

**LinC 101J: The Educated Citizen and Public Health  
First Year Seminar  
Fall 2011**

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Office: Hamilton Hall 101

Office Hours: M & W 1:30PM-4:30PM  
and by appointment

**Class:**

Monday, Wednesday, Friday

11:45 AM-12:55 PM

**Location:**

Memorial Hall, Room 202

**Student Advisor: Jamie Skidmore**

Major: Nursing

Class Standing: Senior

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**COURSE DESCRIPTION:**

The First Year Seminar (FYS) introduces writing as a process that is central to college learning and to life. Each FYS, no matter what the topic, focuses on college-level reading and writing so students will begin to sharpen the critical reasoning skills needed for success in any academic discipline at Moravian College. The subject area focus of each FYS section entails reading and discussing ideas and styles from various academic disciplines, but all sections are the same in their general approach: students will practice both speaking and writing and will work collaboratively in workshop settings. You learn to write by writing and reading, so your teacher will be mostly a facilitator in class, not a lecturer or test-giver.

*Description of our focus area:* What is health? How is health defined for the individual versus the community? In this first year seminar we will look at the concepts and context of public health in the United States. Public health focuses on what makes a community sick and what keeps us well, and how a community works together on issues from an “us” rather than “me” perspective. As the educated citizens of this country, we are called to take up the challenge of the health of the nation.

**STUDENT LEARNING OUTCOMES:**

By the end of this course, students will:

1. Articulate and understanding of liberal education as it affects one’s life now and prepares the individual for the future.
2. Use writing as a way to discover new information and insights, in short, to learn.
3. Demonstrate a process approach to writing.
4. Demonstrate competency in writing including framing questions, posing problems, and synthesizing information to write an academic paper.
5. Demonstrate an ability to write effectively for a variety of audiences.

6. Gather information for assignments through the use of appropriate technology and evaluate the credibility of sources needed to write an academic paper.
7. Read critically and comprehensively to integrate others' ideas with their own.
8. Demonstrate behaviors for successful learning including effective study habits, time management, goal setting and coping skills.
9. Collaborate with faculty and student advisors to engage with the college community.

Also at the conclusion of this course, students as educated citizens will be able to:

1. Describe the context and scope of public health in historical and modern perspectives.
2. Explain how public health looks at the determinants of health/disease and how public health interventions contribute to the health of its citizens.
3. Identify tools used in promoting population health and potential tensions between individual rights and goals for the nation's health.
4. Contribute to this learning community through identifying a focus area of public health for individual investigation and dissemination.
5. Intervene in the health of the citizens of Moravian College through a service learning project.

Students will complete several pieces of writing, formal and informal, graded or ungraded, this semester. Expect to receive suggestions from your instructor or classmates as you develop writing assignments through multiple drafts. Individual conferences, written comments, small group workshops, the College Writing Center—all may be used to help you as you plan, draft, revise, and edit a piece of writing. At least one writing assignment will involve substantial use of Reeves Library. You will improve your information literacy as you learn to develop and investigate a research topic. By the time you complete your FYS, you should be proficient in the following “**basic competencies**” of information literacy:

- Define a research need
  - Formulate a research topic
  - Determine an information need
- Plan and execute a search for information
  - Identify key terms and concepts
  - Identify the most appropriate sources of information
  - Use Boolean operators and truncation where appropriate
  - Impose limiters (e.g., scholarly vs. popular, date, language)
  - Modify the search based on search results
- Know how and where to find the sources discovered in the search process
  - Determine which sources the library owns or provides access to and retrieve them
  - Request material not owned by the library on Interlibrary Loan
  - Locate material faculty may have put on reserve in the library
- Understand the obligation to credit sources and be able to do so in an appropriate citation style

**REQUIRED READING/TEXTBOOKS:**

Cuadros, P. (2007). *A home on the field: How one championship soccer team inspires hope for the revival of small town America*. New York: HarperCollins. (ISBN#978-0-06-112028)

Ede, L. (2011). *The academic writer-a brief guide*. NY: Bedford/St. Martin's. (ISBN#978-0-312-60319-9) Student link: [Lisa Ede, The Academic Writer](#)

Riegelman, R. (2010). *Public health 101: Healthy people-healthy populations*. Sudbury, MA: Jones and Bartlett Publishers (ISBN#978-0-7637-6044-1) Student link: [Public Health 101: Healthy People-Healthy Populations](#)

**REQUIRED ADDITIONAL MATERIALS/SOFTWARE:**

A separate binder with loose-leaf paper for this course – it will contain free writes, reflections, writing exercises, notes from group activities and other written investments in the daily life of this course - this will be handed periodically for instructor/student advisor review.

