

SYLLABUS FOR PHED 131 & 231 TENNIS

Moravian College
Tennis PHED 131 & 231
Fridays 10:30-12 Noon
Hoffman Tennis Courts
Spring II 2010

Faculty: Jim Walker
Department of Athletics and Physical Education
mejrw01@moravian.edu
Office Hours 9:00AM-4:00PM M-F Call for appt
610-861-1531 (O) 610-390-9298 (C)

COURSE OBJECTIVES

Students will learn the basic strokes using games based instruction, the standard method of instruction and group instruction. Each of the strokes (backhand; forehand; serve; volley; overhead) will be taught in a group lesson with students have an opportunity to practice the strokes and to be evaluated. Upon the completion of the instruction, the students will learn the basics of singles play and doubles play and have the opportunity for competition. Those students who show proficiency for the strokes will continue in the class but will concentrate on playing competitively. Intermediate students will be able to move into the group lessons for strokes that they or the instructor think that they need more instruction in.

COURSE REQUIRMENTS

1. Attendance
2. Active Participation
3. Cooperation with classmates and instructors
4. All absences must be excused and will be dealt with on an individual basis.
5. If all requirements are met the student will pass the course.

SCHEDULE

3/19 Introduction & Backhand
3/26 Forehand and Serve
4/2 No Class
4/9 Overhead & Volley
4/16 Doubles Play
4/23 Singles Play
4/30 Singles Play & Doubles Play

Notes: In event of rain the class will meet in the Breidegam Field House. **Call if there is a question**

BRING:

- Clothes for PE that are warm enough when temperature is cold
- Nonmarking sneakers
- Racket if you have one-we have plenty of good rackets
- Enthusiasm for learning tennis
- DO NOT BRING BALLS