

St. Luke's School of Nursing at Moravian College Bethlehem, Pennsylvania



Nursing 313: Embracing the Challenged Family* Fall, 2009

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Class: M & W: 1310-1420 (5b) Problem Solving: F: 1310-1420 (5b) Clinical Learning: Thursday

Catalog/Course Description:

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Course Unit: 1 (4 credits) Theory: 3 hours / week Clinical Learning: 8 hours / week

A course which emphasizes integration of nursing skills and knowledge to facilitate the individuals' and the families' meeting severe episodic and chronic health challenges across the life span. Students analyze these critical challenges to individual & family systems in order to provide holistic and comprehensive nursing care given the resources available to the family within their community. (Pre-requisites: NU 314, Co-requisite; NU 315).

Course Objectives:

- 1. Synthesize knowledge from the humanities, sciences, and nursing in meeting diverse needs of individuals and families in acute and complex practice environments.
- 2. Provide holistic nursing care to acutely challenged individuals and families in order to facilitate attainment of safe and quality outcomes.
- 3. Collaborate with other healthcare team members to foster optimal health outcomes for individuals and families in acute and complex practice environments.
- 4. Provide culturally competent care to individuals and families in acute and complex practice environments.

- 5. Incorporate theory-based and evidence-based nursing interventions into the care of acute and complex individuals and families.
- 6. Assume civic and leadership behaviors when providing care to individuals and families in acute and complex practice environments.
- 7. Demonstrate professional accountability and advocacy in making judgments and providing care for individuals and families in acute and complex practice environments.

Required Texts:

ATI Content Mastery Series: Adult Medical-Surgical Nursing 7.1, Pharmacology 4.2

- Dillon, P. M. (2003). Nursing health assessment. Philadelphia: F. A. Davis.
- Harkreader, H. (2004). *Fundamentals of nursing: Caring and clinical judgment*. (2nd ed).Philadelphia: W.B. Saunders.
- Kee, J., Hayes, E., & McCuistion, L. (2006). *Pharmacology: A nursing process approach* (5th ed.). St. Louis: Mosby.
- Lutz, C. A. & Przytulski, K. R. (2006). *Nutrition and diet therapy*. (4rd ed.). Philadelphia: F. A. Davis.
- Smeltzer, S., Bare, B., Hinkle, J., & Cheever, K. (2008). Brunner & Suddarth's Textbook of *Medical-Surgical Nursing* (11th ed). Philadelphia: Lippincott, Williams and Wilkins.

Required Journal Readings:

- Brege, D. (2009). Recognizing and treating heatstroke. *Nursing Made Incredibly Easy*, 7(4) 13-18.
- Breitenbach, J. (2007). Putting an end to perfusion confusion. *Nursing Made Incredibly Easy*, 5(3), 50-60.
- Bruce, J. (2005). Getting to the heart of cardiomyopathies. *Nursing*, 35(8), 44-47. (available on Blackboard course site)
- Brush, K. (2007). Abdominal compartment syndrome the pressure is on. *Nursing*. 37(7) 36-40. (available on Blackboard course site)
- Cotter, J., Bixby, M., & Morse, B. (2006) Helping patients who need a permanent pacemaker. *Nursing 2006*, 36(8) 50-54. (available on Blackboard course site)
- Cranwell-Bruce, Lisa. (2008). Antihypertensives. *MEDSURG Nursing*. 17(5), 337-341. (available on Blackboard course site)
- Coughlin, R. (2008). Recognizing aortic dissection: A race against time. *American Nurse Today 3*(4), 31-35. (available on Blackboard course site)

