



**St. Luke's Hospital School of Nursing
at Moravian College**
Bethlehem, Pennsylvania



NURS 115B: Foundations of Nursing and Healthcare

Fall 2009

Period 6b: 2:35 - 3:45 PM Monday & Wednesday Room: HOS 202

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Office hours: PPHAC 222

Tuesday, Thursday
11:00 AM – 3:00 PM
Other times by appt

Course Description;

The process of critical thinking as a basis for open inquiry into assumptions, beliefs, and values about the discipline of nursing will be analyzed for nursing in a dynamic, multidisciplinary health care environment. Professional, historical, and socio-cultural issues, as well as ethical and legal standards, will be discussed within the context of health care challenges of the 21st century.

Objectives:

1. Describe the evolution of professional nursing, nursing process and nursing theory.
2. Examine socio-cultural perspectives of health and health promotion.
3. Explain the process of inquiry and critical thinking in making decisions for evidence-based nursing care.
4. Explore nursing's role in promoting safe and quality care within a changing health care environment.
5. Develop an understanding of accountability as a member of the multidisciplinary health care team.
6. Recognize the importance of performance standards for professional and ethical practice.

This course provides an introduction to the process of knowledge acquisition in relation to nursing and health care concepts. The focus is on developing students' intellectual capabilities as independent thinkers. Critical thinking is a basis for open inquiry into assumptions, beliefs and values about one's self in relation to human caring, nursing, and health care. Students will utilize a variety of active learning strategies to explore concepts and issues related to nursing and health care.

...and what does this really mean?

When you "think" about it, most of the thinking that we have developed has occurred rather effortlessly. There are many factors that have affected how we think; some of which are

from word of mouth as occurs in the family setting, others are from television, movies, or the popular press. Learning to think critically involves the practice of skills consciously and deliberately in order to take charge of your thinking. The class will focus on processes used in critical inquiry; therefore, there will be little lecture. Nursing and health care issues will be utilized as a focus for developing critical analysis thinking skills.

Course Credits/Units/Hours:

Course Units: 1
Clinical Hours: None

Placement of Course: First Year, fall term, required course for nursing majors

Prerequisites: None

Required Textbooks;

Cherry, B & Jacob, S. (2008). Contemporary nursing: Issues, trends, & management (4th ed.). St. Louis: Mosby Elsevier.

American Nurses Association, (2001). Code of ethics for nurses with interpretive statements. Silver Spring, MD: American Nurses Association.

American Nurses Association. (2004). Nursing: Scope and standards of practice. Silver Spring, MD: American Nurses Association.

American Nurses Association. (2004). Nursing's social policy statement (3rd ed.). Silver Springs, MD: American Nurses Association.

Assessment Technologies Institute (ATI) Content Mastery Series Review Modules for Moravian College First Year Students

Access to Resources Required

American Psychological Association. (2010). Publication manual of the American Psychological Association. (6th ed.). Washington, DC: American Psychological Association.

Harkreader, H. & Hogan, M.A. (2007). Fundamentals of nursing: Caring and clinical judgment (3rd ed.). Philadelphia: W. B. Saunders.

Course Requirements;

1. Class attendance is required. Students are expected to be prepared for all class meetings; that means having completed assignments prior to attending class. If unable to attend a class, please contact the instructor at least one hour before class via email or office phone. Arriving late to class is a distraction for others. Beginning with the second late arrival a student will have 2 points deducted from the grade for each 5 minutes late. Holiday travel, routine medical appointment, and personal family vacations are not acceptable reasons to be absent from class or required learning activities. Students are responsible for obtaining any notes, handouts, or other class items from classmates. Students absence on the day an assignment is due are expected to submit their work as due to the instructor electronically. Experiencing printer issues is an unacceptable reason for a late paper.

2. Students are encouraged to participate in the full range of the college community programs, events, and sports. These events are routinely scheduled to begin at 4:00 PM; therefore, students should not request to leave class early to participate in extra curricula events.
3. Instructor absence – In the event of acute illness of the instructor, a substitute teacher will cover the class. Should a class session need to be cancelled it will be announced on the course blackboard or posted on the classroom door. Every attempt will be made to notify the student in advance.
4. Learning activities stated on the topical outline section of this syllabus are to be completed prior to class time. The student can expect to work approximately 6-8 hours per week in preparing for this class.
5. Completion of the ATI Critical Thinking Assessment for first year students. This assessment may not be taken unless the student has paid the necessary fee at the Bookstore for the first semester. The assessment will be administered Oct 7 at the usual class hour.
6. Use of a computer and Internet access are required.
7. A Course Blackboard is used for supplemental instruction in this course. Students are responsible for checking the blackboard every 2 days for announcements and information posted there. Students experiencing difficulty with accessing the College network are accountable for seeking resolution from the CIT Help Desk within 24-48 hours of the problem.
8. A student is required to complete a course evaluation (electronically online) before the last class meeting day of the term. This is an anonymous system required by the College in all courses. Failure to submit the course evaluation data will result in the instructor withholding the student's final course grade posting.

