610-865-2003  
Email: [sipplej@moravian.edu](mailto:sipplej@moravian.edu)

**Office hours:** PPHAC 222/MCampus  
Tuesday\*, Thursday\*  
11:00\* AM – 3:00\* PM  
Other times by appt  
Note: Office in Mathematics Dept  
\*there are some exceptions to these times

**Course Description;**

The process of critical thinking as a basis for open inquiry into assumptions, beliefs, and values about the discipline of nursing will be analyzed for nursing in a dynamic, multidisciplinary health care environment. Professional, historical, and socio-cultural issues, as well as ethical and legal standards, will be discussed within the context of health care challenges of the 21st century.

**Objectives:**

1. Describe the evolution of professional nursing, nursing process and nursing theory.
2. Examine socio-cultural perspectives of health and health promotion.
3. Explain the process of inquiry and critical thinking in making decisions for evidence-based nursing care.
4. Explore nursing's role in promoting safe and quality care within a changing health care environment.
5. Develop an understanding of accountability as a member of the multidisciplinary health care team.
6. Recognize the importance of performance standards for professional and ethical practice.

This course provides an introduction to the process of knowledge acquisition in relation to nursing and health care concepts. The focus is on developing students' intellectual capabilities as independent thinkers. Critical thinking is a basis for open inquiry into assumptions, beliefs and values about one's self in relation to human caring, nursing, and health care. Students will utilize a variety of active learning strategies to explore concepts and issues related to nursing and health care.

...and what does this really mean?

When you “think” about it, most of the thinking that we have developed has occurred rather effortlessly. There are many factors that have affected how we think; some of which are from word of mouth as occurs in the family setting, others are from television, movies, or the popular press. Learning to think critically involves the practice of skills consciously and deliberately in order to take charge of your thinking. The class will focus on processes used in critical inquiry; therefore, there will be little lecture. Nursing and health care issues will be utilized as a focus for developing critical analysis thinking skills.

**Course Credits/Units/Hours:**

Course Units: 1  
Clinical Hours: None

**Placement of Course:** First Year, fall term, required course for nursing majors

**Prerequisites:** None

**Required Textbooks;**

Hood, Lucy Jane (2010). *Leddy & Pepper’s Conceptual Bases of Professional Nursing*. (7<sup>th</sup> ed). Philadelphia: Wolters Kluwer/Lippincott Williams & Wilkins.

Cuadros, Paul. (2006). *Home on the Field*. New York: Harper Collins Publisher. [Required First year student summer reading, required for transfer students].

**Access to Resources Required**

American Psychological Association. (2010). *Publication manual of the American Psychological Association*. (6<sup>th</sup> ed.). Washington, DC: American Psychological Association. (*Reeves Library Reserve Reference Books*)

Gordon, Marjorie. (2007). *Manual of nursing diagnosis*. (11 ed). Boston, MA: Jones and Barlett Publishing. (*Chapters 5 & 6 on Reeves Library Reserve Desk only*)

Potter, P. & Perry, A. (2009). *Fundamentals of nursing*. (7th). St. Louis: MO: Mosby Elsevier. (*Reeves Library Reserve Desk only*)

**Electronic Resource Required Access**

Nursing Student Undergraduate Handbook (2011-2012) Moravian College. Available at <http://home.moravian.edu/public/Nursing/UndergradHandbook.html>

**Course Requirements;**

1. Class attendance is required. Students are expected to be prepared for all class meetings; that means having completed assignments prior to attending class. If unable to attend a class, please contact the instructor at least one hour before class via email or office phone. Arriving late to class is a distraction for others. Beginning with the second late arrival a student will have 2 points deducted from the grade for each 5 minutes late. Holiday travel, routine medical appointment, and personal family vacations are not acceptable reasons to be absent from class or required learning activities. .Students are responsible for obtaining any notes, handouts, or other class items from classmates. Student’s absence on the day an assignment is due are expected to submit their work as due to the instructor electronically. Experiencing printer issues is an unacceptable reason for a late paper.

