



**St. Luke's Hospital School of Nursing
at Moravian College**
Bethlehem, Pennsylvania
Spring 2007



Faculty:

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Additional hours by appt.

Mr. Brian Fasolka, RN, BSN

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Class: Monday & Wednesday 12:50-2:00

Clinical Laboratory: Tuesday or Thursday 0630-1500 as scheduled

Problem-Solving Seminar: Friday, 0850-1000 as scheduled

Dr. Lori Hoffman, RN, PhD

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Additional hours by appt.

Catalog/Course Description:

A clinical practicum course which provides a foundation to facilitate family growth and development throughout the life span and across generations. Students experience nursing role behaviors in addressing health needs in a variety of family systems.

Course Objectives:

1. Examine the phases of development of the family unit across the life span.
2. Analyze the impact of cultural, social, spiritual, psychological and physical factors on the health of the family unit.
3. Interpret assessment data to plan and provide holistic nursing care and education to families.
4. Examine pharmacologic, nutritional and alternate therapies in meeting the needs of families.
5. Apply evidence based practice nursing research in the planning/implementing nursing care of the family.
6. Utilize principles of health promotion, health maintenance, and health restoration in providing nursing care to the family.

Required Texts: *Additional course related readings may be required.

Dillion, P.M. (2003). *Nursing health assessment*. Philadelphia: F.A. Davis.

Harkreader, H. (2004). *Fundamentals of nursing: Caring and clinical judgment*. (2nd ed.). Philadelphia: W.B. Saunders.

Hockenberry, M. J. (2005). *Essential's of pediatric nursing*. (7th ed.). St. Louis: Mosby.

Hausman, K.A. & Ignatavicius, D. D. (2006). *Medical surgical nursing: Critical thinking*

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for collaborative care. Philadelphia: Saunders.

Kee, J. L., Hayes, E. R. & McCuiston, L. E. (2006). *Pharmacology: A nursing process approach.* (5th ed.). St. Louis: Elsevier.

Kee, J. L., Hayes, E. R. & McCuiston, L. E. (2006). *Study guide pharmacology: A nursing process approach.* (5th ed.). St. Louis: Elsevier.

Ladewig, P., London, M., & Davidson, M. (2006) Clinical handbook for *contemporary maternal-newborn nursing care.* (6th). Upper Saddle New Jersey: Prentice Hall.

Ladewig, P., London, M., & Davidson, M. (2006). *Contemporary maternal-newborn nursing care.* (6th). Upper Saddle New Jersey: Prentice Hall.

LaFleur Brooks, M. (2002) *Exploring medical language: A student directed approach* (5th ed). St Louis: Mosby.

Lutz, C. & Przytulski, K. (2006) *Nutrition and diet therapy* (4th ed.). Philadelphia: F.A. Davis.

Olds, S. B., London, M.L., Ladewig, P.A., and Davidson, M. R. (2004). *Maternal-Newborn Nursing and Women's Health Care.* (7th ed.). New Jersey: Prentice Hall.

Stuart, G.W. & Laraia, M.TY. (2005). *Principles and practice of psychiatric nursing.* (8th ed.). St. Louis: Mosby.

Silvestri, L.A. (2005). *Saunders comprehensive review for NCLEX-RN* (3rd ed.) Philadelphia: W. B. Saunders.

Attendance Requirements:

Class attendance is an expectation. Students are expected to be prepared for all class meetings, to arrive on time, and to engage themselves in class discussion. Students who are not prepared may not be able to meet course standards and are at risk for course failure.

1. **If a student is late to class** more than one time, 1 point will be deducted from the final grade for each subsequent time s/he is late.
2. **If unable to attend a class**, please contact the course faculty *prior* to the class session to be missed via pager, phone or notification of Department Secretary. Students who do not notify the faculty prior to a missed class and do not present a valid medical excuse will have 1 point deducted from their final course grade for each unexcused absence. Faculty will determine whether or not a student's absence will or will not be excused. Students are responsible for obtaining any notes, handouts or other class items from classmates. *In the event an in class quiz or exam is missed, a score of 0 will be recorded.*
3. **Clinical attendance is mandatory.** If a student is ill or unable to attend, s/he must contact the clinical agency and clinical instructor 30 minutes prior to the clinical experience. Alternative assignments may be required at the discretion of the course faculty. Failure to notify the instructor may constitute an overall *Unsatisfactory* in clinical.

