



**St. Luke's Hospital School of Nursing  
at Moravian College  
Bethlehem, PA**



**NURSING 210.2 A: DIMENSIONS OF HEALTH CARE**  
Fall 2008

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Office Hours: Mondays 10-12 or by Appointment

Class Meets: Mondays 8:50-10:00 (2b)  
Classroom: PPHAC 302  
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**Catalog/Course Description:**

An exploration of health care in the 21<sup>st</sup> century and beyond. Health and delivery systems will be analyzed through perspectives in economics, public policy, ethics, demographics, and evolving global issues. Course open to non-nursing majors.

**Prerequisites:** None

**Course Objectives:**

1. Analyze the concepts of health and healing.
2. Discuss the impact of health care changes on the consumer worldwide.
3. Examine legal and ethical issues related to health policy.
4. Examine the impact of economics on health care.
5. Explore the role of the health care worker and the consumer in influencing health policy.

**Required Texts:**

Harkreader, H. & Hogan, M.A. (2007). *Fundamentals of Nursing: Caring and clinical judgment* (3<sup>rd</sup> ed.). Philadelphia: Saunders. (Chapters 3, 19, 20, 43 and Appendix D)

Burkhardt, M.A. & Nathaniel, A.K.(2008). *Ethics and issues in contemporary Nursing* (3<sup>rd</sup> ed.). Thomson Delmar: Clifton Park, NY. (Part IV, Chapters 13-20)

**Blackboard Website:**

The course website includes areas for announcements, email, course documents, Internet links, and grade posting. The website URL is <http://blackboard.moravian.edu>.

**Recommended Text:**

American Psychological Association. (2001 ). *Publication manual of the American Psychological Association*. Washington, D.C.: Author.

Selected articles will be on library reserve or available through the course website.

**Course requirements:**

1. **Class attendance is an expectation.** Students are expected to be prepared and attend all classes. This includes completing readings and other assignments prior to attending class. Tardiness is a distraction to the class and will not be tolerated.
2. Please support a culture of discussion: Turn off your phone, do not bring food to class, and learn the names of other students.
3. **If unable to attend a class,** please contact the instructor via email or phone prior to missing the class. Students are responsible for obtaining any notes, handouts, or other class items from classmates. *More than two unexcused absences, class exits, or class tardiness will result in a three point deduction from the final course grade.*
4. **Academic Honesty:** Students are expected to adhere to the academic honesty policy in the Moravian College Student Handbook.
5. Students are expected to check their Moravian College email at least daily and are responsible for notifications made via email.
6. Any student with a physical, psychological, medical, or learning disability should contact the Director of the Learning Center (1510) to arrange for appropriate support services to be able to meet the requirements of this nursing course.

**Methods of Evaluation:**

1. Health Issue Reference List	5%
2. Health Issue Paper	5%
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3. Health Policy Reference List	5%
4. Health Policy Paper	5%
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5. Scholarly Paper (Synthesis of Health Issue/Policy Papers)	20%
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6. Group Presentation	10%
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7. Midterm Exam	15%
8. Final Exam	15%
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9. Homework/Quizzes	10%
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10. Class participation	10%

\*Criteria for grading are found at the course website.

**Portfolio Evidence:** Scholarly Paper; Group Presentation Materials

**Core Components:** Health Care Systems and Economics, Health Policy and Politics, Vulnerable Populations, Health, Wellness, Critical Thinking, Reflectivity, Health Care Technology, Accountability, Advocate, Collaborator, Communication, Leadership.

**Grading Policy:**

Assignments are to be submitted electronically through email by 4:00 p.m. on or before the due date. Late papers will not be accepted and will receive a “0” grade. Please contact the instructor in case of illness or emergency.

The grading scale is as follows:

A = 93-100	B- = 80-82	D+ = 67-69
A- = 90-92	C+ = 77-79	D = 60-66
B+ = 87-89	C = 73-76	D- = 60-62
B = 83-86	C- = 70-72	F = < 60

**NURS210.2 A: MONDAY OUTLINE (8:50-10:00 a.m.)**

Date	Topic	Assignment
August 25	Course Overview	
Labor Day, September 1		
September 8	Concepts of Health and Wellness	<p>Harkreader, Hogan &amp; Thobaben, (Harkreader) Chapter 19: Health Perception, pp. 393-406.</p> <p>Read: American College Health Association (ACHA). National college health assessment (Article on Blackboard)</p> <p>Sign up for ANA Smart Briefs (free): <a href="http://anasmartbrief.com">http://anasmartbrief.com</a></p> <p>Explore Healthy People 2010 website: <a href="http://www.healthypeople.gov">http://www.healthypeople.gov</a></p> <p><u>Homework:</u> Submit write-up of Current Health Issue</p>
September 15	Health Promotion and Illness Prevention:  Healthy People 2010	<p>Harkreader, Chapter 20: Health Maintenance: Lifestyle Management, pp. 407-427.</p> <p><u>Homework:</u> Complete Healthy People 2010 assignment (on BB) and bring to class</p>
September 22 <b>Memorial Hall, Rm 202 Computer Lab</b>	Evidence-Based Practice:	<p>Harkreader, Chapter 15: Evidence-Based Practice and Nursing Research, pp. 306-321</p> <p>Burkhardt, Chapter 19: Empowerment for Nurses, pp. 461-482</p> <p><i>(Midterm Take Home Exam available)</i></p>
September 29 (No Class) <b>Online Class Session</b>	Information Literacy	<p>Complete the <i>Tutorial</i> for Searching CINAHL, HealthSource and PubMed at Reeves Library Website on Blackboard</p> <p><b>Submit <i>Midterm Take Home Exam</i> by Friday, Oct. 3 (4:00 p.m.)</b></p>
Oct. 3-7:	Fall Break	