2. Use of a computer, basic PC literacy, and Internet access are required.
3. A Course Blackboard is used for supplemental instruction in this course. Students are responsible for checking the blackboard every 2 days for announcements and information posted there. Students experiencing difficulty with accessing the College network are accountable for seeking resolution from the CIT Help Desk within 24-48 hours of the problem.
4. A student is required to complete a course evaluation (electronically online) before the last class meeting day of the term. This is an anonymous system required by the College in all courses. Failure to submit the course evaluation data will result in the instructor withholding the student's final course grade posting.

### **Alternative Learning Programs**

In the case of unavoidable class absence due to pre-approved events and/or personal acute illness, a list of alternative learning options will be provided. Please notify the instructor in advance in the event a substitute assignment is indicated which will be subject to approval by the Instructor. A maximum of 2 substitutes for acceptable reasons may be made and each will require a written assignment report due at the following class session.

### **Course General Information**

1. Students are expected to maintain an electronic copy of all written work for replacement in case of lost papers. Such loss is unavoidable due to volume of papers being submitted in a semester.
2. The course topical outline serves as a general guide and is subject to change with classroom or email notification to students. There are three sections of NURS 115 and each may be run by the Instructor in a different manner, content, or schedule. Be aware of this fact when you are exchanging information with other students who may be in a different section of the course.
3. Plagiarism is the intentional use of another's words or ideas as your own. This can range from using another individual's direct words or changing the words slightly (paraphrasing) without the appropriate citation to purchasing a paper from the Internet or a professional writing service. APA format is required for all written assignments.
4. Students are encouraged to participate in the full range of the college community programs, events, and sports. These events are routinely scheduled to begin at 4:00 PM; therefore, students should not request to leave class early to participate in extra curricula events.
5. Instructor absence – In the event of acute illness of the instructor, a substitute teacher will cover the class. Should a class session need to be cancelled it will be announced on the course blackboard or posted on the classroom door. Every attempt will be made to notify the student in advance.
6. Learning activities stated on the topical outline section of this syllabus are to be completed prior to class time. The student can expect to work approximately 6-8 hours per week in preparing for this class.
7. Disability accommodations under the Americans with Disabilities Act (ADA) cannot be provided until authorization is received from the Office of Learning Services. Students who wish to request accommodations in this class should contact Joseph Kempfer, Assistant Director of Learning Services for Disability Support, in the Learning Services

- office, 610-861-1510).
8. Communication between instructor & student can be facilitated through the use of email. Students are expected to check their email every day or two. The instructor does not check emails after 6:00 PM or before 6:00 AM.
  9. College policy will be followed relative to inclement weather. Please check the College web-site or call (610) 625-7995 for any announcements relative to weather and the cancellation of class.
  10. Nursing students are held accountable for the Nursing Department policy stated in the School of Nursing Student Handbook 2011- 2012. The handbook may be found on the P drive of the college at <http://home.moravian.edu/public/Nursing/UndergradHandbook.html> . The student will be required to sign a statement that this information was announced to them as part of this course content.

**Classroom Policy:**

Adult behavior based on custom and tradition is expected at all times. Mutual respect of each other and consideration for ideas and opinions is required of all. Cell/laptop phone use including text messaging is inappropriate in the classroom. Chewing gum, hats, and food are inappropriate to a collegiate classroom setting.

