



**St. Luke's Hospital School of Nursing  
at Moravian College  
Bethlehem, Pennsylvania**



**FINAL EDITION/***Sipple Please note differences from previous Draft*  
**Blue Paper**

**NURS 115A: Foundations of Nursing and Healthcare**  
Fall 2010

Period 3b: 10:20 – 11:30 AM Monday & Wednesday PPHC/SHILL Room:310

**Faculty:** Janet A. Sipple, RN, EdD, Professor  
Office: 610-861-1608  
Pager: 610-606-3602  
Home: 610-865-2003  
Email: [sipplej@moravian.edu](mailto:sipplej@moravian.edu)

**Office hours:** PPHAC 222/MCampus  
Tuesday, Thursday\*  
11:00 AM – 3:00 PM  
Other times by appt

\*(there are some exceptions to these times, relative to meetings/professional travel)

**Course Description;**

The process of critical thinking as a basis for open inquiry into assumptions, beliefs, and values about the discipline of nursing will be analyzed for nursing in a dynamic, multidisciplinary health care environment. Professional, historical, and socio-cultural issues, as well as ethical and legal standards, will be discussed within the context of health care challenges of the 21st century.

**Objectives:**

1. Describe the evolution of professional nursing, nursing process and nursing theory.
2. Examine socio-cultural perspectives of health and health promotion.
3. Explain the process of inquiry and critical thinking in making decisions for evidence-based nursing care.
4. Explore nursing's role in promoting safe and quality care within a changing health care environment.
5. Develop an understanding of accountability as a member of the multidisciplinary health care team.
6. Recognize the importance of performance standards for professional and ethical practice.

This course provides an introduction to the process of knowledge acquisition in relation to nursing and health care concepts. The focus is on developing students' intellectual capabilities as independent thinkers. Critical thinking is a basis for open inquiry into assumptions, beliefs and values about one's self in relation to human caring, nursing, and health care. Students will utilize a variety of active learning strategies to explore concepts and issues related to nursing and health care.

....and what does this really mean?

When you “think” about it, most of the thinking that we have developed has occurred rather effortlessly. There are many factors that have affected how we think; some of which are from word of mouth as occurs in the family setting, others are from television, movies, or the popular press. Learning to think critically involves the practice of skills consciously and deliberately in order to take charge of your thinking. The class will focus on processes used in critical inquiry; therefore, there will be little lecture. Nursing and health care issues will be utilized as a focus for developing critical analysis thinking skills.

**Course Credits/Units/Hours:**

Course Units: 1  
Clinical Hours: None

**Placement of Course:** First Year, fall term, required course for nursing majors

**Prerequisites:** None

**Required Textbooks:**

Cherry, B & Jacob, S. (2008). Contemporary nursing: Issues, trends, & management (4<sup>th</sup> ed.). St. Louis: Mosby Elsevier.  
American Nurses Association, (2010). Code of ethics for nurses with interpretive statements. Silver Spring, MD: American Nurses Association.  
American Nurses Association. (2010). Nursing’s social policy statement (3<sup>rd</sup> ed.). Silver Springs, MD: American Nurses Association.  
Chen, Da. (2001) Colors of the mountain. New York: Random House Publishing.[Required First year student summer reading].

**Access to Resources Required**

American Psychological Association. (2010). Publication manual of the American Psychological Association. (6<sup>th</sup> ed.). Washington, DC: American Psychological Association. (*Reeves Library Reserve Reference Books*)  
Gordon, Marjorie. (2007). Manual of nursing diagnosis. (11 ed). Boston, MA: Jones and Barlett Publishing. (*Chapters 5 & 6 on Reeves Library Reserve Desk only*)  
Potter, P. & Perry, A. (2009). Fundamentals of nursing:(7<sup>th</sup>).St. Louis: MO: Mosby Elsevier. (*Reeves Library Reserve Desk only*)

**Electronic Resource Required Access**

Nursing Student Undergraduate Handbook (2010-2011) Moravian College. Available at <http://home.moravian.edu/public/Nursing/UndergradHandbook.html>

**Course Requirements;**

1. Class attendance is required. Students are expected to be prepared for all class meetings; that means having completed assignments prior to attending class. If unable to attend a class, please contact the instructor at least one hour before class via email or office phone. Arriving late to class is a distraction for others. Beginning with the second late arrival a student will have 2 points deducted from the grade for each 5 minutes late. Holiday travel, routine medical appointment, and personal family vacations are not acceptable reasons to be

absent from class or required learning activities. Students are responsible for obtaining any notes, handouts, or other class items from classmates. Students absent on the day an assignment is due are expected to submit their work as due to the instructor electronically. Experiencing printer issues is an unacceptable reason for a late paper.