A three ring binder for the final writing portfolio

Each student must enroll in the course on Blackboard (LINC101J)

Cmaps software (free download from <http://cmap.ihmc.us/download>)

FreeMind software (free download from [http://freemind.sourceforge.net/wiki/index.php/Main\\_Page](http://freemind.sourceforge.net/wiki/index.php/Main_Page))

**RECOMMENDED READING/TEXTBOOK:**

American Psychological Association (2010) *Publication manual of the American Psychological Association*. (6<sup>th</sup> ed.). Washington, DC: American Psychological Association. (ISBN#978-1-4338-0561-5)

**ONLINE RESOURCES FOR OUR WRITING COMMUNITY:**

Bedford Online Citation Styles  
<http://www.bedfordstmartins.com/online/citex.html>

Bedford Researcher On-Line Resources  
<http://bcs.bedfordstmartins.com/bedfordresearcher3e/>

Elbow, Peter. *Writing with Power: Techniques for Mastering the Writing Process*  
<http://site.ebrary.com/lib/moravianlibrary/Doc?id=10085437>

Purdue University On-Line Writing Lab  
<http://owl.english.purdue.edu/>

Purdue University On-Line Writing Lab: Grammar, Punctuation, and Spelling  
<http://owl.english.purdue.edu/handouts/grammar/>

Reeves Library Home Page  
<http://home.moravian.edu/public/reeves/>

**ONLINE RESOURCES FOR PUBLIC HEALTH:**

American Public Health Association (APHA) website  
[APHA: American Public Health Association](#)

Centers for Disease Control (CDC) website  
[Centers for Disease Control and Prevention](#)

Healthy People 2020  
<http://www.healthypeople.gov/>

Historical aspects of public health  
[What's New About the "New Public Health"? -- Awofeso 94 \(5\): 705 -- American Journal of Public Health](#)

Institute of Medicine (IOM)  
[www.iom.edu](http://www.iom.edu)

IOM: The Future of Public Health <http://www.iom.edu/CMS/3793/4720/4304/4165.aspx>

Information on public health and careers in public health  
[www.whatispublichealth.org](http://www.whatispublichealth.org)

National Institutes of Health (NIH) website  
[National Institutes of Health \(NIH\)](#)

This is Public Health slideshow  
[THIS IS PUBLIC HEALTH.](#)

US Department of Health and Human Services (USHHS) website  
[United States Department of Health and Human Services](#)

World Health Organization (WHO) website  
[WHO | World Health Organization](#)

WHO's Global Health Observatory (GHO) link  
[WHO | World Health Organization](#)

**STUDENT EXPECTATIONS & COURSE POLICIES:**

**Students will be responsible to adhere to the *Classroom Guidelines for courtesy & respect*.**

This document will be reviewed, discussed and agreed upon in class and will then be posted on blackboard.

**Students will be responsible to adhere to the 4 A's**

1. **ATTENDANCE-** Please make every attempt to come to all the class sessions, to come to class on time, and to stay until the end of the meeting unless you have informed me that you must leave early.
  - **Class attendance is an expectation.** Students are expected to be prepared and attend all class meetings. This includes completing necessary assignments prior to attending class. Students who are not prepared for class may not be able to meet course standards and therefore are at risk for course failure. Tardiness is a distraction to the class and will not be tolerated. An absence due to illness may be excused and not impact the participation grade if and only if the instructor (Ms. Groller) is notified at least 1 hour prior to the class, and the student submits a health care provider excuse at the beginning of the next class. The instructor(s) reserve the right to deduct points off the student's final course grade if a trend of tardiness is evident.
  
