



**St. Luke's Hospital School of Nursing
at Moravian College**
Bethlehem, Pennsylvania
Spring 2006



Faculty:

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Phone: (610) 625-7767

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Office hours: As posted

Additional hours by appt.

Class: Monday & Wednesday 0850-1000

Clinical Laboratory: Tuesday or Thursday 0630-1500 as scheduled

Problem-Solving Seminar: Friday, 0850-1000 as scheduled

Catalog/Course Description:

A clinical practicum course which provides a foundation to facilitate family growth and development throughout the life span and across generations. Students experience nursing role behaviors in addressing health needs in a variety of family systems.

Course Objectives:

1. Examine the phases of development of the family unit across the life span.
2. Analyze the impact of cultural, social, spiritual, psychological and physical factors on the health of the family unit.
3. Interpret assessment data to plan and provide holistic nursing care and education to families.
4. Examine pharmacologic, nutritional and alternate therapies in meeting the needs of families.
5. Apply evidence based practice nursing research in the planning/implementing nursing care of the family.
6. Utilize principles of health promotion, health maintenance, and health restoration in providing nursing care to the family.

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Required Texts: *Additional course related readings may be required.

Harkreader, H. (2004). *Fundamentals of nursing: Caring and clinical judgment*. (2nd ed.). Philadelphia: W.B. Saunders.

Hockenberry, M. J. (2005). *Essential's of pediatric nursing*. (7th ed.). St. Louis: Mosby.

Ignatavicius, D. & Workman, M. (2005). *Medical surgical nursing: Critical thinking for collaborative care*. Philadelphia: Saunders.

Ladewig, P., London, M., & Davidson, M. (2006) *Clinical handbook for contemporary maternal-newborn nursing care*. (6th). Upper Saddle New Jersey: Prentice Hall.

Ladewig, P., London, M., & Davidson, M. (2006). *Contemporary maternal-newborn nursing care*. (6th). Upper Saddle New Jersey: Prentice Hall.

LaFleur Brooks, M. (2002) *Exploring medical language: A student directed approach* (5th ed). St Louis: Mosby

Lutz, C. & Przytulski, K. (2001) *Nutrition and diet therapy* (3rd ed.). Philadelphia: F.A. Davis.

McHenry, L.M. & Salerno, E. (2001). *Mosby's Pharmacology in Nursing*. St. Louis: Mosby.

Olds, S. B., London, M.L., Ladewig, P.A., and Davidson, M. R. (2004). *Maternal-Newborn Nursing and Women's Health Care*. (7th ed.). New Jersey: Prentice Hall.

Stein, A.M. (2005). *NCLEX-RN Review*. (5th ed.) Clifton Park: Thomas Delmar Learning

Stuart, G.W. & Laraia, M.TY. (2005). *Principles and practice of psychiatric nursing*. (8th ed.). St. Louis: Mosby.

Attendance Requirements:

Class attendance is an expectation. Students are expected to be prepared for all class meetings, to arrive on time, and to engage themselves in class discussion. Students who are not prepared may not be able to meet course standards and are at risk for course failure.

1. **If a student is late to class** more than one time, 1 point will be deducted from the final grade for each subsequent time s/he is late.
2. **If unable to attend a class**, please contact the course faculty *prior* to the class session to be missed via pager, phone or notification of Department Secretary. Students who do not notify the faculty prior to a missed class and do not present a valid excuse will have 1 point deducted from their final course grade for each unexcused absence. Faculty will determine whether or not a student's absence will or will not be excused. Students are responsible for obtaining any notes, handouts or other class items from classmates. *In the event an in class quiz or exam is missed, a score of 0 will be recorded.*
3. **Clinical attendance is mandatory.** If a student is ill or unable to attend, s/he must contact the clinical agency and clinical instructor prior to the clinical experience. Alternative assignments may be required at the discretion of the

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course faculty. Failure to notify the instructor may constitute an overall *Unsatisfactory* in clinical.

