



**Moravian College**  
**Bethlehem, PA**  
**Spring 2005– PE 236**  
**Health and Safety**

**Alma Anne Miles, PhD, Professor**

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**Office hours: See Blackboard or by appointment**

**Hamilton Room 100-101**

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**Catalogue Description of Course:** For prospective teachers. Aspects of health and safety in the classroom. Topics: safety, child abuse, HIV/AIDS, substance abuse and suicide prevention. For education majors.

**Design of Course:** In order to introduce the prospective educator to selected concepts of health and safety this course will utilize student projects, reports, posters, web pages, and guest speakers in the weekly classes. The variation for each developmental level represent by the K-12 student will be identified for each concept and each student project. Recognition of the wide range of cultural and socio-economic represented in today's classroom is an integral part of each concept.

**Class topics** include the following (order of classes 2-6 maybe may change):

1. Concept of Vulnerability
  - Safety for students and educators K-12
    - Identification of a safe environment, safe behavior
    - Factors that disrupt safety of students and staff in schools
    - Handling of emergency situations – minor to crisis
    - Personal protection
      - Developmental differences for students
      - Teacher safety
      - National Standards
  - Health for students K – 12
    - Identification of common health risk factors for K -12
    - Handling of emergency situations – minor
    - Personal protections
      - Development differences
      - National Standards
2. Concept – Vulnerability
  - Abuse occurring with pupils in K-12
    - Recognition of abuse – developmental differences
    - Who are the abusers – adults and peers
    - Types of abuse – neglect, physical, emotional, sexual abuse, student to student abuse
    - Regulations – school system, state laws, reporting procedures, mandated reports/reporter
3. Concept – Coping/Stress
  - Substance Abuse, Eating Disorders, Suicide, HIV/AIDS, teen pregnancy and sexually transmitted diseases
    - Identification of at risk groups – developmental differences
    - Recognition of the stress for the individual student and/or groups of students
    - Family dynamics
    - Society attitudes/cultural responses
    - Coping strategies
      - Educator's role
      - Educational system's role
      - Health care system's role

Course Requirements:

1. 100% attendance of **all 7 classes**.
2. At the end of each class submit a 3 x 5 or 4 x 6 card with **2 questions on the class topic**. At the end of each class the student should be sure their questions have been answered. If they have not been answered the presenter will ask for student questions and the questions will be answered.
3. Reading or Web site critiques when posted on Blackboard.
4. Successful completion of a project. Students may select one of the options listed below for a project. Guidelines for each project are found on Blackboard. **Students must make a decision for a project and notify instructor by the second class date. Also the student must communicate the chosen type of project, identification of topic and identification of targeted developmental level by the second class date.** Please utilize email or appointments to discuss your project with the professor.

**Possible Projects are:** (choose one of the following)

- A professional poster for **other teacher/educators. This poster is NOT for students.**
  - An oral presentation for the class to be given in identified classes. See the dates indicated on the **sign-up sheet for dates**.
  - A power point presentation to be given in class, see oral presentation for topics and dates.
  - Traditional research paper with appropriate media or published references and writing styles on a PE 236 topic. The paper must be submitted electronically by the **6<sup>th</sup> class**.
  - Review of 7-8 Web sites with annotated biographic of each site on a class topic in a “traditional” paper style. The paper must be submitted electronically by the **6<sup>th</sup> class**.
  - A Web page on a class topic that would be utilized by teachers/educator for selected developmental level. The web site must be completed by the **6<sup>th</sup> class**.
  - **Other projects are negotiable. See the professor to discuss another type of project.**
5. Grades for this course are pass/fail based on the fulfillment of attendance, weekly assignments, project criteria and completion of the course evaluation on BlackBoard.

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**Section A**

**Class Schedule**

*Note speakers and topic maybe moved if necessary. Check Blackboard announcements weekly for any possible changes.*

<b>January 14, 2005</b>	<b>Introduction, course requirements</b>
	Standards of Health & Safety K-12
January 21, 2005	School safety/Liability – Dr. Robert Foster Assistant Superintendent of Pen Argyl Schools
January 28, 2005	Concepts of Vulnerability & Coping Stress Student presentation on Bullying/Hazing & Safety
February 4, 2005	Teen pregnancy and sexual disease/concern – Student presentation?
February 11, 2005	Crisis: Suicide and other mental concerns Sharon Weidner, MSN, Mental Health Specialist and Faculty at St. Luke’s School of Nursing Student presentation
February 18, 2005	Substance abuse – all types of substance Obesity and eating disorders – Student presentation <b>All written papers due</b>
February 25, 2005	HIV/AIDS – guest speaker Allen Smith, BSN Possible student presentations

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