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- 4. All clinical days start at 0630 unless otherwise specified. Therefore, the student is expected to be at the clinical site prior to 0630, and ready to begin promptly at 0630.** Students who are consistently late for clinical may not be able to meet course standards of conduct and are at risk for course failure. Students who are consistently late for clinical may not be able to meet course standards of conduct and are at risk for course failure. This expectation also applies to special experiences such as the Peri-operative Experience, Neonatal Intensive Care Experience, Emergency Department etc.

Learning Services Accommodations:

Student who have any learning disabilities or specific accommodations that need to be made are advised to consult with Learning Services (Ext. 1510). Students are also encouraged, yet not required, to inform course faculty of those situations that are affect academic performance. Resources may be available to aid students who are experiencing academic difficulties.

Course Requirements:

Directives for graded and satisfactory/unsatisfactory (S/U) course requirements are available online at the course Blackboard site. The URL for Blackboard is <http://blackboard.moravian.edu>.

Graded Course Requirements:

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|----------------------------------|-----|
| 1. Four exams (15%) | 60% |
| 2. Comprehensive Final | 10% |
| 3. Research Paper | 10% |
| 4. Lifespan Web Page Development | 10% |
| 5. Family Connection | 10% |

Satisfactory/Unsatisfactory Clinical Requirements

In order to receive a satisfactory in the summative evaluation, the student must satisfactorily meet all clinical criteria in each course objective.

Students must submit clinical worksheets as assigned and receive a satisfactory grade on each submission. In addition to assigned experiences caring for the childbearing and childrearing family, students will complete a perioperative experience, a neonatal intensive care experience, and an assignment working with pregnant teenagers at a local high school.

Academic Integrity:

- Evidence of plagiarism or academic dishonesty will be handled according to the college policy on academic honesty. This policy is described in the Moravian College Student Handbook. Plagiarism is the intentional use of another’s words or ideas as your own. This can range from using another individual’s direct words or changing the words without appropriate citation. *It also includes obtaining a paper from someone else, using text or images from the Internet, or submitting written material from a professional writing service.* Note: Using text or images on Powerpoint and web pages without proper citation is also considered plagiarism.
- Students are expected to uphold standards of conduct specified in the St. Luke’s School of Nursing Student Handbook, 2003-2004. The consequence of unacceptable behavior may be non-progression in the nursing major.

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Grading Policy:

Students are required to maintain a minimum cumulative QPA of 3.00 in nursing and an overall QPA > 2.70 and receive a satisfactory on the clinical evaluation tool and on requirements graded "S/U".

1. Assignments are expected on or before their due date. Five points per day will be deducted from a graded assignment or project grade for each day late up to 5 days. After that time assignments/projects will not be accepted and will earn a grade of 0.
2. The grading scale is as follows:

A	= 93-100	C	= 73-76
A-	= 90-92	C-	= 70-72
B+	= 87-89	D+	= 67-69
B	= 83-86	D	= 63-66
B-	= 80-82	D-	= 60-62
C+	= 77-79	F	= <60