- Cowley, N., & da Silva, E. (2008). Prevention of secondary brain injury following head trauma. *Trauma*, *10*, 35-42. (available on Blackboard course site)
- Dellacroce, H. (2009). Surviving sepsis: The role of the nurse. RN, 72(7)16-21.
- Ecklund, M., & Ecklund, C. (2007). How to recognize and respond to hypovolemic shock. *American Nurse Today*, 2(4), 28-31. (available on Blackboard course site)
- Fournier, M. (2009). Perfecting your acid-base balancing act. *American Nurse Today*, 4(1), 17-21. (available on Blackboard course site)
- Hayes, D. (2007). Combating infection New guidelines for preventing infective endocarditis. *Nursing*, *37*(8), 22-23. (available on Blackboard course site)
- Horne, E. (2009). Taking aim at hypertensive crises. Nursing, 39(3) 48-53.
- Kallus, C. (2009). Building a solid understanding of mechanical ventilation. *Nursing*, 39(6), 22-29.
- Kelso, L. (2008). Cirrhosis: Caring for patients with end-stage liver failure. *The Nurse Practitioner*, 33(7), 24-30. (available on Blackboard course site)
- Martin, E., Lu, W., Helmick, K., French, L., & Warden, D. (2008). Traumatic brain injuries sustained in the Afghanistan and Iraq Wars. *Journal of Trauma Nursing*, 15(3) 94-99. (available on Blackboard course site)
- Miller, J & Mink, J. (2009). Acute ischemic stroke: Not a moment to lose. *Nursing*, 39(5) 37-43.
- McCormick, M. (2009). Recognizing the signposts for sepsis. *Nursing Made Incredibly Easy*, 7(3), 40-51.
- Ogawa, M. (2007). Persevering against pediatric pulmonary hypertension. *American Nurse Today*, 2(8), 41-46. (available on Blackboard course site)
- Powers, J. (2007). The five P's spell positive outcomes for ARDS patients. *American Nurse Today*, 2(3), 34-39. (available on Blackboard course site)
- Radovich, P. (2008). Buying time for patients with acute liver failure. *American Nurse Today*, 3(11), 10-12. (available on Blackboard course site)
- Sherwood, P., Crago, E., Spiro, R., & Okonkwo, D. (2007). Cervical spine injuries: Preserving function, improving outcomes. *American Nurse Today*, 2(9), 26-29. (available on Blackboard course site)

- Soat, M. (2009). Aortic aneurysms: Causes, clues, and treatment options. *American Nurse Today*, 4(7), 7-9. (available on Blackboard course site)
- Solheim, Jeff. (2009). DIC: When the coagulation goes horribly wrong. *Nursing Spectrum*, 28(8A), 22-27.
- Taft, K. (2009). Are you aware of hemorrhagic stroke. *Nursing Made Incredibly Easy*, 7 (4), 42-53.
- Todd, B., & Higgins, K. (2005). Aortic and mitral valve disease. *Nursing*, 35(6), 58 63. (available on Blackboard course site)
- Wisniewski, A. (2009). Delirium A disturbance of consciousness. *Nursing Made Incredibly Easy*, 7(1), 32-40.
- Zink, E., & McQuillan, K. (2005). Managing traumatic brain injury. *Nursing*, 2005, 35 (9), 36-44. (available on Blackboard course site)

Recommended Journal Readings

- Barker, E. (2009). Battle plan for the brain. RN, 72(3) 30-35.
- Coughlin, A., & Parchinsky, C. (2006). Go with the flow of chest tube therapy. *Nursing*, *36(30)*, 36-41. (available online on Blackboard course site)
- Gibson, K. (2003). Caring for a patient who lives with spinal cord injury. *Nursing 2003*, 33(7), 36-41. (available online on Blackboard course site)
- Woodruff, D. (2006). HIT: Now you see 'em, now you don't. Nursing Made Incredibly Easy, 4(1), 53-55.

Additional Learning Resources: Websites:

http://www.michaeljfox.org/living_aboutParkinsons_parkinsons101.cfm#q1

http://www.survivingsepsis.org/Guidelines/Pages/default.aspx

******Additional readings may be assigned as part of the course.

Course Requirements:

1. Class attendance is an expectation. Students are expected to be actively engaged in their learning processes which include, but is not limited to, preparation for class and active participation in classroom activities. Absences without written verification will be considered as unexcused and faculty members will use their discretion to penalize any

unexcused absence(s) or lateness. Deductions from the final course grade will reflect five tenths (.5) of a point for each unexcused absence, and three incidences of lateness will equate to 1 unexcused absence. Students are responsible for obtaining any notes, handouts, or other class items from classmates. <u>College policy will be followed relative to inclement weather</u>. Please check blackboard course site for any announcements relative to weather and the cancellation of class.