Date	Topic Assignment	
October 13	Global Perspectives on Health Care	<p>Burkhardt, Chapter 13: Global Consciousness in the 21st Century, pp. 321-357; Chapter 18: Transcultural and Spiritual Issues: pp. 440-462</p> <p>Harkreader, Chapter 3: Cultural Context of Practice, pp. 44-58</p> <p>Explore World Health Organization and Center for Disease Control websites:  <a href="http://www.who.org">http://www.who.org</a>  <a href="http://www.cdc.gov">http://www.cdc.gov</a></p> <p>Visit web links on Blackboard: Ahuas, Honduras, as well as Drs. Gerard Rudy and Norvelle Goff-Rudy</p> <p><b>Submit Health Issue Reference List</b> by Friday, Oct. 17 (4:00 p.m.)</p>
October 15 <sup>th</sup> (Wed.) Required Attendance Prosser Auditorium, 5:30	The Sipple Lecture	<p>“Are You Called?”  Perspectives on Global Health: The Mission in Ahuas, Honduras” with Dr. Gerard Rudy</p>
October 20	Concept of Vulnerability	<p>Harkreader, Chapter 43: Managing Vulnerability, pp. 1133-1153</p> <p>Burkhardt: Chapter 16: Social Issues, pp. 400-419; Chapter 20: Enabling Patient Empowerment, pp. 484-492.</p>
October 27	Health Policy: Politics and Economics of Health Care	<p>Burkhardt, Chapter 14, Health Policy Issues, pp. 359-379; Chapter 15, Economic Issues, pp. 380-399; Chapter 17, Gender Issues, pp. 420-439</p> <p><b>Submit Health Issue Paper</b> by Friday, Oct. 31 (4:00 p.m.)</p>
November 3	Global Health Presentation: Complementary and Alternative Health Care	<p>Readings as assigned by Group (due one week in advance of class)</p>
November 10	Global Health Presentation: Complementary and Alternative Health Care	<p>Readings as assigned by Group (due one week in advance of class)</p> <p><b>Submit Health Policy Reference List</b> by Friday, Nov. 14 (4:00 p.m.)</p>

Date	Topic Assignment	
November 17	Global Health Presentation: HIV/AIDS	Readings as assigned
November 24	Global Health Presentation: Disease Epidemics	Readings as assigned <b>Submit <i>Health Policy Paper</i></b> by 4:00 p.m., Wednesday, Nov. 26
November 27	Thanksgiving Holiday	
December 1	Global Health: Maternal-Child Health	Readings as assigned
December 8	Global Health Presentation: Cancer	Readings as assigned <b>Submit <i>Scholarly Paper</i></b> by 4:00 p.m., Dec. 10
Final Exam	TBA	

This syllabus is subject to change at the discretion of the instructor

NURS 210.2 B Requirements	Due Dates
Health Issue Reference List (5%)	Oct. 17
Health Issue Paper (5%)	Oct. 31
Health Policy Reference List (5%)	Nov. 14
Health Policy Paper (5%)	Nov. 26 (Wed.)
Scholarly Paper (20%)	Dec. 10
Group Presentation (10%)	As assigned
Midterm Exam (15%)	Oct. 3
Final Exam (15%)	As assigned

## **Course Requirements:**

### **I. Scholarly Paper**

The Scholarly Paper is a synthesis of two course requirements – the Health Issue Paper and the Health Policy Paper. The topic for the paper is to reflect issues in college student health, and Leading Health Indicators for Healthy People 2010.

#### **Health Issue Paper**

##### Health Issue Reference List:

The Health Issue Reference List for this paper is due October 17<sup>th</sup>. It is to include at least 5 references, including at least 2 research articles. References are to come from PubMed, HealthSource, and CINAHL Databases, available through Reeves or Estes Libraries. Only one website from .gov or .org resources may be used unless approved by the instructor.

This reference list requirement is to be in APA format with a title page and running head. Margins are to be 1 inch for all borders and text font should be Times Roman, 12 point.

##### Health Issue Paper:

The Health Issue Paper is due October 31<sup>st</sup>. It is to be at least 5 double-spaced pages, in addition to the title page, abstract, and references pages. Margins are to be 1 inch for all borders and text font is Times Roman, 12 point. There should be a running head that is a shortened version of the title.

