

Moravian College

PHED 133 Volleyball Syllabus

Spring 1 2010

January 18 - March 3, 2010

Period 3a: Mondays/Wednesdays 10:20am-11:10am

ARC

Instructor: Shelley Bauder
Phone: 610 625-7849 Email: ssb@moravian.edu
Department of Athletics and Physical Education Room 150
Office Hours 9:30AM-3:00PM Monday-Friday

Course

Objectives: The student will learn basic volleyball skills such as the forearm pass, set, attack, block, and serve. The student will also gain a basic knowledge of the rules, and team offensive and defensive strategies.

Course

- Requirements:**
1. Class attendance and participation is required. Students need to develop an alternate plan with the instructor in the event of illness **prior** to absences or **immediately following** class session missed. One unexcused absence is allowed.
 2. Active participation is an expectation during class.
 3. Appropriate dress: "Work out clothes": T-shirt or sweatshirt, shorts or sweats, and court shoes.
 4. Satisfactory grade on rules/skills quiz.
 5. If all requirements are met the student will pass the course.

Method of

Evaluation: 75% class participation/attendance
25% quiz

Please make sure that cell phones, beepers, iphones, itouches, ipods, psp's and other electronic devices are turned OFF during class.