**Methods of Evaluation:**

Quizzes & Examinations (40%)	
<ul style="list-style-type: none"> <li>• Quizzes/In-class work/homework</li> </ul>	20%
<ul style="list-style-type: none"> <li>• Midterm exam</li> </ul>	10%
<ul style="list-style-type: none"> <li>• Final exam</li> </ul>	10%
Formal Papers (40%)	
<ul style="list-style-type: none"> <li>• Reflective papers (4/ US Health Problem, Future of Nursing, Professional Nurse Advocate, Cultural Relevance)</li> </ul>	10%
<ul style="list-style-type: none"> <li>• Scholarly paper (1/Evidence-based practice)</li> </ul>	20%
<ul style="list-style-type: none"> <li>• Essays (2/Interview, I have a Dream)</li> </ul>	10%
Group Projects (20%)	
<ul style="list-style-type: none"> <li>• Case Study Analysis (Cases provided)</li> </ul>	10%
<ul style="list-style-type: none"> <li>• Group presentation project (Global health issue/nursing resolution)</li> </ul>	10%
Course Evaluation (electronic survey required)	0%
TOTAL	100%

**Directives for Assignments**

A general guideline will be posted on Blackboard to assist students in understanding the expectation for assignments with regard to academic performance.

**NOTE:** *The Moravian College nursing program is accredited by the Commission on Collegiate Nursing Education. As part of the accreditation process the program must provide evidence of assignments completed by students. Any of the students written work in this course, may be used as evidence of student performance during the accreditation process.*

**Writing Center**

Students who wish to improve their writing or are experiencing issues in writing will be referred to the College Writing Center. This is an excellent resource available to students in support of being a successful student. Take advantage of this resource.

**Teaching Strategies:**

- Seminar/discussion
- Required readings and internet searching
- Thinking exercises and gaming
- Group Projects
- Media/film critique
- Written paper, oral presentation
- Case study
- Self-reflection

**Curriculum Core Components**

<u>Community</u>	<u>Holism</u>	<u>Inquiry</u>	<u>Professionalism</u>
Health Care	Health	Critical thinking	Accountability
Culture	Health Promotion	Nursing History	Collaboration
Health Care Systems	Wellness	Evidence-based	Professional values
Human Diversity		practice	Standards: Legal/ethical
			Nursing Process
			Multidisciplinary Team

**Grading Policy:**

1. Assignments are expected on or before the due date. If class assignments are submitted late, five points per day will be deducted from the grade. The grading scale in the Nursing Program is as follows:

A =93-100	B- =80-82	D+ =67-69
A- =90-92	C+ =77-79	D =63-66
B+ =87-89	C =73-76	D- =60-62
B =83-86	C- =70-72	F = <60

2. It is within the instructor's purview to apply qualitative judgment in determining grades for any assignment and for the course final grade.
3. The student's name and date should appear on each page of an assignment being submitted. Standard size paper (8.5" X 11") is required for all in class writing and submitted assignments.
4. Multiples pages of a paper must be stapled together prior to submission. Staplers are not provided in the classroom for this purpose.

5. Electronic submission of papers is not acceptable unless authorized by the instructor, e.g. in the case of absence due to illness.
6. Late papers will have points deducted from the assignment score.
7. There are no excused absences granted in this course.

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**Course: Topical Outline**

- I. NURSING – What is it? What is it not? Why nursing for you?
  - A. Professional Nursing
  - B. Roles & Practice
  - C. Self Image as Professional Nurse
- II. US Health Care System
  - A. Constitution of a Health System
  - B. Nursing, Medicine, Allied Health Professionals
  - C. Delivery of Care Services
  - D. Therapeutic Relationship, Healing, Wholeness
  - E. Health Sciences
- III. Global Health Issues/World Health Organization (WHO)
  - A. Global health
  - B. Health Status
  - C. States of Wellness & Illness
  - D. Health Goals
- IV. Contextual Framework for Nursing & Health Care
  - A. History of Nursing & Medicine
  - B. History of Health Care Systems
  - C. Standards, Codes, Authority
- V. Patterns of Knowing/Nursing Science
  - A. Scientific Thinking
  - B. Thinking in Nursing
  - C. Nursing Science
- VI. Nursing Theory & Processes
  - A. Models
  - B. Theories
  - C. Processes
  - D. Gordon's Health Patterns
  - E. Nursing Process
- VII. Health Care Delivery Systems
  - A. Community
  - B. Health Promotion
  - C. Issues, challenges, goals
- VIII. Safety & Quality Improvement/Research
  - A. Evidence- based practice
  - B. Continuous quality improvement
  - C. Professional nurse role in the process
- IX. Cultural Assimilation & Health Care & Community Health
  - A. Professional framework
  - B. Practice competence

