



**Moravian College  
Bethlehem, PA**

**Spring 2007– PHED 236  
Health and Safety**

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**Catalogue Description of Course:** For prospective teachers. Aspects of health and safety in the classroom. Selected topics include: school safety, preventive health, child abuse, HIV/AIDS, substance abuse, suicide prevention, eating disorders and related topics. This course is for students preparing for educational careers.

**Design of Course:** In order to introduce the prospective educator to selected concepts of health and safety this course will utilize student projects, reports, posters, web pages, and guest speakers for the content in the weekly classes. The required variations for each developmental level represent by the K-12 student will be identified in concept/topic and for each student project. Recognition of the wide range of cultural and socio-economic issues represented in today's classroom is an integral part of each concept/topic.

**Class topics** include the following (order of concepts maybe may change due to speakers or student needs):

1. Healthy People, Healthy Communities, Healthy Schools
  - National standards
  
2. Concept of Vulnerability with students K-12
  - Adaptation of Fleskerud & Winslow's vulnerability model
  - Safety for students and educators K-12
    - Identification of a safe environment, safe behavior
    - Factors that disrupt safety of students and staff in schools
    - Policy and procedures utilized by school systems for safety
    - Handling of emergency situations – minor to crisis
    - Personal protection
      - Developmental differences for students
      - Teacher safety
  
  - Health for students K – 12
    - Identification of common health risk factors for K -12
    - Handling of emergency situations – minor
    - Common communicable diseases
    - Personal protections
      - Development differences
      - National Standards

- Abuse occurring with pupils in K-12
    - Recognition of abuse – developmental differences
    - Who are the abusers – adults and peers
    - Forms of abuse – neglect, physical, emotional, sexual abuse, student to student abuse
    - Regulations – school system, state laws, reporting procedures, mandated reports/reporter
3. Concept – Coping/Stress
- Substance abuse, eating disorders, suicide, HIV/AIDS, teen pregnancy and sexually transmitted diseases
    - Identification of at risk groups – developmental differences
    - Recognition of the stress for the individual student and/or groups of students
    - Family dynamics
    - Society attitudes/cultural responses
    - Coping strategies
      - Educator’s role
      - Educational system’s role
      - Health care system’s role

Course Requirements:

1. 100% attendance of **all 7 classes**.
2. Reading or Web site critiques as posted on the Blackboard assignments
3. **Weekly Assignment:**  
 A choice of one of the following and submit on a 3 x 5 or 4 x 6 index card
  - **1 web site on the class topic and a few sentences explaining the “value” of this site to an educator.**

**OR**

  - **2 questions regarding the topic that the student desires to learn during the class.**
4. **Course Project:** Successful completion of a student selected project. Students may select one of the options listed below for a project. Guidelines for each project are found on Blackboard. **Students must make a decision for a project and notify instructor by the second class date. Also the student must communicate the chosen type of project and identification of targeted developmental level by the second class date.** Please utilize email or appointments to discuss your project with the professor.

**Possible Projects are:** (choose one of the following)

- A professional poster for **other teacher/educators. This poster is NOT for students.**
- An oral presentation for the class to be given in identified classes. See the dates indicated on the **sign-up sheet for dates**.
- A power point presentation to be given in class, see oral presentation for topics and dates.

- Traditional research paper with appropriate media or published references and writing styles on a PE 236 topic. The paper must be submitted electronically by the **6<sup>th</sup> class.**
  - Review of 7-8 Web sites with annotated biographic of each site on a class topic in a “traditional” paper style. The paper must be submitted electronically by the **6<sup>th</sup> class.**
  - A Web page on a class topic that would be utilized by teachers/educator for selected developmental level. The web site must be completed by the **6<sup>th</sup> class.**
  - **Other projects are negotiable. See the professor to discuss another type of project BEFORE THE SECOND CLASS DATE.**
5. Grades for this course are pass/fail based on the fulfillment of attendance, weekly assignments, project criteria (a minimum of 70 on this project) and completion of the course evaluation on BlackBoard.
  6. Any student with a physical, psychological, medical, or learning disability should contact the Director of Learning Center to arrange for appropriate support services to be able to meet the requirements of this course.
  7. Reminder that the Moravian College Academic Honesty Policy in the student handbook applies to all course requirement for PHED 236.



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**Spring 2007– PE 236 -Health and Safety**

**Section A**

**Class Schedule**

***Note speakers and topics maybe moved if necessary. Check Blackboard announcements weekly for any possible changes.***

January 19, 2007	Introduction & course requirements Standards of Health & Safety K-12 Common minor health concerns K-12
January 26, 2007	Concepts of Vulnerability – specific student groups Student presentation on Bullying/Hazing
February 2, 2007	School safety/Liability – Speaker &/or Student presentations?
February 9, 2007	Teen pregnancy and sexual disease/concern – Speaker &/or Student presentation?
February 16, 2007	Crisis: Suicide and other mental/emotional health concerns - Speaker &/or Student presentation?
February 23, 2007	Substance abuse – all types of substance, Obesity and other eating disorders. Speaker &/or student presentation
<b>All written papers/projects due</b>	
March 2, 2007	HIV/AIDS – guest speaker Possible student presentations

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