2. Use of a computer, basic PC literacy, and Internet access are required.
3. A Course Blackboard is used for supplemental instruction in this course. Students are responsible for checking the blackboard every 2 days for announcements and information posted there. Students experiencing difficulty with accessing the College network are accountable for seeking resolution from the CIT Help Desk within 24-48 hours of the problem.
4. A student is required to complete a course evaluation (electronically online) before the last class meeting day of the term. This is an anonymous system required by the College in all courses. Failure to submit the course evaluation data will result in the instructor withholding the student's final course grade posting.

### **Alternative Learning Programs**

In the case of unavoidable class absence due to pre-approved events and/or personal acute illness, a list of alternative learning options will be provided. Please notify the instructor in advance in the event a substitute assignment is indicated which will be subject to approval by the Instructor. A maximum of 2 substitutes for acceptable reasons may be made and each will require a written assignment report due at the following class session.

### **Course General Information**

1. Students are expected to maintain an electronic copy of all written work for replacement in case of lost papers. Such loss is unavoidable due to volume of papers being submitted in a semester.
2. The course topical outline serves as a general guide and is subject to change with classroom or email notification to students. There are three sections of NURS 115 and each may be run by the Instructor in a different manner, content, or schedule. Be aware of this fact when you are exchanging information with other students who may be in a different section of the course.
3. Plagiarism is the intentional use of another's words or ideas as your own. This can range from using another individual's direct words or changing the words slightly (paraphrasing) without the appropriate citation to purchasing a paper from the Internet or a professional writing service. APA format is required for all written assignments.
4. Students are encouraged to participate in the full range of the college community programs, events, and sports. These events are routinely scheduled to begin at 4:00 PM; therefore, students should not request to leave class early to participate in extra curricula events.
5. Instructor absence – In the event of acute illness of the instructor, a substitute teacher will cover the class. Should a class session need to be cancelled it will be announced on the course blackboard or posted on the classroom door. Every attempt will be made to notify the student in advance.
6. Learning activities stated on the topical outline section of this syllabus are to be completed prior to class time. The student can expect to work approximately 6-8 hours per week in preparing for this class.

7. Disability accommodations under the Americans with Disabilities Act (ADA) cannot be provided until authorization is received from the Office of Learning Services. Students who wish to request accommodations in this class should contact Joseph Kempfer, Assistant Director of Learning Services for Disability Support, in the Learning Services office , 610-861-1510).
8. Communication between instructor & student can be facilitated through the use of email. Students are expected to check their email every day or two. The instructor does not check emails after 6:00 PM or before 6:00 AM.
9. College policy will be followed relative to inclement weather. Please check the College web-site or call (610) 625-7995 for any announcements relative to weather and the cancellation of class.
10. Nursing students are held accountable for the Nursing Department policy stated in the School of Nursing Student Handbook 2009-2010. The handbook may be found on the P drive of the college at **<http://home.moravian.edu/public/Nursing/UndergradHandbook.html>** . The student will be required to sign a statement that this information was announced to them as part of this course content.

### **Classroom Policy:**

Adult behavior based on custom and tradition is expected at all times. Mutual respect of each other and consideration for ideas and opinions is required of all. Cell/laptop phone use including text messaging is inappropriate in the classroom. Chewing gum, hats, and food are inappropriate to a collegiate classroom setting.

### **Methods of Evaluation:**

Quizzes & Examinations (40%)	
• Quizzes/In-class work/homework	20%
• Midterm exam	10%
• Final exam	10%
Formal Papers (40%)	
• Reflective papers	10%
• Scholarly paper (US Health Issue/Resolution)	20%
• Essays/ANA Social Policy Statement & Code of Ethics	10%
Projects (20%)	
• Image of Nursing Role Play/Critique -	10%
• Group project (Global Health Threat/Solutions)	10%
Course Evaluation (required)	0%
<b>TOTAL</b>	<b>100%</b>

### **Directives for Assignments**

A general guideline will be posted on Blackboard to assist students in understanding the expectation for assignments with regard to academic performance.

**NOTE:** *The Moravian College nursing program is accredited by the Commission on Collegiate Nursing Education. As part of the accreditation process the program must provide evidence of assignments completed by students. Any of the students written work in this course, may be used as evidence of student performance during the accreditation process.*

### Writing Center

Students who wish to improve their writing or are experiencing issues in writing will be referred to the College Writing Center. This is an excellent resource available to students in support of being a successful student. Take advantage of this resource.