X. Legal & Ethical Accountability

- A. The law
- B. Ethos

XI. Professional Nurse Roles

- A. Professional accountability
- B. Practitioner of nursing science
- C. Educator of clients/peers
- D. Leader in nursing practice
- E. Coordinator of care
- F. Contributor & developer

XII. Professional Nurse & the Future of Nursing

- A. What does it look like?
- B. How will this future shape the role of the professional nurse?

**Fall 2011 Sipple NURS 115**

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**Class Schedule & Reading Assignments**

<b>Date</b>	<b>Topics</b>	<b>Readings</b> (Regularly check BB for additions or changes)
8/29	Welcome: Dr. Kerry Cheever Professor/Chairperson, St. Luke's School Nursing at Moravian College Course Overview	All readings are from Leddy & Pepper's unless otherwise specified
	What is nursing? What Nursing is Not! Why nursing for me? Tips for success	Chapter 1
8/31	More Nursing	In class quiz Independent reading/submit citation
9/5	Labor Day – No Classes	
9/7	US Health Care System	In class quiz Blackboard Reading # 1 Essay due: Interview
9/12	Health Care Economics & Nursing	In class quiz Homework assignment due
9/14	Global Health Issues	WHO (search internet) Chapter 13 # 1 Reflection Paper due: US Health Problem
9/19	Contextual Framework Nursing, Medicine, Health Care	Chapter 2 In class quiz
9/21	Patterns of Knowing Nursing Science	Chapter 5
9/26	Nursing Theory & Processes	Chapter 6 In class quiz
9/28	Nursing Theory & Processes	Chapter 7
10/3	Professional Practice The Professional Nurse	Chapter 8
10/5	Mid-Term	



10/10	No Class – Fall Break	
10/12	Health Care Delivery Systems	Chapter 9
10/17	Safety & Quality Improvement/Research	Chapter 10
10/19	Nursing Research & Evidence-based Care	
10/24	Cultural Assimilation & Health Care	Chapter 11 # 2 Reflection Paper due: <u>Home on the Field</u>
10/26	No Usual Class Meeting - Class Substitute (Required) 5:00-7:00 PM “ <i>Our Path Forward: Reflections on the IOM Future of Nursing Report</i> ” Dr. Margaret McClure, FAAN Foy Hall/South Campus	IOM Report, Future of Nursing 2010
10/31	Guest Speaker – TBA	# 3 Reflection Paper due: Future of Nursing
11/2	Professional Accountability Legal & Ethical	Chapter 12
11/7	Professional Nurse Roles	Chapter 16
11/9	Professional Nurse as Teacher & Leader	Chapter 17, 18
11/14	Professional Nurse in Public Policy	Chapter 20
11/16	Professional Nurse as Advocate	Reading as assigned # 4 Reflection paper due: Nurse Advocate
11/21	Professional Nurse Career	Chapter 22 # 2 Essay due: I Have a Dream

11/23	Thanksgiving Holiday begins	
11/28	3 Group Reports/Global Health Threat	Group/Reference Submission due
11/30	3 group reports of Global Health Threat	Group Reference Submission due
12/5	3 group reports of Global Health Threat	Group Reference Submission due
12/7	Last class Wrap up/exam blueprint	Course Evaluation on BB due before exam 12/15 Scholarly Paper/ Due
<b>12/14</b>	<b>Thurs Final Examination – 1:30 – 3:30 PM</b>	<b>Location: TBA</b>

**\*This schedule may change over the course of the semester. Students will receive notification of syllabus/assignment changes in class and/or through electronic communication (BB/email).**

**Winter Break**