## PE 241 FIRST AID AND CPR

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**Tuesday – Thursday 12:50 – 1:40pm, Fall 2007** 

**Text:** National Safety Council, FIRST AID, CPR and AED (REQUIRED)

**Requirements:** 1. 25% attendance

2. 15% assigned chapter quizzes

3. 30% final exam

4. 30% CPR practical test

**Schedule:** 

Week 1

Aug.28: Introduction, Chapter 1

Aug. 30: Action at an emergency, Chapter 2

Week 2

Sept. 4: Basic Life support, Chapter 3

Sept. 6: AED review

Week 3

Sept. 11: Basic life support –practical test

Sept.13: Basic life support – practical test

Week 4

Sept. 18: Bleeding and Wound Care, Chapter 4

Sept. 20: Shock/Burns, Chapters 5 & 6

Week 5

Sept. 25: Serious Injuries, Chapter 7

Sept. 27: Bone, Joint, and Muscle Injuries, Chapter 8

Week 6

Oct. 2: Sudden Illness, Chapter 9

Oct. 4: Poisoning, Chapter 10

Week 7

Oct. 9: Fall break - off

Oct. 11: Heat and Cold Emergencies/Rescuing and Moving Victims, Chapters 11 & 12

Week 8

Oct. 16: Written final exam