### Teaching Strategies:

- Seminar/discussion
- Required readings and internet searching
- Thinking exercises and gaming
- Group Projects
- Media/film critique
- Written paper, oral presentation
- Case study
- Self-reflection

### Curriculum Core Components

<b>Community</b>	<b>Holism</b>	<b>Inquiry</b>	<b>Professionalism</b>
Health Care	Health	Critical thinking	Accountability
Culture	Health Promotion	Nursing History	Collaboration
Health Care Systems	Wellness	Evidence-based	Professional values
Human Diversity		practice	Standards: Legal/ethical
			Nursing Process
			Multidisciplinary Team

### Grading Policy:

1. Assignments are expected on or before the due date. If class assignments are submitted late, five points per day will be deducted from the grade. The grading scale in the Nursing Program is as follows:

A =93-100	B- =80-82	D+ =67-69
A- =90-92	C+ =77-79	D =63-66
B+ =87-89	C =73-76	D- =60-62
B =83-86	C- =70-72	F = <60

2. It is within the instructor's purview to apply qualitative judgment in determining grades for any assignment and for the course final grade.
3. The student's name and date should appear on each page of an assignment being submitted.
4. Multiples pages of a paper must be stapled together prior to submission. Staplers are not provided in the classroom for this purpose.

5. Electronic submission of papers is not acceptable unless authorized by the instructor, e.g. in the case of absence due to illness.
6. Late papers will have points deducted from the assignment score.
7. There are no excused absences granted in this course.

### **Course: Topical Outline**

- I. NURSING – What is it? What is it not? Why nursing for you?
- II. Professional Values
  - A. Evolution of Professional Nursing
  - B. Nursing Theories
  - C. Multidisciplinary collaboration
  - D. Safe and quality care
- III. Critical Thinking
  - A. Ways of Knowing
  - B. Critique of literary or media influences on health care
- IV. Information Literacy
  - A. Primary vs. secondary sources
  - B. Database searching
  - C. Controlled vocabulary
- V. Scholarly Writing
  - A. Critique of literature
  - B. APA Style
- VI. Professional Accountability
  - A. Ethical Theory and Principles
    1. Values, Morals, and Ethics
    2. Ethical Principles
    3. Ethical Decision-Making Process
  - B. Legal Issues
    1. Sources of Law
    2. Types of Law
    3. Elements of Liability for Malpractice
    4. Client Rights: Informed Consent, Advance Directives, Confidentiality
  - C. Professional Standards
    1. Nurse Practice Act
    2. Credentialing: Accreditation and Licensure
    3. Quality and Safety: IOM, NDNQI
    4. Nursing: Scope and Standards of Practice
    5. Code of Ethics for Nurses with Interpretive Statements
- VII. Connecting Critical Thinking to Clinical Judgment
  - A. Nursing Process and Nursing Diagnosis
  - B. Gordon's Functional Health Patterns
  - C. Evidence Based Practice
- VIII. Concepts of Health and Wellness: Global Perspective
  - A. Cultural Relevance & Culturally Competent Health/Nursing Care
  - B. Health Care Policy
  - C. Health Promotion and Illness Prevention

- D. Cultural Context of Health
- E. Global Perspectives
- F. Healthy People 2020

Please note while the instructor will try to hold to the flow of the course outline, it may change over the course of the semester. Students will receive notification of syllabus changes in class or through electronic communication.

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## N115A 2010 Sipple      Class Schedule & Reading Assignments

<b>Date</b>	<b>Topics</b>	<b>Readings</b> (Regularly check BB for additions or changes)
8/30	<b>Welcome: Dr. Kerry Cheever</b> Professor/Chairperson, St. Luke's School of Nursing at Moravian College <b>Course Overview</b> What is nursing? What Nursing is Not! Why nursing for me? Tips for success Student Nurses 'Association/President MC Chapter Speaker	
9/1	<b>Professional Values</b> Evolution of Professional Nursing Historical context/Historical persons Current context	Cherry & Jacobs <b>Chapters 1 &amp; 3</b> Historical presentation
Thursday Optional : , 9/2, SNA Welcome Picnic – 5 -7 PM Volleyball Court/Residence Hall Main Campus		
9/6	<b>Labor Day – No Classes</b>	
9/8	<b>Evolution of Professional Nursing</b>	Cherry & Jacobs Chapters 3
9/13	<b>Professional Frameworks</b>	Cherry & Jacobs Chapter 4 Nursing's Social Policy Statement
9/15	<b>Nursing Education</b>	Cheery & Jacobs Chapter 3
9/20	<b>Professional Accountability</b> Nurse practice act/Legal Framework Credentialing: Accreditation/Licensure Scope and standards of practice <b>Professional Standards</b> Quality and Safety: IOM, NDNQI Multidisciplinary collaboration Code of Ethics	Cherry & Jacobs Chapter. 4     Essay on Social Policy Statement due   ANA Code of Ethics with