- 2. Plagiarism is the intentional use of another's words or ideas as your own. This can range from using another individual's direct words or changing the words slightly (paraphrasing) without the appropriate citation to purchasing a paper from the Internet or a professional writing service. Please note that the copying of information from the Internet to a powerpoint slide presentation without acknowledgement of source is plagiarism. Evidence of plagiarism or academic dishonesty will be handled according to the college policy on academic honesty. Copies of the statement on academic dishonesty are published in the Student Handbook.
- 3. All examinations are to be taken at the scheduled time, unless the instructor is notified of a competing previously scheduled scholastic or athletic activity. Any individual who is not at the scheduled examination based on a claim of illness is required to provide appropriate medical documentation of a valid medical reason for absence. An alternate examination may be determined by the course faculty.
- 4. Completion and satisfactory achievement of all course objectives in the laboratory and clinical settings, and curriculum requirements including standardized assessment tests (ATI Medical-Surgical Examination).
- 5. Learning activities stated on the topical outline section of this syllabus are to be completed prior to class time. The student can expect to work approximately 10-12 hours per week in preparing for this class.
- 6. Demonstrate expected professional behavior and appearance when in the classroom and clinical laboratory (both uniform and street clothing).
- Maintenance of confidentiality for all assigned patients or clients as required by law (HIPAA). Students will be required to read and know agency policies on confidentiality and may be required to sign agency forms on confidentiality.
- 8. Communication between instructor & student can be facilitated through the use of email. Students are expected to check their email every 24-48 hours.
- 9. Students with disabilities who believe that they may need accommodations in this class are encouraged to contact the Learning Services Office as soon as possible to enhance the likelihood that such accommodations are implemented in a timely fashion.
- 10. It is within the instructor's purview to apply qualitative judgment in determining grades for an assignment or for a course.
- 11. The syllabus may be subject to change at the discretion of the faculty.

- 12. Students are expected to review anatomy & physiology, pathophysiology and assessment material as a prerequisite to readings assigned in this course.
- 13. Students are required to complete 5 medical-surgical focused reviews as part of Nursing 313: Respiratory, cardiovascular, acid/base balance, neuro/sensory, and perioperative. Students are required to earn a minimum score of 90%, with repeated testing no closer than 24 hour intervals.

Methods of Evaluation:

Some learning activities will be non-graded but designed to facilitate thought and/or processes involved in achieving learning outcomes.

Graded learning activities are as follows:*	Т	otal Percentage
Classroom Learning:		
1. Theoretical Examinations (4)	15% each	60%
2. Additional Learning Activities		10%
3. Final Examination (cumulative)		20%
4. Family Research Presentation		10%
	TOTAL	: 100%

*Extra credit will be offered for the successful completion of the proctored assessment. Extra credit will be awarded for the Medical – Surgical Assessment, points earned through extra credit will be added to the lowest examination grade.

Extra Credit		
Completion of the ATI online practice assessments at 90% or better in Medical-Surgical Nursing prior to the proctored	1% of grade earned	
assessment test date. (DUE DATE: 11/20/2009)		
Completion of the ATI proctored assessment Medical-Surgical Nursing (extra credit awarded is based on the earned proficiency level)		
	2.50/ of any large much	
Level 1 Proficiency Met	2.5% of grade earned	
Level 2 Proficiency Met (program benchmark)	5% of grade earned	
Level 3 Proficiency Met	7.5% of grade earned	
Performance below Level 1 Proficiency	Demonstration of	

Students will be required to show proof of successful review / remediation in low performing areas. This may include reviewing content in modules or completion of case studies in review modules or through other strategies. In any case, students will be required to earn of score of 95% or better on the online practice assessment. The student may take the online practice assessment as many times as needed to achieve this outcome. For all students earning less than a Level 1 proficiency on any proctored assessment, the student is required to earn a grade of 95% or better on the online practice assessment in order to fulfill program and graduation requirements.