Course General Information

1. The course topical outline serves as a general guide and is subject to change with classroom or email notification to students.
2. Plagiarism is the intentional use of another's words or ideas as your own. This can range from using another individual's direct words or changing the words slightly (paraphrasing) without the appropriate citation to purchasing a paper from the Internet or a professional writing service. APA format is required for all written assignments.
3. Disability accommodations under the Americans with Disabilities Act (ADA) cannot be provided until authorization is received from the Office of Learning Services. Students who wish to request accommodations in this class should contact Joseph Kempfer, Assistant Director of Learning Services for Disability Support, in the Learning Services office (mejek@moravian.edu 1307 Main Street, 610-861-1510).
4. Communication between instructor & student can be facilitated through the use of email. Students are expected to check their email every day/24-48 hours. The instructor does not check emails after 4:00 PM.
5. College policy will be followed relative to inclement weather. Please check the College web-site or call (610) 625-7995 for any announcements relative to weather and the cancellation of class.
- 6/ Nursing students are held accountable for the Nursing Department policy stated in the School of Nursing Student Handbook 2009-2010. The handbook may be found on the P drive of the college at <http://home.moravian.edu/public/Nursing/UndergradHandbook.html> . The student will

be required to sign a statement that this information was announced to them as part of this course content.

Classroom Policy:

Adult behavior based on custom and tradition is expected at all times. Mutual respect of each other and consideration for ideas and opinions is required of all. Cell/laptop phone use including text messaging is inappropriate in the classroom. Chewing gum, hats, and food are inappropriate to a collegiate classroom setting.

Methods of Evaluation**

Social Policy/Ethics/Standards Essay	10%
Scholarly paper	25%
Group project: Health Threat: N1H1	10%
Critique of literary or media influences*	10%
Classroom exercises, Homework or quizzes	25%
Exams (2)	20%
Portfolio	0%
Total	100%

Directives for Assignments

A general guideline will be posted on Blackboard to assist students in understanding the expectation for assignments with regard to academic performance.

* Portfolio Evidence

** The Moravian College nursing program is accredited by the Commission on Collegiate Nursing Education. As part of the accreditation process the program must provide evidence of assignments completed by students. Any of the methods of evaluation used in this course, may be used as evidence of student assignments during the accreditation process.

Writing Center

Students who wish to improve their writing or are experiencing issues in writing will be referred to the College Writing Center. This is an excellent resource available to students in support of being a successful student. Take advantage of this resource.

Teaching Strategies:

- Seminar/discussion
- Required readings and internet searching
- Thinking exercises and gaming
- Group Projects
- Media/film critique
- Written paper, oral presentation
- Case study
- Self-reflection

Curriculum Core Components

Community	Holism	Inquiry	Professionalism
Health Care	Health	Critical thinking	Accountability
Culture	Health Promotion	Nursing History	Collaboration
Health Care Systems	Wellness	Evidence-based	Professional values
Human Diversity		practice	Standards: Legal/ethical Nursing Process Multidisciplinary Team

Grading Policy:

1. Assignments are expected on or before the due date. If class assignments are submitted late, five points per day will be deducted from the grade. The grading scale in the Nursing Program is as follows:

A = 100-93	C+= 79-77	D-=62-60
A-= 92-90	C = 76-73	F = <60
B+= 89-87	C-= 72-70	
B+= 86-83	D+= 69-67	
B-= 82-80	D = 66-60	

2. It is within the instructor's purview to apply qualitative judgment in determining grades for any assignment and for the course final grade.
3. The student's name and date should appear on each page of an assignment being submitted. Electronic submission of papers is not acceptable unless authorized by the instructor, e.g. in the case of absence due to illness.
4. There are no excused absences granted in this course.

Class Schedule & Reading Assignments

Mon, Aug 31 Introductions & Overview of the Course
Welcome: Dr. Kerry Cheever, Professor/Chairperson, St. Luke's School of Nursing at Moravian College
What is Nursing? Why Nursing for You?

Wed. Sept 2 What it takes to succeed as a nursing major – Amy Anderson, '10
Student Nurses' Association MC Chapter -

Evolution of Professional Nursing

Optional: Wed. Sept 2 Nursing in Honduras, 5-7 PM Room: HOS 202

Mon. Sept 7 Labor Day Holiday – no classes

Wed. Sept 9 Evolution of Professional Nursing – continued

Optional: Thur. Sept 10 SNA Welcome Picnic – 5:00 PM Location: TBA

Optional: Sun. Sept 13 3:00 PM Honor Society Induction, Borhek Chapel*

Mon. Sept 14

Wed. Sept 16

Mon., Sept 21

Wed. Sept 23

Optional: Sat. Sept 26 10:00 AM Honor Society Walk for Nursing Research, Pre-registration required.*

Mon Sept 28

Wed., Sept 30

Mon. Oct 5

Wed. Oct 7 Substitute for class: Critical Thinking Assessment – Memorial Hall Room
202

Mon Oct 12 Fall Break – no class

Wed Oct 14

Mon Oct 19

Wed Oct 21 Nursing Theory &

Mon Oct 26

Wed. Oct 28* Regular class at 2:35 PM will not meet, substitute assigned required in place of
class will be the Sipple Lectureship: "Global Leadership" Dr. Karen Morin, Foy
Hall

Mon Nov 2

Wed Nov 4

Mon Nov 9

Wed Nov 11

Mon Nov 16

Wed Nov 18

Mon Nov 23

Wed Nov 25 Thanksgiving holiday – no class

Mon Nov 30

Wed Dec 2 Group Reports

Mon Dec 7 Group Reports

Wed. Dec 9 Group Reports – Exam Blueprint
Course Evaluation

Final Exam: Wed. Dec. 16, 8:30 AM

* *Optional*: Learning opportunity to meet program learning outcomes of participating in a professional community, leadership education.

Instructor's NOTE: This course syllabus may be amended by the instructor with due notice in writing to students.