4. **All clinical days start at 0630 unless otherwise specified. Therefore, the student is expected to be at the clinical site prior to 0630, and ready to begin promptly at 0630.** Students who are consistently late for clinical may not be able to meet course standards of conduct and are at risk for course failure. If a student is late to clinical, 1 point will be deducted from the final course grade for each time s/he is late.

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Learning Services Accommodations:

Student who have any learning disabilities or specific accommodations that need to be made are advised to consult with Learning Services (Ext. 1510). Students are also encouraged, yet not required, to inform course faculty of those situations that are affect academic performance. Resources may be available to aid students who are experiencing academic difficulties.

Course Requirements:

Directives for graded and satisfactory/unsatisfactory (S/U) course requirements are available online at the course Blackboard site. The URL for Blackboard is <http://blackboard.moravian.edu>.

Graded Requirements:

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|---------------------------------------|-----|
| 1. Four exams (10%) | 40% |
| 2. Comprehensive Final | 15% |
| 3. In Class Quizzes | 5% |
| 4. HESI Exams | |
| Pediatrics | 5% |
| Maternity | 5% |
| 5. Research Across the Lifespan | 15% |
| 6. Pharmacology/Calculations | 10% |
| (Must receive 90% to administer meds) | |
| 7. In Class Quizzes | 5% |

Satisfactory/Unsatisfactory Requirements

In order to receive a satisfactory in the summative evaluation, the student must satisfactorily meet all clinical criteria in each course objective. Successful completion of the course requires a B- in the theory and a satisfactory in the clinical components of the course.

Academic Integrity:

1. Evidence of plagiarism or academic dishonesty will be handled according to the college policy on academic honesty. This policy is described in the Moravian College Student Handbook. Plagiarism is the intentional use of another's words or ideas as your own. This can range from using another individual's direct words or changing the words

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without appropriate citation. *It also includes obtaining a paper from someone else, using text or images from the Internet, or submitting written material from a professional writing service.* Note: Using text or images on Powerpoint and web pages without proper citation is also considered plagiarism.

2. Students are expected to uphold standards of conduct specified in the St. Luke's School of Nursing Student Handbook, 2003-2004. The consequence of unacceptable behavior may be non-progression in the nursing major.

Grading Policy:

Successful completion of the course requires a B- in graded course requirements and a satisfactory on the clinical evaluation tool and on requirements graded "S/U".

1. Assignments are expected on or before their due date. Five points per day will be deducted from a graded assignment or project grade for each day late up to 5 days. After that time assignments/projects will not be accepted and will earn a grade of 0.
2. The grading scale is as follows:

A	= 93-100	C	= 73-76
A-	= 90-92	C-	= 70-72
B+	= 87-89	D+	= 67-69
B	= 83-86	D	= 63-66
B-	= 80-82	D-	= 60-62
C+	= 77-79	F	= <60

CLASS SESSIONS: TOPICAL OUTLINE
Spring 2006

Date	Topic	Assignment
Week 1		
Jan. 16 Scholtz	Course Overview	Read: <i>Hockenberry</i> : Chapter 21 Read prior to clinical orientation
Jan. 18 & 20 Scholtz	Growth and Development Across the Lifespan Theories related to the Individual Family Member: Children, Growth & Development *Psychological a) Psychoanalytical (Freud) b) Psychosocial (Erikson) c) Cognitive (Piaget) *Physical/physiological a) Newborn/Infant b) Child	Read: <i>Hockenberry</i> : pp 308-334; 374-381; 390-415; 417-431; 473-491; 494-514.
Week 2		
Jan 23 Attwood	Medication Calculations (Problem-Solving)	
Jan. 25 Hoffman	Theories related to the Dynamic Family Current Issues in Maternal-Newborn Nursing Care of the Family in a Culturally Diverse Society	Read:
Jan. 27 Hoffman	Problem-solving: Case studies, Quiz on Women's Assessment material (NURS212)	
Week 3		
Jan. 30 Attwood	Theories related to the Individual Family Member: Adults, Growth & Development 1. Psychological 2. Physical/physiological a) Adult b) Older Adult c) Frail elderly	Read: <i>Stuart</i> : Chapter 38; pp.344-345, 371, 569
Feb 1 Feb 3 Hoffman	The Newborn Immediate Care of the Newborn Physiologic Responses of the Newborn Normal Newborn Needs and Care	Read: Olds, et al.: pp.768-864 NCLEX questions online at www.prenhall.com/olds - Chapters 28, 29 & 30 Bring to class, 1/28
Week 4		
Feb. 6 Scholtz	A. Infant nutrition 1. Breast feeding 2. Bottle feeding 3. Weaning/Infant nutrition	Read: <i>Hockenberry</i> : Chapter 24 <i>Lutz & Przytulski</i> : pp. 203-228 <i>Ladewig</i> : Chapter 26