Clinical Learning:

Satisfactory achievement of each course objective and supporting criteria. Satisfactory completion of all clinical assignments and a grade of "satisfactory" in the clinical evaluation. **Students are required to earn a score of 90% in the drug calculation competency in order to administer medications and progress in the course.** If this score is not achieved, students will remediate by reviewing Kee (chapter 4) and be re-tested with a second drug calculation competency. Failure to achieve a score of 90% on second attempt will result in a grade of unsatisfactory for Objective I in the formative evaluation. A third and final drug calculation competency will be given to the student. If the student does not achieve the 90% benchmark required for practice, the student will be unable to administer medications during the first seven weeks of the course which will result in an unsatisfactory formative clinical evaluation. STUDENTS WILL BE REQUIRED TO EARN A 90% SCORE IN THE DRUG CALCULATION COMPETENCY IN ORDER TO PROGRESS IN THE COURSE.

Clinical attendance is mandatory. If a student is ill or unable to attend, s/he must contact the clinical unit and clinical instructor prior to the clinical experience. Alternative assignments may be required at the discretion of the course faculty. Failure to notify the instructor will result in one point off the final course grade.

Students are expected to adhere to the policies and procedures of the clinical agencies in which they are assigned.

Community	Holism	Inquiry	Professionalism
Family	Caring	Assessment	Accountability
Vulnerable Populations	Health	Critical thinking	Advocate
		Health Care Technology	
		Research	

Portfolio Evidence should reflect the following areas:

Grading Policy:

- 1. Where applicable, class assignments are to be typed and submitted according to APA style (5th Ed.). Use of a computer, Internet access, and electronic searches of CINAHL and other databases are required.
- 2. Assignments are expected on or before their due date. At the discretion of the instructor, five points per day may be deducted from the grade if assignments are handed in late. According to the academic policy in nursing for students entering the College in 2004, students are

required to maintain an overall cumulative GPA of 2.7 and a nursing cumulative GPA of 3.0 in order to progress in the nursing major.

The grading scale is as follows:

A = 93-100	C = 73-76
A = 90-92	C = 70-72
B + = 87 - 89	D + = 67-69
B = 83-86	D = 63-66
B- = 80-82	D- = 60-62.99
C+ = 77-79	F = <60

TOPICAL OUTLINE			
Date	Prof	Торіс	Learning Activities
	ek 1		
8/31		Course Introduction	
9/2	MAB	 Alteration in Exercise/ Activity Pattern: Infectious Diseases of the Heart Valvular Heart Disease 	Brunner.: 914-925; 933-941 ATI/ MS: 321-329 Review ATI/Pharm: 63-75 Review Kee: 423-453 <u>Articles</u> : Hayes, Todd
9/3 Clini cal Orien tation	MAB/ DK	 Alteration in Exercise/ Activity Pattern Dysrythmias Hemodynamic Monitoring Drug Calculation 	Brunner: 823-843 Review Brunner: 781-790 ATI M/S: 181-198 Kee: Chapter 4 <u>Article</u> : Breitenbach
9/4 PS	DK	Learning Circle: Care of the patient requiring cardiac pacing.	Brunner: 844-857 ATI M/S: 199-208 <u>Article</u> : Cotter
We	ek 2		
9/7	UK Z	NO CLASS: Labor Day Holiday	
9/9	MAB	Alteration in Exercise/ Activity Pattern: Cardiomyopathies Pulmonary HTN 	Brunner: 925-933 ATI/Pharm: 249-251 ATI/MS: 306-320 Review - Kee: 644-646
			Brunner: 659-661 ATI/Pharm: 377-385 Review Kee: 626-639 <u>Articles</u> : Bruce, Ogawa ATI CV focused review due
9/11 PS	DK	Case Study: • Hypertensive Crisis	Brunner:1021-1034 ATI/MS: 263 - 273 ATI/Pharm : 241-280 Review: Kee : 626-658, 919 -924 <u>Articles : C</u> ranwell-Bruce, Horne
Week 3 9/14	3 MAB	Alteration in Exercise/ Activity Pattern:Concept of Shock	Brunner: 355-379 ATI/MS: 341 – 352 ATI/ Pharm: 239-244 Kee: 265-272 <u>Articles:</u> Ahrens, Ecklund & Ecklund

