

# Moravian College

## PHED 133 Volleyball Syllabus

Spring 1 2009

January 19 - March 13, 2009

Period 3b: Mondays/Wednesdays 10:20am-11:30am

ARC

**Instructor:** Shelley Bauder  
Phone: 610 625-7849 Email: mesab02@moravian.edu  
Department of Athletics and Physical Education  
Office Hours 9:30AM-3:00PM Monday-Friday

### Course

**Objectives:** The student will learn basic volleyball skills such as the forearm pass, set, attack, block, and serve. The student will also gain a basic knowledge of the rules, and team offensive and defensive strategies.

### Course

- Requirements:**
1. Class attendance and participation is required. Students need to develop an alternate plan with the instructor in the event of illness **prior** to absences or **immediately following** class session missed. One unexcused absence is allowed.
  2. Active participation is an expectation during class.
  3. Appropriate dress: "Work out clothes": T-shirt or sweatshirt, shorts or sweats, and court shoes.
  4. Satisfactory grade on rules/skills quiz.
  5. If all requirements are met the student will pass the course.

### Method of

**Evaluation:** 75% class participation/attendance  
25% quiz

**Please make sure that cell phones, beepers and other electronic devices are turned OFF during class.**