Feb. 8 Scholtz	<p>4. Nutrition and the growing child 5. Feeding concerns</p> <ol style="list-style-type: none"> Colic Allergies Gastroesophageal Reflux Pica <p>* End of Material for Exam #1</p> <p>B. Inborn Errors of Metabolism</p> <ol style="list-style-type: none"> Celiac PKU Tay-Sachs Hypothyroidism Cystic Fibrosis 	Read: <i>Hockenberry</i> : pp 885-886; 296-302; 824-829.
Feb. 10	Examination # 1 (Scholtz, Proctor)	
Week 5		
Feb. 13 Attwood	Human Reproduction The Reproductive System Conception & Fetal Development Special Reproductive Concerns	Read: Olds, et al.: pp. 191-281
Feb. 15 & 17 Hoffman	Pregnancy Preparation for Parenthood Physical & Psychologic Changes of Pregnancy Antepartal Nursing Assessment Expectant Family: Needs & Care Adolescent Pregnancy	Olds, et al.: pp. 282-406 NCLEX questions online at www.prenhall.com/olds - Chapters 10, 11, 14, 15 & 16 Bring to class, 2/11
Week 6		
Feb. 20 Attwood	Elimination Variations (Adult) GI Disorders – Chole/Pancreatitis Prostate & Testicular Health Medications	Read:
Feb. 22 & 24 Scholtz	Elimination Variations (Pediatrics) <ol style="list-style-type: none"> Newborn elimination Bowel (Imperforate anus) Urinary <ol style="list-style-type: none"> Hypospadias/cryptorchism/epispadias Toilet training in children Common elimination problems (enuresis) Other elimination concerns <ol style="list-style-type: none"> Incontinence Constipation Helminth Infections Obstructive Disorders <ol style="list-style-type: none"> BPH Hirschprung's Intussusception Pyloric stenosis Necrotizing Enterocoliti Gastroenteritis <p>* End of Material for Exam #2</p>	Read: <i>Hockenberry</i> , pp. 448-451; 851-853; 994; Chapter 24

<u>Week 7</u>		
Feb. 27	Examination #2 Proctor, Scholtz	
Mar. 1 Scholtz	Alterations in Mobility <ol style="list-style-type: none"> 1. Congenital hip dislocation 2. Congenital clubfoot 3. Muscular dystrophy 4. Fractures <ol style="list-style-type: none"> a) Nursing care of the person in a cast b) Nursing care of the person in traction 5. Arthritis 6. Osteoporosis 7. Sports Injuries 8. Scoliosis 	Read: <i>Hockenberry</i> , Chapter 31-32
Mar. 3 Scholtz	Alteration in activity/exercise re: to Asthma <ol style="list-style-type: none"> 1. Allergens/allergy injections 2. Bronchodilators 3. Corticosteroids 4. Inhalants Spring Break: No Classes Week of March 5	Read: <i>Hockenberry</i> : pp. 813-823
<u>Week 9</u>		
Mar. 13 Hoffman	Postpartum Postpartum Adaptation and Nursing Assessment The Postpartal Family:Needs and Care Home care of the Postpartal Family The Postpartal Family at Risk	Read: NCLEX questions online at www.prenhall.com/olds Chapters 34, 35, & 37 Bring to class
Mar. 15 Adamshick	Coping-Stress Topics in Loss and Grief <ol style="list-style-type: none"> 1. Infertility 2. Pregnancy Loss 3. Loss of a Child 4. Death and Dying 5. Family Coping 6. Ineffective family coping: Depression 7. Interventions for facilitating family coping 	Read: <i>Hockenberry</i> : pp. 381-385; 577-578
Mar. 17 Scholtz	Cognitive/Sensory Variations Cognitive Development Acquisition of Language Neural Tube Defects Cerebral Palsy Mental Retardation	Read: <i>Hockenberry</i> : Chapter 19
<u>Week 10</u>		