	TOPICAL OUTLINE		
Date	Prof	Торіс	Learning Activities
9/16	DK	 Alteration in Exercise/ Activity Pattern: Pulmonary Embolism Aneurysms Dissections 	Brunner: 662-667, 997-1003 ATI/MS: 274 – 283, 51-160 ATI/ Pharm: 298-305, 308-310 Kee: 660-671 <u>Article</u> : Soat ATI Respiratory focused review due
9/17	DK/ MAB	REMEDIATION FOR DRUG COMPETENCY MUST BE COMPLETED	ATI M/S: 23-36 Review Kee: Chapter 4
9/18 PS		Learning Circle: Review of major concepts	
Wee 9/21	k 4	EXAM 1	
9/23	MAB	 Alteration in Exercise-Activity Pattern: Acid-Base Disorders ABGs 	Brunner: 334-340 ATI M/S: 22-27, 393-405 <u>Article</u> : Fournier ATI Acid/Base focused review due
9/25 PS		Web Evaluation Library (for A – H last names) or Discussion of Environmental Health (I – Z)	Brunner : 2536-2541 Review Kee et al.: 577 – 579 <u>Article</u> : Brege
Wee	k 5		
9/28	DK	 Alteration in Exercise-Activity Pattern: Acute Respiratory Disorders: ARDS Pulmonary Edema Ventilator Management 	Brunner: 652-659, 723-754, 964-965 ATI/MS: 161-171, 353-362 Review ATI/Pharm: 377-385 Review Kee: 626-639, 919 -924 <u>Article:</u> Powers, Kallus
9/30	DK	 Alteration in Exercise-Activity Pattern: Trauma Overview and Principles Hypothermia Hyperthermia 	Brunner: 2529-2531, 2533-2540 ATI M/S: 1-21 Review Kee et al.: 324-327
10/2 PS		Web Evaluation Library (for I-Z last names) or Discussion of Environmental Health (A- H)	Brunner : 2536- 2541 Review Kee et al.: 577 – 579 <u>Article</u> : Brege
Week 6 10/5	DK	Alteration in Cognitive Perceptual Disorders: Traumatic Brain Injury	Brunner: 2233-2250 ATI M/S: 845 – 852, 762-780 ATI/ Pharm: 176-182 Kee et al.: 767-773, 912 -915, 339-349 Articles: Zink, Martin ATI neuro/sensory focused review due
10/7	MAB	Alteration in Cognitive Perceptual Disorders: Spinal Cord Injury	Brunner: 2250-2267 ATI M/S: 853-861 Kee et al.: 912-915