**CLASS SESSIONS: TOPICAL OUTLINE
Spring 2007**

Date	Topic	Assignment
Week 1		
Jan. 15 Scholtz	Course Overview	Read: <i>Hockenberry</i> : Chapter 21 Read prior to clinical orientation. Complete worksheet prior to clinical orientation for discussion.
Jan. 17, 19 Scholtz	Growth and Development Across the Lifespan Theories related to the Individual Family Member: Children, Growth & Development Psychological a) Psychoanalytical (Freud) b) Psychosocial (Erikson) c) Cognitive (Piaget) Physical/physiological a) Newborn/Infant b) Child c) Immunizations ❖ Schedule ❖ Teaching	Read: <i>Hockenberry</i> : Chapters 11, 14, 17 <i>Hockenberry</i> : pp. 335-357 Read/Bring to Class: 2007 Childhood and Adolescent Immunization Schedule http://www.cdc.gov/nip/recs/childschedule.htm
Week 2		
Jan 22 Scholtz	Growth and Development Across the Lifespan Theories related to the Individual Family Member: Adults, Growth & Development 1. Psychological 2. Physical/physiological a) Adult b) Older Adult c) Frail elderly	Read: <i>Stuart</i> : Chapter 38; pp.344-345, 371, 569

	3. Immunizations	Read/Bring to Class: http://www.cdc.gov/nip/recsadult-schedule.htm
Jan. 24 Hoffman	Theories related to the Dynamic Family Current Issues in Maternal-Newborn Nursing Care of the Family in a Culturally Diverse Society	Read:
Jan. 26 Hoffman	Problem-solving: Case studies, Quiz on Women's Assessment material (NURS212)	
Week 3		
Jan 29, 31 Hoffman	The Newborn Immediate Care of the Newborn Physiologic Responses of the Newborn Normal Newborn Needs and Care	Read: Olds, et al.: pp.768-864
Feb 2	Problem Solving: Family Connection Activity	See Directive
Week 4		
Feb. 5 Scholtz	A. Infant nutrition 1. Breast feeding 2. Bottle feeding 3. Weaning/Infant nutrition 4. Nutrition and the growing child 5. Feeding concerns a) Colic b) Allergies c) Gastroesophageal Reflux d) Pica * End of Material for Exam #1	Read: <i>Hockenberry</i> : pp. 377-378; 855-857 <i>Lutz & Przytulski</i> : pp. 203-228 <i>Ladewig</i> : Chapter 26
Feb. 7 Scholtz	B. Inborn Errors of Metabolism 1. Celiac 2. PKU 3. Tay-Sachs 4. Hypothyroidism 5. Cystic Fibrosis	Read: <i>Hockenberry</i> : pp 885-886; 296-302; 824-829.
Feb. 9	Problem Solving: Family Connection Activity	See Directive
Week 5		
Feb 12	Examination #1 Scholtz Proctor	
Feb. 14 Hoffman	Human Reproduction The Reproductive System	Read: Olds, et al.: pp. 191-281

Feb. 16 Hoffman	<p>Conception & Fetal Development Special Reproductive Concerns</p> <p>Pregnancy Preparation for Parenthood Physical & Psychological Changes of Pregnancy Antepartal Nursing Assessment Expectant Family: Needs & Care Adolescent Pregnancy</p>	<p>Olds, et al.: pp. 282-406</p> <p>NCLEX questions online at www.prenhall.com/olds - Chapters 10, 11, 14, 15 & 16 Bring to class, 2/11</p>
Week 6		
Feb. 19 Scholtz	<p>Elimination Variations (Adult) GI Disorders – Chole/Pancreatitis Prostate & Testicular Health Medications (Proscar, Hytrin, Cardura, Flowmax)</p>	<p>Visit http://www.prostatehealth.com/movies.htm Complete Medication Profiles: Proscar, Hytrin, Cardura, Flowmax</p>
Feb. 21 Scholtz	<p>Elimination Variations (Pediatrics)</p> <ol style="list-style-type: none"> 1. Newborn elimination 2. Bowel (Imperforate anus) 3. Urinary <ol style="list-style-type: none"> a) Hypospadias/cryptorchism/epispadias b) Toilet training in children c) Common elimination problems (enuresis) 4. Other elimination concerns <ol style="list-style-type: none"> a) Incontinence b) Constipation c) Obstructive Disorders <ol style="list-style-type: none"> 1) BPH 2) Hirschprung's 3) Intussusception 4) Pyloric stenosis 5) Necrotizing Enterocoliti 6) Gastroenteritis <p>* End of Material for Exam #2</p>	<p>Read: <i>Hockenberry</i>, pp. 448-451; 851-853; 994; Chapter 24</p>
Feb 23	Problem Solving: Family Connection Activity	See Directive
Week 7		
Feb. 26	Examination #2 Proctor, Hoffman	
Feb 28 Scholtz	<p>Alterations in Mobility</p> <ol style="list-style-type: none"> 1. Congenital hip dislocation 2. Congenital clubfoot 3. Muscular dystrophy 4. Fractures <ol style="list-style-type: none"> a) Nursing care of the person in a cast b) Nursing care of the person in traction 5. Arthritis 	<p>Read: <i>Hockenberry</i>, Chapter 31-32</p>

