

SYLLABUS FOR PHED 131 BEGINNING TENNIS

Moravian College
Beginning Tennis PHED 131
Tuesdays/Thursdays 10:20-11:10 AM
Hoffman Tennis Courts
Fall I 2009

Faculty: Jim Walker
Department of Athletics and Physical Education
mejrw01@moravian.edu
Office Hours 9:00AM-4:00PM M-F Call for appt
610-861-1531 (O) 610-390-9298 (C)

COURSE OBJECTIVES

Students will learn the basic strokes using games based instruction, the standard method of instruction and group instruction. Each of the strokes (backhand; forehand; serve; volley; overhead) will be taught in a group lesson with students have an opportunity to practice the strokes and to be evaluated. Upon the completion of the instruction, the students will learn the basics of singles play and doubles play and have the opportunity for competition.

COURSE REQUIRMENTS

1. Attendance
2. Active Participation
3. Cooperation with classmates and instructors
4. All absences must be excused and will be dealt with on an individual basis.
5. If all requirements are met the student will pass the course.

SCHEDULE

9/1 Introduction-Johnston Hall
9/3 Backhand
9/8 Backhand
9/10 Forehand
9/15 Serve
9/17 Volley
9/22 Overhead
9/24 Singles
9/29 Singles
10/1 Singles
10/6 Doubles
10/8 Doubles
10/15 Doubles

Notes: In event of rain the class will meet in the Breidegam Field House. **Call if there is a question**

BRING:

- Clothes for PE that are warm enough when temperature is cold
- Nonmarking sneakers
- Racket if you have one-we have plenty of good rackets
- Enthusiasm for learning tennis
- DO NOT BRING BALLS