		TOPICAL OUTLINE	
Date	Prof	Торіс	Learning Activities
10/9	Guest	Learning Circle: Case Presentation on Trauma	Marie Dieter, RN, MSN
PS Week 7			
10/12		NO CLASS- FALL BREAK	
10/14	DK	Alteration in Exercise Activity Pattern:	Brunner: 675-681, 2530-2533, 1595,
		Trauma:	2073-2075
		Chest, Abdominal, Eye, Crush	ATI/MS: 172-180
10/16	DK	Abdominal Compartment Syndrome	Brunner: 1986-1988
PS	211	Wound Flaps	Articles: Brush
Week8			
10/19	MAB	Brain/ Spinal Cord Tumors	Brunner: 2301-2311
		-	ATI/MS: 806-813
10/21 10/23	DV	Exam #2	D
10/25	DK	Alteration in Cognitive Perceptual Patterns: Brain Attack (CVA)	Brunner: 2205-2231 ATI/MS: 862-871
		Drum Mulex (C VII)	Kee et al.: 668-671
			Articles: Miller & Mink, Taft, Barker
Week 9			D 1240 1241
10/26	MAB	Alteration in Nutrition Metabolic Patterns Hepatic Disorders	Brunner: 1340-1341 ATI/ MS: 746-753
		Repaire Disorders	Articles: Radovich, Kelso
10/28	MAB	Alteration in Nutrition Metabolic Patterns	Brunner: 1522-1527
		Acute Renal Failure	ATI/ MS: 504 - 517
		Sipple Lectureship: Leadership for the 21 st Century	ATI/ Pharm: 444-446, 386-395 Review Kee: 234 –250, 912
		Dr Karen Morin	Wednesday October 28 th
		Attendance Required	5:30 p.m. Foy Hall
10/30		Alteration in Nutrition Metabolic Patterns	Brunner: 1994-2037
PS		Burns	ATI/MS: 1085-1095
W. 1 10		Guest Speaker: Mindy Broscious RN	
Week 10 11/2	DK	Alteration in Exercise Activity Pattern:	Brunner: 374-378
11/2	DI	SIRS/ MODS	Articles: McCormick, Dellacroce
11/4	DK	Alteration in Exercise Activity Pattern:	ATI/Pharm: 241-244, 63-69, 74-77, 84-
		SIRS/ MODS	100 Review Kee et al.: 261-274, 423-459
			<u>Website:</u>
			http://www.survivingsepsis.org/Guidelin
			es/Pages/default.aspx
11/6 PS	DK/ MAB	Learning Circle: Review of major concepts	
PS Week 1			
11/9	-	EXAM #3	
11/11	MAB	Coagulopathies: ITP /TTP /DIC	Brunner: 1084-1098
			Review: ATI/ Pharm: 298-305
			Review: Kee: 660-667
			Article: Solheim
11/13		Learning Circle: Discussion of Delirium	Brunner: 2549-2550
PS			Article: Wisniewski

TOPICAL OUTLINE			
Date Prof	Торіс	Learning Activities	
Week 12 11/16 DK	Alteration in Nutrition and Metabolic Patterns: DKA /HHNK/ SIADH	Brunner: 1412-1421, 315-318, 1440, 2180, 2187, 2244 ATI M/S: 542-550, 594-602 ATI Pharm: 390-397	
11/18 MAI	 Alteration in Nutrition and Metabolic Patterns: Metabolic Bone Disorders 	Brunner: 2404-2413 ATI/MS: 962-970 ATI Pharm: 400-409 Kee et al: 766-767, 877-878	
11/20 PS	Learning Circle: TBD	Completion of ATI Med-Surg Practice	
Week 13			
11/23 MAI	 Alterations in Cognitive Perceptual Patterns: Degenerative Neurological Disorders MS, MG 	Brunner: 2277-2288 Kee et al: 351-371; ATI/MS: 814-821; 830-837 ATI/Pharm: 165-66; 170-75; 183-85	
11/25 11/27	Happy Thanksgiving – NO CLASS NO CLASS - THANKSGIVING	11111 marine 105 00, 170 75, 105 05	
Week 14 11/30 12/2 DK	EXAM 4 Alterations in Cognitive Perceptual Patterns: Degenerative Neurological Disorders ALS, GB, PD	Brunner: 2288-2292, 2311-2323 Kee et al: 351-357; 363-371; ATI/MS: 797-805; 822-829; 838-844 ATI/Pharm: p. 165-66; 170-75; 183-85 http://www.michaeljfox.org/living_abou	
12/4	Transplantation	tParkinsons_parkinsons101.cfm#q1 Brunner: 1336-1340 ATI/ MS: 442-449	
Week 15 12/7	Medical-Surgical ATI testing @1:10 pm MC campus	Room: TBA	
12/9	FREE		
Week 16	Final Exam Week Final Exam: Monday, December 14 at 1:30PM		