

SYLLABUS FOR PHED 131 BEGINNING TENNIS

Moravian College
Beginning Tennis PHED 131 A & B
Tuesdays/Thursdays 9:10AM-10:00AM PHED 131 A
Fridays 10:30AM-12:00 NOON PHED 131 B
Hoffman Tennis Courts
Spring II 2009 Beginning week of 3/16/09

Faculty: Jim Walker
Department of Athletics and Physical Education
mejrw01@moravian.edu
610-861-1531
Office Hours 9:00AM-4:00PM M-F Call for appt or stop in.

BRING:

- Clothes for PE that are warm enough when temperature is cold
- Nonmarking sneakers
- Racket if you have one-we have plenty of good rackets
- Enthusiasm for learning tennis
- DO NOT BRING BALLS

COURSE OBJECTIVES

Students will learn the basic strokes using games based instruction, the standard method of instruction and group instruction. Each of the strokes (backhand; forehand; serve; volley; overhead) will be taught in a group lesson with students have an opportunity to practice the strokes and to be evaluated. Upon the completion of the instruction, the students will learn the basics of singles play and doubles play and have the opportunity for competition.

COURSE REQUIRMENTS

1. Attendance
2. Active Participation
3. Cooperation with classmates and instructors
4. All absences must be excused and will be dealt with on an individual basis.
5. If all requirements are met the student will pass the course.

SCHEDULE

Week

- 1 Introduction & Backhand
- 2 Forehand
- 3 Serve
- 4 Volley & Overhead
- 5 Singles
- 6 Doubles

Note: In event of rain the class will meet in the Breidegam Field House. Call 1531 if ?