Mar. 20 Scholtz	1. Otitis Media 2. Foreign Bodies	Read: Hockenberry: pp. 797-800.
Mar. 22 Attwood	3. Senile Dementia *End of Material for Exam # 3	
Mar. 24 Problem Solving TBA		
Week 11		
Mar. 27	Examination # 3 Proctor Attwood	
Mar. 29 Hoffman	Birth Processes and Stages of Labor & Birth Intrapartal Nursing Assessment	Read: Olds, et al.: pp. 558-623 NCLEX questions online at www.prenhall.com/olds - Chapters 22 and 23 Bring to class, 3\23
Mar. 31 Hoffman	Birth (cont.) The Family in Childbirth: Needs & Care Pain Management during Labor	Read: Olds, et al.: pp. 625-691 NCLEX questions online at www.prenhall.com/olds - Chapters 24 & 25 Bring to class, 4\1
Week 12		
Apr. 3 Scholtz	Family Stressors & Crises 1. Developmental Crises 2. Situational Crises *Major Life Stressors a) Pregnancy b) Postpartum depression c) Hospitalized Child d) Sibling rivalry e) Sandwiched generation f) Life change units	Read: Hockenberry: pp. 397-399; 637-705
Apr 5 & 7 Hoffman	Birth (cont.) Childbirth at Risk: Intrapartal Period Birth-related Procedures	Read: Olds, et al.: pp. 692-738

		NCLEX questions online at www.prenhall.com/olds - Chapters 26 & 27
<u>Week 13</u>		
Apr. 10 Scholtz	Sleep/Rest Disturbances Sleep/rest disturbances due to pregnancy & postpartum Sleep apnea through the lifespan Sudden Infant Death Syndrome	Read: Hockenberry: pp.381-385
Apr. 12 Hoffman	Pregnancy at Risk Pregestational Problems Gestational Onset Assessment of Fetal Well-Being	Read: Olds, et al.: pp. 467-555 NCLEX questions online at www.prenhall.com/olds - Chapters 19, 20, & 21
Apr. 14 No Classes		
<u>Week 14</u>		
Apr 17 No Classes Apr. 19 Attwood	Health Concerns of Women Women's Health: Commonly Occurring Infections Women's Health Problems Women's Care: Social Issues Violence Against Women *End of material for Exam # 4	Read: Olds, et al.: pp. 108-190 NCLEX questions online at www.prenhall.com/olds - Chapters 6 & 7
Apr. 21	Examination # 4, Proctor Attwood	
		TBA
<u>Week 15</u>		
Apr. 24 Student Presentations	1. Women's Health: Phases of Women 2. Men's Reproductive Health Through the Lifespan	As assigned by groups
Apr. 26 Student Presentations	3. Loss & Grief: Lifespan Issues 4. Cognitive Disorders through the Lifespan	As assigned by groups
<u>Week 16</u>		
Apr. 28 Student Presentations	5. Abuse in Families	As assigned by groups
<u>Week 17</u>	FINALS WEEK	
TBA	Comprehensive Final Exam Date to be announced	

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