The Health Issue Paper should address the health issue according to the framework below:

- A. Identify one major health issue of interest of concern to you.
- B. Explain the significance of this issue and why it is important to address.
- C. Describe whether this is a health issue from a local, national and/or global perspective
- D. Identify what population(s) are most vulnerable to this health issue
- E. Explain what makes the population(s) vulnerable.
- F. Select and explain a theory of health behavior change appropriate for the identified population of the health issue.
- G. Indicate current and future effects of this health issue on local, national, and/or the global community.

## **Health Policy Paper**

### Health Policy Reference List:

The Health Policy Reference List for this paper is due November 14<sup>th</sup>. It is to include at least 3 additional references than were in the Health Issues Paper. References are to come from PubMed, HealthSource, and CINAHL Databases, available through Reeves or Estes Libraries. Only one website from .gov or .org resources may be used unless approved by the instructor.

This reference list requirement is to be in APA format with a title page and running head. Margins are to be 1 inch for all borders and text font should be Times Roman, 12 point.

### Health Policy Paper:

The Health Policy Paper is due Wed., Nov. 26<sup>th</sup>. It is to be at least 5 double-spaced pages, in addition to the title page, abstract, and references pages. Margins are to be 1 inch for all borders and text font is Times Roman, 12 point. There should be a running head that is a shortened version of the title.

The Health Policy Paper should address the health topic according to the framework below:

- A. Suggest at least two possible alternative policies to address the health issue within the vulnerable populations(s) identified in the first paper.
- B. For each policy alternative explain:
  - The goal of the policy
  - Who will implement this policy
  - How it will be implemented
  - What population is targeted
  - Who will pay for this implementation of this policy.
- C. Identify the stakeholders in this policy, i.e. who will and who will not support the proposed policies.
- D. Incorporate research findings that would suggest that the proposed policies would be effective.
- E. Select three of the following criteria: quality, access to care, fairness, cost, autonomy, administrative feasibility, or political feasibility. Discuss how each policy does or does not address the three criteria.
- F. Select one of the alternatives to recommend and explain why you have chosen this option.

## **Scholarly Paper**

Finally, each student will synthesize the two papers – the Health Issue and Policy Papers, combining them logically into one Scholarly Paper. The paper is to be 10-12 pages, including the title page, abstract and references. Levels of headings are to be used appropriately. The final draft is to be submitted electronically and is due Dec. 10<sup>th</sup>.



## II. Global Health Presentation

Students will collaborate to present information on an assigned global health topic. This group presentation will involve reviewing literature and related research, preparing an outline and recommended readings, presenting the topic through the use of PowerPoint, and facilitating class discussion. The health presentation should reference materials from Healthy People 2010, Centers for Disease Control, and the World Health Organization.

- A. The instructor will divide the student group into small groups of 3-4 students and assign one of the following topics to be presented during class time:
  - Complementary/alternative health care
  - HIV/AIDS
  - Disease epidemics
  - Maternal and child health
  - Cancer prevention
  - Environmental risk
- B. At least two weeks before the presentation, each group is to schedule time to meet all together with the instructor with a formal outline, plan and reference list to be used for the presentation.
- C. At least one week before the presentation, at least two readings are to be given to all class members (electronically or posted on Blackboard).
- D. The actual presentation should include the following:
  - Overview of health topic and related health problems
  - Discuss the significance of topic for global health
  - Indicate the impact nurses and other health care providers have in resolving global health concerns
  - Provide data on incidence and prevalence of related health problems
  - Summarize relevant information on the topic (1-2 page handout)
  - Suggest policies that should be enacted, nationally and/or globally
- E. Grades for the Global Health Presentation will be based on quality, accuracy, organization, completeness, grammar/spelling, handouts/readings, and presentation effect. Generally each member of the group will receive the same grade on this requirement. *If, however, a student does not contribute equally and/or responsibly in preparing and giving the presentation, a different grade may be assigned to that student.*

## III. Homework and Quizzes

There will be homework and quizzes based on textbook and other readings assigned for the course. The quiz average will be worth 10% of the course grade.

#### **IV. Exams**

##### **Midterm Exam**

The midterm exam will include essays as well as objective test items (multiple choice, fill in, matching, etc.) The midterm examination will be a take-home exam, due by 4:00 p.m. on October 3<sup>rd</sup> and is worth 15% of the course grade.

##### **Final Exam**

The final exam will be based on material from the readings, global health presentation, PowerPoint slides and handouts. It will be given during finals' week in the time assigned by the Registrar, and is worth 15% of the course grade.

#### **V. Class Participation**

The class participation requirement will be graded based on the following criteria:

- A (95) Can be counted on to offer constructive comments related to class readings; makes useful contributions to group discussions; raises questions that stimulate discussion; engages in dialogue with many other classmates about course material; actively participates in small group discussions
  
- B (85) Will make constructive comments if called on by instructor; contributes to group discussion; has asked some questions that facilitate group discussion; engages in dialogue with other classmates about course material; actively participates in small group discussions
  
- C (75) Attends regularly; occasionally raises questions and makes comments related to course material; participates in small group discussions
  
- D (55-65) Does not attend all class sessions; passive; rarely makes contributions to class or small group discussions