2. **ACTIVE LEARNING-** Each student is to own their learning by engaging in the learning process. Active participation is measured by demonstrating responsibility and ownership in the learning process by completing required readings, assignments, discussion, and/or feedback by the due date. Additionally, holding others accountable for preparation as student and instructor will deepen our exploration of knowledge and its applicability throughout the semester. **Student are required to behave in accordance to the agreed upon *Guidelines for Classroom for Courtesy & Respect*.**
  
3. **ACADEMIC INTEGRITY-** Students are responsible to maintain scholarship by being professional and honest in producing their own academic work. In accordance with the Student Handbook statement on Academic Honesty (<http://www.moravian.edu/studentLife/handbook/academic/academic2.html>). Moravian College expects its students to perform their academic work honestly and fairly. A Moravian student, moreover, should neither hinder nor unfairly assist the efforts of other students to complete their work successfully. This policy of academic integrity is the foundation on which learning at Moravian is built. The College's expectations and the consequences of failure to meet these expectations are outlined below. If at any point in your academic work at Moravian you are uncertain about your responsibility as a scholar or about the propriety of a particular action, consult your instructor. The following include acts of academic dishonesty and participation in such will result in possible course/assignment failure:
  - **Guidelines for Honesty:** All work that you submit or present as part of course assignments or requirements must be your original work unless otherwise expressly permitted by the instructor. This includes any work presented, be it in written, oral,

or electronic form or in any other technical or artistic medium. When you use the specific thoughts, ideas, writings, or expressions of another person, you must accompany each instance of use with some form of attribution to the source. Direct quotes from any source (including the Internet) must be placed in quotation marks (or otherwise marked appropriately) and accompanied by proper citation, following the preferred bibliographic conventions of your department or instructor. **In this course, APA format is required for all written assignments unless specified otherwise.** Student ignorance of bibliographic convention and citation procedures is not a valid excuse for having committed plagiarism. When you use the specific thoughts, ideas, writing, or expressions of another person, you must accompany each instance of use with some form of attribution to the source.

**You may not collaborate during an in-class examination, test, or quiz. You may not work with others on out-of-class assignments, exams, or projects unless expressly allowed or instructed to do so by the course instructor.** If you have any reservations about your role in working on any out-of-class assignments, you must consult with your course instructor. In each FYS class and in the Writing Center, we try to establish a community of writers who can review and provide helpful criticism of each other's work. Although no students in your class or in the Writing Center should ever be allowed to write your paper for you, they are encouraged to read your work and to offer suggestions for improving it. Such collaboration is a natural part of a community of writers.

**You may not use writing or research that is obtained from a "paper service" or that is purchased from any person or entity, unless you fully disclose such activity to the instructor and are given express permission.** You may not use writing or research obtained from any other student previously or currently enrolled at Moravian or elsewhere or from the files of any student organization, such as fraternity or sorority files, unless you are expressly permitted to do so by the instructor.

You must keep all notes, drafts, and materials used in preparing assignments until a final course grade is given. In the case of work in electronic form, you may be asked to maintain all intermediate drafts and notes electronically or in hard copy until final grades are given. All these materials must be available for inspection by the instructor at any time.

- **Plagiarism:** A major form of academic dishonesty is plagiarism, which we define as the use, whether deliberate or not, of any outside source without proper acknowledgment; an "outside source" is defined as any work (published or unpublished), composed, written, or created by any person other than the student who submitted the work (adapted from Napolitano vs. Princeton). Instructors often encourage—and in the case of research essays, require—students to include the

ideas of others in their writing. In such cases, students must take care to cite the sources of these ideas correctly (in other words, to give credit where credit is due).

At Moravian, if an instructor suspects plagiarism, the student will be asked to show the notes and drafts contributing to the final version of a paper. The instructor also has the right to review any books or periodicals that were used. The grade for the paper will be suspended until these materials have been reviewed. An instructor who suspects a student of violating the policy on academic honesty with regard to an assignment, requirement, examination, test, or quiz will consult with the Chair, First Year Seminar, using a blind copy of the work in question, to verify the violation. If the charge is verified, the instructor will, in almost all cases, assign either a grade of zero to the academic work in question or a failing grade in the course in which the violation occurred. The student must be informed in writing of the alleged violation and penalty; a copy of this memo must be sent to the Associate Dean of Academic Affairs. A student may appeal either a charge of academic dishonesty or a penalty as follows:

- First, to the First Year Seminar course instructor.
  - Next, in the case of a First Year Seminar, to the Chair, First Year Seminar
  - Next, to the Academic Standards Committee, chaired by the Associate Dean for Academic Affairs.
- Other **unprofessional behaviors** such as tampering, damaging or hindering the work of others to complete their own assignments will not be tolerated.
4. **ACCOMMODATIONS FOR LEARNING**-Students are empowered to seek additional assistance through campus resources, such as the Writing Center or Learning services, to support course success.
- **The Writing Center**, on the second floor of Zinzendorf Hall, is there to support the efforts of all writers at Moravian College. The tutors there are students who are good, experienced writers and who are professionally trained to help you improve your writing. They will go over an essay draft with you and guide your understanding of how you might improve that draft. You could also drop by to pick up some of the free handouts on virtually every part of writing: getting started, writing a thesis, developing paragraphs, eliminating wordiness, using commas, and the like. The Writing Center is generally open Monday-Thursday afternoons and Sunday evenings during the semester. The Writing Center is located in a building that is not accessible to persons with mobility impairments. If you need the services of the Writing Center, please call 610-861-1392.
  - **Learning Services Office**: Students who wish to request accommodations in this class for a disability are encouraged to contact the Learning Services Office as soon as possible to enhance the likelihood that such accommodations are implemented in a timely fashion. Students who wish to request accommodations in this class for a disability should contact Mr. Joe Kempfer, Assistant Director of Learning Services for

Disability Support, 1307 Main Street (phone (610)861-1510; email [mejek@moravian.edu](mailto:mejek@moravian.edu) ). Students are also encouraged, yet not required, to inform course faculty of those situations that can affect academic performance. Resources may be available to aid students who are experiencing academic difficulty.

It is important to contact the office as soon as possible to enhance the likelihood that such accommodations are implemented in a timely fashion. Any student who wishes to disclose a disability and request accommodations under the Americans with Disabilities Act (ADA) for this course first **MUST** meet with either Mrs. Laurie Roth in the Office of Learning Services (for learning disabilities and/or ADD/ADHD) or Dr. Ronald Kline in the Counseling Center (for all other disabilities). Accommodations cannot be provided until authorization is received from the Office of Learning Services.

**ADDITIONAL INFORMATION:**

- **College policy will be followed relative to inclement weather.** Please check the AMOS website or call (610)625-7995 for any announcements relative to weather and the cancellation of class.
- **The student is required to complete a course evaluation** by the last day of class. This is an anonymous system required by the college in all courses.
- **The instructor(s) will respond to any written communications** (i.e.-emails, hand-written notes, etc.) regarding this course or academic advisement in the timeliest manner. A timely response by the instructor can be expected within 72 hours upon receipt of the written communication. The instructor will not check emails after 5:00PM.



**METHODS OF EVALUATION\*\*:**

<b>Investment in the daily life of the course (20%),</b> broken down as follows:	
• <i>Participation</i> – in class participation and spot check of notebook with free writing and writing exercises, reflections, notes from group workshops and service learning group project	4%
• <i>Student Affairs assignments reviewed by student advisor</i> – these assignments must be passed in order to pass the course	6%
• <i>Completion of 10 open book quizzes</i> found on the student website for the Public Health 101: Healthy People-Healthy Populations text	10%
<b>Formal Papers (55%)</b>	
• <i>Assignment 1:</i> Descriptive Essay: A Day in the Life of Public	10%
• <i>Assignment 2:</i> Persuasive Essay on topic related to Public Health	15%
• <i>Assignment 3:</i> Research Paper on topic related to Public Health	30%
<b>Projects (25%)</b>	
• <i>Portfolio</i> of writing and reflection on writing process	15%
• <i>Assignment 4:</i> Group Service Learning Project for Association of Peer Educators	10%
<b>TOTAL</b>	<b>100%</b>

\*\* It is within the instructor's purview to apply qualitative judgment in determining the grades for an assignment or for a course.

**GRADING POLICY:**

Assignments are expected on or before their due date. If class assignments are submitted late, five points per day will be deducted from the grade. The grading scale is as follows:

A =93-100	B- =80-82	D+ =67-69
A- =90-92	C+ =77-79	D =63-66
B+ =87-89	C =73-76	D- =60-62
B =83-86	C- =70-72	F = <60

*\*This syllabus is subject to change.*