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Interpretive Statements		
9/22	Images of Nursing  Image Group Presentations in Class	Cherry & Jacobs Chapter 2  Essay on Code of Ethics due
<b>THURSDAY/Required of all students in the College</b> 9/23/10 10:30-12:00 Johnston Hall, Main Campus <b>China In Focus</b> , Rob Gifford, Author of <u>China Road</u> . ( <a href="http://rob.gifford.com/">http://rob.gifford.com/</a> ) NURS 115 students have an assignment due on 9/27 on this learning event.		
Sunday 9/26 Optional: 3 PM Honor Society Induction, Borhek Chapel/Main Campus		
9/27	Critical Thinking Ways of Knowing	Potter & Perry Chapter 15  Essay on SPolicy Statement due Reflection on <u>China Road</u> Lecture due
9/29	Critical Thinking Exercises in class	Potter & Perry Chapter 2
10/4	Mid-term exam Blueprint & Test Question Practice	
10/6	Content Over Flow/Extension/Questions & Discussion  Mid-term exam Covers learning from 8/30- 9/29	Exam review next class session
10/11	No Class – Fall Break	
10/13	Nursing Theory & Theorist	Cherry & Jacobs Chapter 5 Potter & Perry Chapter 4
10/18	Ethical Theory and Principals Values, & morals, Ethical principles Ethical decision making process	Cherry & Jacobs, Chapter. 9 Code of Ethics for Nurses with Interpretive Statements  Students will be assigned to view one (1) of



the following films and prepare a 1-2 page reflection on the film for discussion in class. All films may be viewed through the course blackboard from on campus, films are not available via the BB from off campus sites. See assignment directive on BB

Films: Miss Evers Boys  
Joy Luck Club  
Josie's Story

10/20	Legal Implications/Issues Sources & types of law Elements of liability for malpractice Client rights: informed consent, advance directives, confidentiality	Cherry & Jacobs, Chapter. 8
10/25	Connecting Critical Thinking to Clinical Judgment Nursing process and nursing diagnosis Gordon's functional patterns	See BB and below  Potter & Perry, p. 247-260 Gordon's Patterns, Chpt 5& 6
10/27	Library: Information Literacy – Meet in Reeves Library First Floor Instructional Area/  <b><i>Required of N115 A Students</i></b> <b><u>5-7 PM</u></b> The Sipple Lecture “Globalization and Urbanization and Risks to Women” by Dr. Afaf Melis	Scholarly Topic must be selected & approved by instructor prior to this session.  Foy Hall, South Campus Assignment on this session
11/1	Connecting Critical Thinking to Clinical Judgment - cont.  Evidence Based Practice	Reflection paper on Melis due Potter & Perry, p. 53-67  Cherry & Jacobs, Chpt 6
11/3	Concepts of Health & Wellness, Health Care Policy & Implications  Global perspectives	See BB for preparation Cherry & Jacobs Chpt. 7 & 21 Potter & Perry, p.65-83 Complete NXCEL questions, submit Electronically before class, bring to class, too Cherry & Jacobs Chpt. 14
11/8	Nurse as Global Citizen Dr. Michele August-Brady Associate Professor of Nursing	Check BB for assigned reading
11/10	Cultural Competency & Relevance in	Cherry & Jacobs

Nursing/Health Care  
Prof. Marianne Adam

Chapter 10  
Potter & Perry  
Chapter 9  
Reflective writing assignment/  
Global Leadership due

11/15	Concepts of Health & Wellness, cont Healthy People 2020 Judi Mahoney, Director, Bethlehem Health Bureau	See BB for preparation
11/17	Changing Unhealthy Behavior in Communities, Individuals, Families	
11/22	Case Studies in class exercises & problem	
11/24	Thanksgiving Holiday begins	
11/29	3 Group Reports/Global Health Threat	Group/Reference Submission due
12/1	3 group reports of Global Health Threat	Group Reference Submission due
12/6	3 group reports of Global Health Threat	Group Reference Submission due
12/8	Wrap up/exam blueprint	Course Evaluation on BB due before exam 12/14 Scholarly Paper/US Health Issue/ Resolution due
12/14	<b>Final Examination – 8:30-10:30</b>	<b>PPHC/SHILL – 310</b>

\*This schedule may change over the course of the semester. Students will receive notification of syllabus/assignment changes in class and/or through electronic communication (BB/email).

**Winter Break**