Mar. 2	6. Osteoporosis 7. Sports Injuries 8. Scoliosis Problem Solving: Family Connection Activity	See Directive
Mar. 3-11	Spring Break: No Classes Week of March 5 ☺	
<u>Week 9</u>		
Mar. 12 Scholtz	Alteration in activity/exercise re: to Asthma 1. Allergens/allergy injections 2. Bronchodilators 3. Corticosteroids 4. Inhalants	Read: Hockenberry: pp. 813-823
Mar. 14 Hoffman	Postpartum Postpartum Adaptation and Nursing Assessment The Postpartal Family: Needs and Care Home care of the Postpartal Family The Postpartal Family at Risk	
Mar. 16	Problem Solving: Family Connection Activity	See Directive
<u>Week 10</u>		
Mar. 19 Adamshick	Coping-Stress Topics in Loss and Grief 1. Infertility 2. Pregnancy Loss 3. Loss of a Child 4. Death and Dying 5. Family Coping 6. Ineffective family coping: Depression 7. Interventions for facilitating family coping	Read:
Mar. 21 Scholtz	Cognitive/Sensory Variations Cognitive Development Acquisition of Language Neural Tube Defects Cerebral Palsy Mental Retardation End of Material for Exam #3	Read: Hockenberry: Chapter 28
Mar 23	Problem Solving: Family Connection Activity	See Directive
<u>Week 11</u>		

Mar 26, 28, 30 Hoffman	Exam #3 Birth Processes and Stages of Labor & Birth Intrapartal Nursing Assessment The Family in Childbirth: Needs & Care Pain Management during Labor	Olds, et al.: pp. 558-623 NCLEX questions online at www.prenhall.com/olds - Chapters 22 and 23 The Family in Childbirth: Needs & Care Pain Management during Labor Read: Olds, et al.: pp. 625-691 NCLEX questions online at www.prenhall.com/olds - Chapters 24 & 25
<u>Week 12</u>		
Apr. 2, 4 Scholtz	Family Stressors & Crises 1. Developmental Crises 2. Situational Crises *Major Life Stressors a) Pregnancy b) Postpartum depression c) Hospitalized Child d) Sibling rivalry e) Sandwiched generation f) Life change units	Read: Hockenberry: pp. 397-399; 637-705
	Easter Break April 6-9	
<u>Week 13</u>		
Apr. 11 Scholtz	Sleep/Rest Disturbances Sleep/rest disturbances due to pregnancy & postpartum Sleep apnea through the lifespan Sudden Infant Death Syndrome	Read: Hockenberry: pp.381-385
Apr. 13	Problem Solving Family Connection Activity	See Directive
<u>Week 14</u>		
Apr 16 18 Hoffman	Health Concerns of Women Women's Health: Commonly Occurring Infections Women's Health Problems Women's Care: Social Issues	Read: Olds, et al.: pp. 108-190 NCLEX questions online at

	Violence Against Women *End of material for Exam # 4	www.prenhall.com/olds - Chapters 6 & 7
Apr. 20	Problem Solving Family Connection Activity	See Directive
<u>Week 15</u>		
Apr 23	Examination # 4 Hoffman Proctor	
Apr. 25, 27 Student Presentations	Student Presentations	As assigned by groups
<u>Week 16</u>	Comprehensive Final Scholtz Proctor	